

Senior track girls end season in a familiar way: with Regional victory and a trip to State



Senior Ashley Lawson put the shot at the Rockets' home meet on May 15, 2001. The girl's track team won the Region 4 meet on Saturday, beating their nearest competitor by over 80 points. The girls will be competing in over 13 events, out of 18, at the State Meet this Friday and Saturday. The boys 4 x 400 relay also qualified for the state meet.

BY LINDSEY PARSONS

The six senior members of the RCHS girls track team have led an otherwise young team to victory this year.

Since they were in the 7th grade, Tara Abney, Mindy Bullock, Chyenne Carmack, Theresa Chisum, Rachelle Hammond, and Ashley Lawson have competed together at countless track meets.

This past Saturday, they participated in their last regional meet. Again, they were victorious, winning 13 of the 18 events.

"We started so young, and began on the bottom. Now we've worked our way all the way to the top. It's a great way to go out," said Carmack.

The team is ranked first in Class AA, placing less than first at only one meet over the course of the season.

The state track meet at UK will be the next and last stop for these seniors this Friday and Saturday.

"I don't think any of us ever expected to have a chance to be state champions, but here we are. It's

been awesome," said Carmack.

The girls are proud of their accomplishments with the track team, and will miss memories they've made while on it.

"[I'm going to miss] the close relationships I have with the other runners. We're like a little family," Abney said.

Lawson will miss the lighter side of being on the team. "Goofing off at track practice," she said.

Some of the girls offered advice to underclassmen members of the team.

Chisum advises to "work hard and take life slow because track passes you by quickly. Before you know it, it's all over."

"Believe me, all of the hard practice will pay off in the end," Abney said.

These six girls are proof of that.



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in post-
season
competition!**
~ The Rocket staff