



The Family Room

By: Dr. Roy Don Whitehead

Female Alcoholism Is A Hidden Problem

"My wife has a problem," Sam reported to me in his first counseling session, "but she doesn't see it that way. I think she is an alcoholic, but she says she just likes the taste of liquor. She refuses to get help and no one would ever suspect she has a problem. What can I do?" (All characters are fictitious.)

Female alcoholism is often a hidden problem. A woman who drinks alone at home may be able to hide her alcoholism for years. This fact leads some to believe that alcoholism among women is rare. Nothing could be further from the truth.

Former First Lady Betty Ford went public with her problems with alcohol and other drugs twenty years ago. She recently helped to introduce a new study on "Substance Abuse and The American Woman." Here are some of the conclusions of that study (published in U S News and World Report).

1. One out of five women abuses alcohol or drugs at some point in her life (compared with one out of three men).

2. Almost seventy per cent of women in drug treatment programs were sexually abused as children.

3. Female alcoholics "get drunk faster, become addicted sooner and

develop related diseases earlier than men."

4. Women most likely to drink heavily are those with incomes above \$75,000 and those with incomes below \$15,000.

5. Working women are more likely than homemakers to abuse alcohol.

6. Today's teenage girls are fifteen times more likely to begin using illegal drugs than were their mothers.

7. Teenage girls who drink more than five times a month are five times more likely to have sex than those who do not drink.

8. Today's male and female teens are equally likely to smoke, drink and try illicit drugs. There is no gender gap.

9. Only fourteen per cent of women who need treatment get it.

Sam and his in-laws decided to take the risky step of confronting "Jean" about her problem. With the help of a counselor they prepared for this carefully over the course of several months. Finally they were ready.

"It worked," Sam reported one day. "Jean agreed to go into a treatment center. I know this won't solve everything but at least it is a beginning."

There is help available for abusers of alcohol and other drugs. Betty Ford started her own rehabilitation

center and there are many other centers, some of which are nearby. Alcoholics Anonymous provides help right in the community.

Library News

By Kathy McKibben
Children's and Young Adult Librarian

School is back in session and things have changed a little at the library. The career center had been out of use due to some technical difficulty, but it is now up and running again. The computers and books in the career center were donated by Berea College for use by the middle school and young adult age group. We encourage you to stop by and take advantage of these resources once again. This year we hope to focus even more on the young adults. We would like to see our youth take a more active role in the library than just visiting because of homework assignments, checking-out mail. Cooperation with the schools is a must if we intend to reach out to the young and find out what their interests are. There's a wide range of possibilities!

The Genealogy-Kentucky room is available for use. Ms. Stacy Richards continues to do a fine job in organizing the materials to better serve the patrons who need access to them. There are many documents still to be sorted before putting them on the shelf. This process takes time and patience. People from all over the country call, and even show up at the library needing information about their history. Donations are appreciated on materials concerning family history. Stacy asks that the information you would like to share with the library be typed and brought in a folder. Thanks Stacy for continuing to provide a quality service.

The library board and staff are extremely pleased to have Mrs. Pam Chaliff watching over the business at hand. Mrs. Pam is the Interim Director. She is fully capable to serve in this capacity, with years of experience and dedication to the Rockcastle Library. According to Mr. Allen Persch the board is going to take their time concerning this position. We would like to remind the community that the library provides services such as the bookmobile. Mrs. Chaliff does a fantastic job in reaching the community with the "mini library on wheels," she is dedicated to the patrons that come in to the library as well as the bookmobile patrons. If you wish to be added to the bookmobile route please contact one of the library staff.

Another service provided is the Story Hour for pre-school age children. We want to encourage you to bring your children down every Tuesday at 1:00 p.m. for an hour of reading and fun. We read books, sing the

If the alcoholic refuses to get help, then the family should. Al-Anon, Al-A-Teen and private counselors can provide help for the families of alcoholics.

alphabet, and other children's songs, count and make crafts. At the end of the hour the children enjoy a little snack, all of which are provided by your library. The children's area is always open for small children and accompanied by an adult. We have educational toys, puzzles and plenty of books!

Jennifer Alsip and Stacy Richards continue to do a fine job being of service to patrons in the adult library. They are currently updating the library website so that we can keep you informed as to what is taking place each month. Library hours are posted on the site, as well as information about your library staff, new books, current events and links to other information websites. The genealogy section of the sight is currently under construction. The website is a work in progress, and I am currently working on the young adult section of it.

Volunteering at the library is always welcome. We have a policy in place for this endeavor. If you wish to donate your time in some way please contact us. We have had some really dedicated teens and adults help out this past summer, and it made a significant difference.

The goal of your library is to provide a service that will reach out to the community and promote literacy, provide information, current technology, and be a friend of the arts. Won't you be part of it? September is "Sign

Up For A Library Card Month," if you don't have a library card let us encourage you to become a library patron. Come on in and take advantage of the services provided and spread the word! Get on board at the

library.
Telephone number 256-2388
Website
Address: <http://www.users.kih.net/~repl/index.htm>
E-mail Address: repl@kih.net

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Revival & Homecoming Climax Christian Church

September 3-9 • 7 p.m.

