

Gardening & Landscaping Tips

By: Max Phelps

Butterflies: Attract Them, to Your Yard

If you would like to see more butterflies around your yard, create a bouquet of blooms, these fluttering beauties will enjoy. Plant flowers for nectar. Also some host plants for the larva if you hope they will raise babies.

With so much of the native habitat no longer available, the efforts of homeowners and gardeners have a major impact on the numbers of butterflies. (Besides lack of habitat, use of pesticides have a very negative impact on butterflies, as well as pollinating bees.)

Let's look at some plants we can use to lure butterflies to our landscape paradise.

Shade trees useful either for nectar or larval food include weeping willow, beech, apple and catalpa.

Shrubs butterflies will like may include butterfly bush (of course!), blue mist, lilac, privet, spice bush, rhododendron, summersweet and wisteria.

Since it is useful to keep something in bloom for the butterflies at all times in the summer, both perennial and annual flowers are desirable. Perennials, for butterflies. This could be a very long list, but I'll try to

stick with items pretty readily available. Philox, yarrow, pin cushion (scabiosa), sedum, coreopsis, veronica, globe thistle, lilies, cone flower, daisies, passion flower vines, lantana, mallow, black-eyed susans and sweet peas.

Wild flowers: wood nettle, dogbane, queen anne's lace, asters, gold-crown, butterfly weed, joe pye weed, iron weed, violets.

Annuals: try cosmos, zinnias, bidens and sunflowers.

For night flying moths try spider flowers, hosta, philox and penstemon.

Herbs: bee balm, fennel, parsley, onions (alliums), chives, most mints, sage, lavender and many others.

Evaluate what you have to offer butterflies already around your yard, and start from there.

Sources of water, salt, hibernation boxes, and hiding place will be furnished by the serious butterfly gardener.

Protection from fierce winds can surely help the life of a delicate butterfly, too!

And butterflies need sunshine! You will definitely see fewer butterflies in shady gardens or on cloudy days.

With a little creative planning, both you and the butterflies can enjoy this summer in your yard.



Officers of the Mt. Vernon "Morning Glory" Extension Homemakers Club are: President, Lydia McInerney; Vice-President, Cecilia Remer; Reconciliation/Devotional Leader, Alta Bullock and Secretary/Treasurer, Bea Hensley. The Morning Glory Club meets at 10 a.m. the 3rd or 4th Monday of each month at the Extension Office. The next meeting will be on May 21. Everyone is welcome. Call 256-4203 for details.



Farm News

By: Tom Mills

County Extension Agent for Agriculture

TOBACCO PROGRAM CHANGES

Rockcastle County burley tobacco producers will want to keep in mind several program changes which will affect the 2001 and future crops. Contracting to companies, the closing of several warehouses and scheduling USDA graders brought about the need to know where farmers will market their crop. All farm operators will be required to "designate" which tobacco warehouse, receiving station, or dealer with which they intend to market their burley tobacco for the 2001-2002 marketing year. The initial designation period will begin on June 1, 2001 and end on August 1, 2001. Redesignation after October will be possible through the Farm Service Agency office but will only be accepted on certain days and will not be effective immediately.

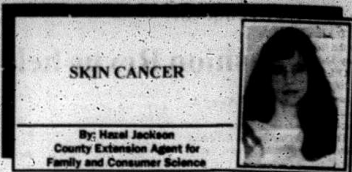
Disaster leasing will be limited to 15% of the 2001 effective quota. All crop acreage must be reported to FSA by July 1. After this date, acreage verification will be on a fee basis.

The carry forward poundage will be limited to 10%. There is some concern on the interpretation as to whether this will take effect when

the burley belt is short more than 10% or each farmer is short more than 10%. Keep in mind that leasing in extra poundage or crop shortage may not be carried forward to the 2002 crop year.

