

Bray named National Award Winner in Math

The United States Achievement Academy announced that Jackson Tyler Bray of Broadhead has been named a United States National Award Winner in Mathematics.

This award is a prestigious honor very few students can ever hope to attain. In fact, the Academy recognized fewer than 10% of all American high school students.

Jackson, who attends RCMS, was nominated for this national award by Robbie Phillips, a teacher at the school.

Jackson will appear in the United States Achievement Academy Official Yearbook, which is published nationally.

"Recognizing and supporting our youth is more important than ever before in America's history. Certainly, United States Achievement Academy winners should be congratulated and appreciated for their dedication to excellence and achievement," said Dr. George Stevens, Executive Director of the United States Achievement Academy.

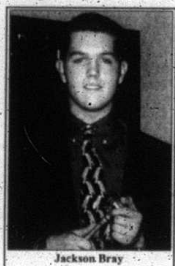
The Academy selects USAA winners upon the exclusive recommendation of teachers, coaches, counselors, and other qualified sponsors and upon the Standards of Selection set forth by the Academy. The criteria for selection are a student's academic performance, interest and attitude, leadership qualities, responsibility, enthusiasm, motivation to learn and

improve, citizenship, attitude and cooperative spirit, dependability and recommendation from a teacher or director.

Jackson is the son of Dennis and Rhonda Bray and the grandson of Don and Loreta Bray and Vall Roy and Doris Wright all of Broadhead.

On March 4, 5, and 6, Jackson attended the Kentucky United Nations Assembly with his fellow Y-Club members and advisors from RCMS. Jackson was elected into the highest office at KUNA which is Secretary General. He will be presiding over the 2002 KUNA conference at Louisville.

Congratulations Jackson!



Jackson Bray

McFerron named National Award Winner in English

The United States Achievement Academy announced that Robert McFerron of Livingston has been named a United States National Award Winner in English.

This award is a prestigious honor very few students can ever hope to attain. In fact, the Academy recognized fewer than 10% of all American high school students.

Robert, who attends RCMS, was nominated for this national award by Mrs. Tammy Miller, a teacher at the school.

Robert will appear in the United States Achievement Academy Official Yearbook, which is published nationally.

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for selection are a student's academic performance, interest and attitude, leadership qualities, responsibility, enthusiasm, motivation to learn and improve, citizenship, attitude and cooperative spirit, dependability and recommendation from a teacher or director.

Robert is the son of Nelson and Kim McFerron of Livingston and the grandson of George and Kitty Prickmore of Livingston and Gerald and Lucille McFerron of Mt. Vernon.



Robert McFerron

School Menus

Rockcastle County Schools Menu

April 14-20, 2001

Monday: Manager's choice, juice and milk.

Tuesday: Scrambled egg, toast, juice and milk.

Wednesday: Pancakes and syrup or corn, toast/jelly, juice and milk.

Thursday: Cereal, toast/jelly, juice and milk.

Friday: Sausage biscuit or cereal, biscuit/jelly, juice and milk.

Lunch

Elementary & Middle School

Monday: Manager's choice,

Tuesday: Chicken nuggets and a roll or sandwich, potato wedges, corn on cob, fresh fruit and milk.

Wednesday: Spaghetti with meat sauce, garden salad, garlic bread,

dessert and milk.

Thursday: Fish sandwich or ham sandwich, potato rounds, peaches and milk.

Friday: Corn dog or chicken patty on bun, potato wedges, oranges and milk.

High School

Monday: Manager's choice.

Tuesday: Sub sandwich or bologna and cheese sandwich, potato wedges, lettuce/pickles, dessert and milk.

Wednesday: Pizza or breadsticks, garden salad, corn, dessert and milk.

Thursday: Fish, macaroni and cheese, green beans, cole slaw, cornbread, dessert and milk.

Friday: Sloppy nachos and cheese sauce, potato wedges, dessert and milk.

Mt. Vernon Elementary chosen as Kentucky Reading Project Demonstration Program

Mt. Vernon Elementary was recently chosen as a demonstration site for the Kentucky Reading Project. MTVP was one of only sixteen schools to be chosen.

The Kentucky Reading Project is a statewide initiative between the university, schools and teachers. Other support and collaboration is provided by the Kentucky Department of Education through the Regional Service Center, in our area located in London. Our contact person there is Lisa Smith.