Speaker: Johnny Collins
(Salem Christian Church)

Special Singing Nightly

Mon. - Azbill Family • Tues. - Davidsons

Wed. - Bethel Christian Church (Garrard)

Thurs. - Open • Fri. - Calvary Echoes

Sat. - Level Green Christian Church (Garrard)

Homecoming Sun. - Azbill Family/Calvary Echoes & others

Sunday Morning Worship Service

Sunday School 10:00 a.m.

Worship Hour 11:00 a.m.

Lunch to follow morning service and singing to follow lunch.

R. Remembrance

F. Praise & Praise

V. Victory over sin

A. Subduing of the Holy Spirit

V. Word for Living

A. All for Jesus (some whole self)

L. Love Faithfully

Lake Linville's Labor Day Fish Fry & Cook-Out

Lake Linville Boat Doat
Sat., Sept. 1st, 6 p.m.

Free DJ Music
Larry & Don

Fish Supplies by
CANCELLED
Jerry Mullins
\$5.00 Per Plate

Carry-outs Welcome

Sponsored by Lake Linville Boat Dock
Campground and Marine, Inc.

RINSE AND RETURN

Plastic Pesticides Container Recycling Project



HOW TO PARTICIPATE:

- Triple rinse or pressure rinse all containers when emptied.
- Remove caps and labels from containers.
- Bring rinsed containers (5 gallons or less) to collection sites.

LOCATION AND DATES FOR CONTAINER RETURNS:

September 6, 2001
10:00 a.m. - 1:00 p.m.
U.S.D.A Service Center
Located on Hwy 150

For more Information Call: 606-256-2525

Ext. 3

Absolute

Auction

of Mr. and Mrs. Ralph Cook's

Brick Ranch House & 10 Acres m/l in Tracts
Vehicle, Cub Cadet Mower & Personal Property

Saturday, September 8th • 1:30 p.m.

Bandy Section of Pulaski County



Location: From the intersection of Highways 39 and 80 take Hwy. 39 approximately 1 1/2 miles and turn right on Hwy. 70. Follow Hwy. 70 approximately 1/2 mile to the property located at 8955 Hwy. 70 East. From Mt. Vernon take Hwy. 150 to Hwy. 70 West and turn left. Proceed approximately 8 miles to the auction. Auction signs are posted.

Tract # 1 consists of approximately 5.2 acres and has approximately 209 feet of frontage along Hwy. 70.

This tract is improved with the above pictured modern brick home featuring living room with fireplace, family room, formal dining room, kitchen with Frigidaire dishwasher and refrigerator, three bedrooms, three full baths, utility room, with a large three car attached garage and an additional carport.

It also has built in cabinets, central heat and air, wall to wall carpet, shingle roof, thermopane windows, city water, plus much more. This house is in a beautiful setting surrounded by several mature shade trees.

Tract #2 consists of 4.9 acres more or less and also approximately 209 feet of frontage along Hwy. 70. City water is available and is partially cleared. This would be an excellent building or mobile home site giving you that added elbow room you have been searching for.

AUCTIONEER'S NOTE: If you are in the market for a well built home in a private setting with that additional acreage or a building site please mark your calendar to attend this absolute auction on Saturday, September 8th at 1:30 p.m. When combined there is approximately 10 acres with over 400 feet of frontage along Hwy. 70. The tracts will be sold separate and then combined, selling in whatever manner reflects the best returns for the sellers.

Vehicle: 1986 Chevrolet Caprice Classic, 4 door, air, power windows and locks, good condition.

Personal Property items include: 1430 Cub Cadet riding mower with grass catcher • Allis Chalmers lawn and garden tractor with tiller, plows, and grader blade • Homelite weed eater • Homelite blower • Snag On Tool box on rollers • Craftsman drill • creper • Assortment of Zippro lighters • small trailer • seeder • 220 amp compressor • chain saw • Skill saw • Various assortment of Craftsman hand tools • rods and reels • Brush eater hippie • aluminum extension ladder • aluminum step ladder • Gibson freezer • dinette set • Mitsubishi tv and stand • upholstered couch • odd chairs • foot stool • coffee tables • lamps • Sanyo microwave • sausage grinder • dinner bell • Kirby sweeper • assortment of Hot Wheel cars • old quilts • fruit jars • plus various other items

TERMS: 20% down the day of the auction with the balance due in full within 30 days with delivery of the deed for the real estate. Cash or good check day of the auction for the vehicle, mower, and personal property items.

Note: There will be a 10% buyer's premium added to the last bid on all personal property items to determine the final sales price.

AUCTIONEER/BROKER/SELLER DISCLAIMER: The information contained herein is believed to be correct to the best of the auctioneer's knowledge. The information is being furnished for the bidder's convenience and it is the responsibility of the bidder to determine the information contained herein is accurate and complete. The property is being sold in its "as is" condition. No warranties expressed or implied.

Note: The purchaser of a single family residence, built before 1978, has a maximum of 10 days to inspect the property for the presence of lead base paint. The period for inspection begins August 29th through September 7th, 2001. All bidders must sign a waiver of the 10 day post sale inspection period.

For additional information, plan or appointment to see the property contact

Ford Brothers, Inc. Auctioneer & Realtors

www.fordbrothersinc.com

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