Finally, there still exists much confusion over Phase II payments for 2001. What is known, is that quota owners will be paid on the basic quota they owned as of July 3, 2000 and growing farms and growers will be paid based on an average of their payment pounds for the 1998-2000 crops. Also, to receive compensation for Phase II in 2001, one has to be declared "active." Since there is some confusion on "active," we remind farmers who may have enough carryover tobacco on their farm to fill this year's quota that the question, Was tobacco grown on this farm "this year," may be how "active" is determined. In this case, producers are encouraged to grow a few plants and report to FSA by July 1 that tobacco was grown.

Many changes are taking effect. Keep in mind that the July 1 deadline for leasing is also a good date for contacting the FSA staff on other reports as well.



SKIN CANCER

By: Hazel Jackson
County Extension Agent for Family and Consumer Science

Skin cancer is the most common type of cancer in the United States. About 40 to 50 percent of Americans who live to age 65 will have skin cancer at least once. The risk is greatest for people who have fair skin that freckles easily, red or blonde hair, and blue or light-colored eyes.

Ultraviolet radiation from the sun is the main cause of skin cancer. Artificial sources of UV radiation, such as sunlamps and tanning booths, also can cause skin cancer. Most skin cancers appear after age 50, but the sun's damaging effects begin at an early age. Protection should start in childhood to prevent the disease from developing later in life.

The most common warning sign of

skin cancer is a change on the skin, especially a new growth or a sore that doesn't heal. The cancer may start as a small, smooth, shiny, pale or waxy lump. Or it can appear as a firm red lump that may bleed or develop a crust. Skin cancer also can start as a flat, red spot that is rough, dry or scaly.

Here are some sun safety tips from the National Cancer Institute:

- Reduce your exposure to the midday sun (from about 10:00 a.m. to about 3:00 p.m.)
- Wear sun hats, long sleeves, long pants and other clothing that can block harmful rays.
- Use a sun screen with a sun protection factor (SPF) of 12 to 30, or higher if your skin is sensitive to the sun. Reapply every couple of hours and after swimming.

Fairview News

By Mrs. Hubert Chastean

Hello to all.

Hope everyone is well. You know we have people in this world that don't care for anyone but themselves. But I have always loved people and cared for them. God loves all of us and we should love one another.

Bro. Albert Griffin filled his regular appointment at the Fairview Baptist Church over the weekend with good attendance. Sunday School attendance was 139. Thank the good Lord.

Our community has been greatly saddened by the report of illness of our relatives and friends who have passed away recently. Virgil Tinch of Franklin, Ohio, Mrs. Nancy (Spencer) Wance of Berlin, Maryland and Pearl Mae (Cope) Bowles of Junction City, Mo. God bless and comfort all these relatives and friends who are left behind. They all have relatives who live in this area. They all have our love and prayers.

I want to publicly thank God for the blessed good rain we received last week. And I do hope that everyone look out to thank God for it. He blesses us in so many ways.

Mrs. and Mr. Elwood Tron visited with relatives Mrs. Gladys Rose and Mr. and Mrs. Buddy Gabbard and daughter, Gail Lee recently and attended services at Fairview. We were so glad to see them.

Mrs. Hallie Alexander attended Revival services recently at the

Northside Baptist Church and the Scaffold Cape Baptist Church.

Mr. William Cope and son, Billy of Eubank visited Mrs. Mary Cope Sunday.

Mrs. and Mrs. Hubert Chastean visited her brother and wife, Tip and Florence. Reppert last Wednesday. Other visitors were Mr. Earl Kidwell and Bonnie Dale Reppert.

Attending the funeral of Mrs. Pearl Mae Bowles were Mrs. Mary Cope, Helen Powell, Mr. and Mrs. Buddy Cope, Mr. and Mrs. Frankie Hayes and William Cope and son, Billy.

Mrs. Hallie Alexander and grand-son, Jeremy Davidson attended worship services at the Fellowship Baptist Church near Berea Sunday morning.

Our most recent group in our home have been a group of ladies from our church: James and Joyce Seal, Wayne and Carolyn Chastean, Oscar Allen Alexander, Delores Reppert and friend, Mrs. Hale, Scott Whitmore, Tammy Church, Anthony and Darlene Abbey, Tonya Church and Mr. and Mrs. J. Ridgell.