Another goal of the Kentucky Reading Project is for teachers to learn best teaching practices that are based on sound research and proven to work for the benefit of students. Among these practices is the teaching of phonics and other word recognition strategies. Reading comprehension is the most important goal of all. Very specific comprehension

strategies are to be taught and modeled by teachers. The real life connection between reading and writing is emphasized as well. Another component of the plan is family literacy where the whole family becomes part of the process.

Mt. Vernon Elementary is very honored to be chosen as only one of two schools in the state to represent Eastern Kentucky University. Next year other teachers from all over the state will be invited to contact and see Mt. Vernon Elementary's reading program in action through contact teachers Kathy Howard and Delilah Brewer and Rosamond Brown, Principal.

Owens completes basic training

Marine Corps Pvt. Brandy N. Owens, daughter of Army Sgt. Maj. David W. Owens of Rt. 5, Mt. Vernon, recently completed basic training at Marine Corps Recruit Depot, Parris Island, South Carolina.

Owens successfully completed 12 weeks of training designed to challenge new Marine recruits both physically and mentally.

Owens and fellow recruits began their training at 5 a.m., by running three miles and performing calisthenics. In addition to the physical conditioning program, Owens spent numerous hours in classroom and field assignments which included learning first aid, uniform regulations, combat water survival, marksmanship, hand-to-hand combat and assorted weapons training. They performed

close order drill and operated as a small infantry unit during field training.

Owens and other recruits also received instruction on the Marine Corps' core values—honor, courage and commitment, and what the world means in guiding personal and professional conduct.

Owens and fellow recruits ended the training phase with The Crucible, a 54-hour team effort, problem solving evolution which culminated with an emotional ceremony in which the recruits were presented the Marine Corps Emblem, and were addressed as "Marines" for the first time since boot camp began.

Owens is a 2000 graduate of Miami Trace High School of Washington Court House, Ohio.

Card of Thanks

A Word of Thanks

The family of Charles Shafter, Jr. would like to thank all our family, friends and neighbors for the food, flowers, cards, kind words and money. We would like to thank the ambulance drivers who came to many times to get Junior. The staff at Rockcastle Co. Hospital for being so kind to him and the family; most

of all for them being so patient with him. Thanks to Dr. Saylor, Home Health and to Louise Durham. Thanks to Watson Funeral Home for being so kind and to Linda Whit for the beautiful music. A special thanks to Bro. Mark Whicker for the kind words he spoke and for the very special song.

The family thanks everyone,
From all of his brothers & sisters

Virginia McKinney
INCOME TAX SERVICE
256-4804

MAMMOGRAPHY SERVICES NEW EXTENDED HOURS

As a convenience to our patients, we have extended our hours for conducting mammograms.

Beginning April 16, appointments may be scheduled
8:30 a.m. - 5:30 p.m. on Mondays and Tuesdays, and
8:30 a.m. - 3 p.m. on Wednesdays, Thursdays and Fridays.

Call 256-2195 ext. 5012 for your appointment.

ROCKCASTLE
HOSPITAL AND RESPIRATORY CARE CENTER

Rockcastle Co. Community Education

Classes Offered at the Rockcastle County Middle School

For information or registration contact Anthony Coffey or Terry Parker at (256) 256-5118

Class Title	Date	Location	Time	Sponsoring Organization
Spanish	Wednesdays	Rockcastle County Middle School	3:30-5:30 pm	21 st Century Community Learning Center at Rockcastle County Middle School
Computer Basics	Tuesdays	Rockcastle County Middle School	4:00-6:00 pm	21 st Century Community Learning Center at Rockcastle County Middle School
Computer (Advanced)	Monday	Rockcastle County Middle School	4:00-6:00 pm	21 st Century Community Learning Center at Rockcastle County Middle School
Introduction to Computers	Thursdays	Rockcastle County Middle School	6:00-7:00 pm	21 st Century Community Learning Center at Rockcastle County Middle School
Quitting Classes	Monday	Rockcastle County Middle School	4:00-6:00 pm	21 st Century Community Learning Center at Rockcastle County Middle School
GED Course	Tuesdays	Rockcastle County Middle School	4:30-6:00 pm	21 st Century Community Learning Center at Rockcastle County Middle School
Gymnastics	Saturdays	Rockcastle County Middle School	8:15-10:15 pm	21 st Century Community Learning Center at Rockcastle County Middle School
Computer Basics	Thursdays	Rockcastle County Middle School	5:30-6:30 pm	21 st Century Community Learning Center at Rockcastle County Middle School

