Local youth attend 4-H Camp

Fifty-seven 4-H youth and leaders from Rockcastle County attended J.M. Feltner 4-H Camp in London the week of June 11-15. The youth from Rockcastle County camped with youth from Bell, Clay, Jackson, and McCreary Counties resulting in a total of 260 campers for the week.

Youth took part in classes such as riflery, boating, swimming, archery, recreation, line dancing, crafts, ropes challenge, first aid, foods, and nature, just to name a few. Youth not only participated in traditional camp cerémonies, but, also, experienced new friendships,



Morgan Kincer is shown wearing a Sombrero while participating in the Mexican Fun Foods class taught by Brenda Saylor and Patsy Morgan at 4-H Camp.

learned how to live booperativelywith others, and experienced
independence.

The Rockcastle Co. 4+H Council
would like to express thanks to the
following adults and teens for
volunteering at 4+H camps. Katry
Pgice, Paith Spires, Jessica Denny,
and Melinad Coffey. Also thanks to
Brenda Saylor and Patsy Morgan for
teaching Expanded Food an
Nutrition Education Program classes
at camp.

Nutrition Education Program classes at camp.
Several county businesses and individuals donated money toward scholarships to provide youth the opportunity to attend 4-14 Camp. Grizen and the control of the control of

Photos By: John **McOueary**



By: Hazel Jackson
County Extension Agent for
Family and Consumer Science



Farm News

By: Tom Mills

probably do not belong in the food supply. Some herbs, such as gingdo biloba, may present health hazards to consumers. If these herbs are present in the conventional food supply, you' might unintentionally consumer much more than you bargained for in that glass of iced tea or fruit drink. If you want to drink something with proven health can be consumed to the contract of the con

and Tunsday, June 28, 2001. Pg. 45
affected trees? Best control will
occur during the dormant season.
When possible, first, prune out
bighted twigs by pruning at least 4
inches below infected, area of the control of

of Fire Blight, two things may help. When possible, prune out blighted limbs, Prune at least 6-12 inches below affected areas, and clean pruning tools between cuts. Settlez tools between cuts by using 70% alcohol or 10% chlorine blords of the possible, is to spray trees with antibiotic streptomycin (Agricultural

Streptomycin at farm stores). Use 4 oz of 21% streptomycin sulfate per 100 gallons water at 4-5 day intervals during bloom and again weekly during past bloom period as long as shoots continue to elongate. Streptomycin is best applied just before sundown due to the suns ability to break this product down. Pruning and spraying large trees may be impractical for some home away be impractical for some home the sundown due to the sunship to t

Subscribe to the Signal (606)256-2244



Have you thought about drinking one of those herb-boosted beverages? Well the FDA would like for you to think again. Three the properties of the drinks applement of the product of the products when a product when the products wh

nty Extension Agent for Agriculture Cut Large Round Bale Hay Losses

Fire Blight is a bacterial disease affecting apple, pear, and flowering crab apple trees, to name a few of the more common trees. Home gardeners take notice this time of year when bossons and the tree that the state of the sta

openings such as flower parts, leaves and shoots. How so you control Fire Blight on FREE ADMISSION LIVE MUSIC FREE ADMISSION

Shane Eldridge and



HUGE FIREWORKS DISPLAY!!

Live music sponsored by Lake Linville Marina and Campground Lake Linville Marina and Campground

July 3rd, 2001 • 6:30 p.m. Live Music Begins Fireworks Sponsored by Local V.F.W.

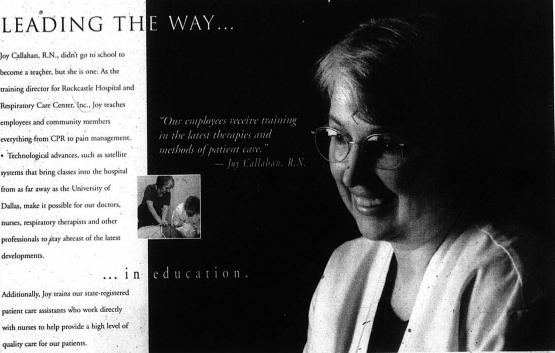


Joy Callahan, R.N., didn't go to school to become a teacher, but she is one: As the training director for Rockcastle Hospital and Respiratory Care Center, Inc., Joy teaches employees and community members everything from CPR to pain management. • Technological advances, such as satellite systems that bring classes into the hospital from as far away as the University of Dallas, make it possible for our doctors, nurses, respiratory therapists and other professionals to stay abreast of the latest

Additionally, Joy trains our state-registered patient care assistants who work directly with nurses to help provide a high level of quality care for our patients.

developments.

KŒKCASTI



Employee and community training.

Just another example of how we're leading the way in education.