Bro. Albert Griffin and Buddy Gabbard visited Mrs. Mary Cope a few days ago.

Please remember church and Sunday School and let's always remember to pray for each other. God bless you.

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Absolute

Auction

of the late Mr. Ed Falin's
HOUSE AND LOT

Saturday, May 12, 2001 at 10 a.m.

S.R. 1004
Maple Grove
Section of
Rockcastle
County



Location: Turn off U.S. 25 at Burr Inear Exit 59 of I-75) onto SR 1004. Follow 1004 approx. 1.7 miles to the property. Auction signs are posted.

In order to settle the estate of the late Mr. Falin, his heirs have authorized our firm to sell this property for the absolute high dollar.

The property consists of a large lot, measuring approximately two acres and the sellers reserve the right to offer the property in two tracts, and as a whole, selling in the manner which reflects the best results for the sellers.

This compact home offers living room, kitchen, three bedrooms and one bath. The exterior is masonry siding with a concrete block foundation. The home has central heat and air, attached garage and a concrete driveway.

Auctioneer's Note: If you're in the market for a country home, then be sure to mark your calendar to attend this absolute auction on **Saturday, May 12th at 10 a.m.**

Note: The purchaser of a single family residence, built before 1978, has a maximum of 10 days to inspect the property for the presence of lead based paint. The period for inspection begins May 1st through May 11, 2001. The successful bidder must sign a waiver of the 10 day post sale inspection period.

Terms: Real Estate: 20% down day of sale, balance in 30 days.

Announcements day of sale take precedence over printed matter.

For additional information, contact the selling agents.

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Post Commander's Comments

"Click It or Ticket"



Capt. Paul Hays, Post II Commander

(London, Ky.) The summer driving season is starting and the Kentucky State Police and the National Highway Traffic Safety Administration want it to be a safe summer for you.

Every year hundreds of Kentuckians are killed or injured in vehicle accidents. According to NHTSA, less than 60% of Kentuckians regularly wear their seatbelts, yet statistics show conclusively that wearing a restraint device greatly reduces the chances of serious injury or death. In 1999 there were 315,381 people involved in accidents on Kentucky's roadways. When a seatbelt was used, more than half walked away with no injuries. Simply put, if you don't wear a seatbelt, you are twice as likely to die. Though we can never put a value on a life, it is estimated that traffic accidents cost Kentucky more than \$5 billion in lost wages, medical expenses and property damage costs. Most of these costs will be carried by the taxpayers, not the injured person.

We're getting the word out about the dangers of not wearing a seatbelt with a campaign called "Click It or Ticket." This is a massive, high-

visibility enforcement effort designed to detect violators of Kentucky's seatbelt laws. For the two weeks between May 21st and June 3rd, the Kentucky State Police and local law enforcement will be setting up more than 1,500 checkpoints throughout Kentucky. We will be making safety inspections on vehicles at these checkpoints, ensuring that motorists are complying with all state laws. Kentucky has a zero tolerance policy on seatbelt usage, and we will be strictly enforcing that policy at these checkpoints. At the same time, we will be advertising this campaign on TV, radio and newspapers in an attempt to educate Kentuckians of the need for seatbelt usage. The message will be "Kentucky is serious, we're going to save lives." We will also be checking that all passengers under 40 inches tall are in approved child restraint devices. Remember, the driver is responsible for everyone in the vehicle. You will be ticketed if one of your passengers isn't wearing a seatbelt.

Kentucky is not the only state running this program. Alabama, Florida, Georgia, Mississippi, North Carolina, South Carolina and Tennessee are also taking part in "Click It or Ticket." If you are travelling to another state, be sure to wear your seatbelt there, too.

If we can get seatbelt use up 10%, this translates into 50 people not dying, 963 not being seriously injured and saving Kentucky around \$70 million.

If you are one of the 40% of Kentucky drivers not wearing a seatbelt for whatever reason, you may want to start. If the fine for being caught isn't enough, then maybe you might be one of the 50 saved by wearing a seatbelt. We are serious, we're going to save lives.