Classes Offered by the Extension Service

For information or registration contact Hazel Jackson at (256) 256-2483

Class Title	Date	Location	Time	Sponsoring Organization
Updating Your Bathroom	Monday April 30 th	Extension Office	10:00 am	Rockcastle County Extension Service
Gin-a-Sew	Monday April 30 th	Extension Office	8:30 am-2:30 pm	Rockcastle County Extension Service
Basketry Class	Monday April 23 rd	Extension Office	9:00-10:30 pm	Rockcastle County Extension Service

Activities at the Rockcastle County Public Library

For information or registration contact Kristiana Burk (256) 256-2388

Event Title	Date	Event	Sponsoring Organization and Location
Bookclub Begins	Tuesdays March 20 th April 10 th and 24 th May 8 th	"Reading in Motion... The Bookclub that travels. A Bookclub that focuses this spring on The South and Southern Writers. We will be taking a trip May 17 th -20 th to the place of the writings." Richmond, VA	Rockcastle County Public Library
Monthly Radio Program	April 12 th	Monthly Radio Program Held in the Misting	Rockcastle County Public Library
Health Fair	Saturday April 21 st	Health Fair- Preschool Storytime Booth 10:00-1:00 pm	Rockcastle County Public Library

Classes Offered at the Rockcastle County Area Technology Center

For information or registration contact Ralph Baker at (256) 256-1111

Class Title	Date	Location	Time	Sponsoring Organization
Microsoft Access	Begin Monday March 12 th	Rockcastle County Area Technology Center	5:00-7:00 pm	21 st Century Community Learning Center at RCMS and RALC
Microsoft Word	Begin Wednesday March 14 th	Rockcastle County Area Technology Center	4:00-6:00 pm	21 st Century Community Learning Center at RCMS and RALC
Health and Wellness	Begin April 19 th	Rockcastle County Area Technology Center	4:00-7:00 pm	21 st Century Community Learning Center at RCMS and RALC

Classes Offered at the Rockcastle County High School

For information or registration contact Trina Bissett at (256) 256-4816

Class Title	Date	Location	Time	Sponsoring Organization
Basic Computer Skills	Begin March 6 th (Tuesday) (ongoing)	Rockcastle County High School	4:00-5:30 pm	21 st Century Community Learning Center at RCMS and RALC
Basic Computer Skills	Begin Wednesday March 27 th (ongoing)	Rockcastle County High School	4:00-5:30 pm	21 st Century Community Learning Center at RCMS and RALC
GED Tutoring	Wednesdays (ongoing)	Rockcastle County High School	5:00-7:00 pm	21 st Century Community Learning Center at RCMS and RALC
Beginning Piano	Tuesdays, Beginning March 20, 2001 (consisting of 7 sessions)	Rockcastle County High School	3:00-5:00 pm	21 st Century Community Learning Center at RCMS and RALC
Self Defense Skills	Monday, Beginning April 23 rd (ongoing for 8 sessions)	Rockcastle County High School	3:00-5:00 pm	21 st Century Community Learning Center at RCMS and RALC
Parenting Class Who is My Teen and How Can I Talk To Them	Tuesdays April 17 th	Rockcastle County High School	6:00-8:00 pm	Rockcastle County Community Education 21 st Century Community Learning Center at RCMS and RALC, and Tammie Gabbard, Upper Cumberland Valley Education Cooperative
Photography Class	Sundays beginning April 22 nd (4 sessions)	Rockcastle County High School	9:00 am-12:00 pm	21 st Century Community Learning Center at RCMS and RALC
Parenting Class Common Sense Parenting	Tuesdays April 24 th	Rockcastle County High School	6:00-8:00 pm	Rockcastle County Community Education 21 st Century Community Learning Center at RCMS and RALC, and Tammie Gabbard, Upper Cumberland Valley Education Cooperative
Parenting Class My Child Has ADD/ADHD: How Can I Help Them?	Tuesdays May 1 st	Rockcastle County High School	6:00-8:00 pm	Rockcastle County Community Education 21 st Century Community Learning Center at RCMS and RALC, and Tammie Gabbard, Upper Cumberland Valley Education Cooperative

Classes Offered at the Rockcastle Telecommunication Center

For information or registration contact Kathy Boko at (256) 256-2125

Class Title	Date	Location	Time	Sponsoring Organization
Visual The Entrepreneur 123 Fax Fax Pro Register	Tuesdays and Thursdays Beginning April 17 th Ending May 2 nd 2001	Rockcastle County Telecommunications Center 3 rd Floor of the Courthouse	2:00-6:00 pm	Rockcastle County Community Education and 21 st Century Community Learning Center at RCMS and RALC