## Minds in the Middle

**Tiger Pause** 

Fall pictures will be taken this Friday morning. These are the pic-tures that will be used for the year-book. Dress your best! Our first day of the 29st Century

Our first doy of the 29st Centing.

Our first doy of the 29st Centing Center was a more service of the 20st of the adult/student aerobics at 3.00 p.m.
This past week we began our computer classes, and our circles of learning sessions. However, you may still be able to join. For more information, call Mr. Coguer at RCMS.

BES would like to welcome our new staff for this school year. Mrs. Beth Jones, primary; Mrs. Carol Lykins, primary; Mrs. Chrysti Noble, collaborating teacher. Mrs. Angela Mullins, speech and Mrs. Emily Craig, Ameri-Corps. We are so gild to have such wonderful additions to

Our regular monthly SBDM meeting will be next Wednesday, September 18th, at 6:30 p.m. The Parent Teacher Group will mee be-forchand at 5:30 p.m. This Thrusday evening, the Rockets football teams will be hosting Wayne County and the Lady Rockets basketball teams will be hosting Northern Pulaski. Monday night, the girls play at Whitley County and Tuesday, September 18th, will be at North Laurel. Tuesday, September 18th, will be the first in a series of Parent Night meetings hosted by GEAR-UP During this meeting, the focus will be upon teaching methods used at RCMS and what parents can do to help their child develop thinking skills.

to do another one at this time. However, if you have not completed a CRC and you plan to volunteer in anyway at BES this year you will need to do so as soon as possible.

need to do so as soon as possible Please see Ms. Satica for the form you will need to complete.
Please remembers



Mt. Vernon Message

will be the presenter for the show entitled Stringed Instruments. There will be a Family Resource Center Council meeting on Tuesday, Sep-ember 18 at 11:30 a.m.

mber 18 at 1179 a.m.

Poscu Wisdom narranos for last

Brother Eddic Nation, Pastor at

First Baptist Church.

Mary Ann Bullock, grandmother.

Hope Renfro, resource teacher.

Hopstery narrator was Ms. Pat

Allen, school secretary.

We would like to thank these

speakers for participating in this

worthwhile project. The quote for

this week is: "Courage conquers-all
things."

uns week is: Courage conquersait-things."
MVES would like to welcome Ms. Sherry Harper to our school. Ms. Harper attended Cumberland College where she received both her bekelor's and master's degree. She is a Re-source Teacher for fourth grade. Ms. Harper enjoys reading and spending time with her children, Morgan and Mallory. Welcome Aboard! Last week's at prize winner was

Mallory, Welcome Aboard!

Last week's art prize winner was
Andrew Robbins. Andrew chose
modeling clay as his prize. Congratu-

Andrew Robbins - runces - modeling clay as his prize. Congratulations Andrew!

Our artist of the month for September is Dalton Hutton in Mr. Roark's P3 classroom. Dalton's picture is entitled Mountain Valley Train, based on the story The Little Engine The Could.

In this landscape, the focal point is a colorful train passing through a mountain valley. Dalton used bright colors on the train to 'Carch your yee,' Dalton also used' overlapping to give the illustion of three-dimensional (201) pages. The sun is behind the control of the properties of the color of

Stephen Hopkins, a 2001 graduate of Rockeastle County High School, is one of ninety-five Kentucky 2001 Seniors receiving

Kentucky 2001 Seniors receiving the Kentucky 2001 Seniors receiving the Kentucky Department of Education Robert C. Byrd Honors Scholarship. This program rewards students who demonstrate outstanding academic achievement with a renewable, four-year scholarship to any accredited higher education institution. This year's federally funded congressional district scholarship amount is \$1,500.

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Art Prize





The reading corner in our Media Center is a favorite







## Program aims at making young cyclists safe cyclists

The latest annual statistics show 796 bicyclists were killed in crashes with motor vehicles. Most of the crashes involving cyclists under age 12 were probably caused by inatten-

Id were protoney seasons or mini-tiveness.

The Occlearity Middle The Occlearing Center Community Learning Center is teaming month Modern Woodmen of America to help teach young cyclists to be safe-cyclists, they will represent Modern Woodmen's Bicycle Safety Program. The program, endorsed by law enforcement officers, aims at helping children meet the challenges of safe bicycle rafing.

bicycle riding.

Local children are invited to participate in the program scheduled for September 15th at 9:00 a.m.-11:00

a.m. at Rockcastle County Middle
School. Bicycles will be inspected for
safety and riders will be inspected for
safety and riders will be inspected for
safety and riders will be tested on
their riding skills.
Participants receive a certificate of
participation, a spoke reflector and a
The Bicycle Safety Program reflects Modern Woodmen's concern
for children's safety. Modern
for sind remember of the safety of the
safety Modern woodmen's farternal
life insurance society whose home
office is in Rock Island, Illinois.
According to Jan Gill, Iocal Modm Woodmen of Kelland, Illinois.
According to Jan Gill, Iocal Modm Woodmen representative, the Bicycle Safety Program annually helps
over 160,000 young cyclists in the
United States become safe cyclises.
The program is provided free

United States become safe cyclists. The program is provided free of charge.

## Hammond participates in community project at Transy

Rockeastle County High School graduate and Transylvania University freshmen Republic Hammond headed to ampute alle Hammond headed to ampute a leaf to the community service projects as past of Transylvanias Trist-Year University of the Pristry Pear University of the Pristry of the Pris their new community and the group spends a full week working on vari-

Treshmen and 10 upper class student leaders completed 10 service projects during the week including volunteering at the Lexington Humane Society, The Rape Crisis Center and Shriner's Hospital. Students also took tours of other service agencies to learn about volunteering needs in the Lexington area.

"I really enjoyed playing with the children at the Shriner's Hospital and I loved washing the little punoies at

children at the Sinner's Hospital and I loved washing the little puppies at the Lexington Humane Society, "said the new Transy student. Hammond is the daughter of Larry and Rebekah Hammond of Mt. Vernon.



Transylvania University freshman Rachelle Hammond prepares her new furry friend for a walk.

Rockcastle County Schools
Menu
September 17-21, 2001
Breakfast
Monday: Gravy and biscuit, sausage or cereal, toast/jelly, juice and

milk.
Tuesday: Breakfast pizza or ce-real, toast/jelly, juice and milk.
Wednesday: Pastry or cereal, toast/jelly, juice and milk.
Thursday: Pancake or syrup or cereal, toast/jelly, juice and milk. Friday: Toasted cheese or cereal, toast/jelly, juice and milk. Lunch

toastyfelly, juice and milk.
Lunch
Monday: Salisbury steak with
gravy, mashed potatoes, green beans,
roll, dessert and milk.
Tuesday: Fish with bread or com
dog, mearorni and cheese, two vegcubles, jello and milk.
Wednesday: Pizza or sandwich,
graden satad, fruit and milk.
Thursday: flot dog or sandwich.
Friday: Italian dunkers,
breadsticks, salad, applesauce and
milk.

Rockcastle County Schools
Menu
September 24-28, 2001
Breakfast
Monday: French toast stick with
syrup or cereal, toast/jelly, juice and
milk.

milk.
Tuesday: Sausage biscuit or cereal, toast/jelly, juice and milk.
Wednesday: Bage/beese biscuit or cereal, toast/jelly, juice and milk.
Thursday: Poptart and cereal, juice and milk.
Friday: Scrambledegg, toast/jelly or cereal, toast/jelly, juice and milk.
Lunch

Lunch Monday: Spaghetti with meat sauce, salad, Texas toast, fruit and milk.

milk.
Tuesday: Sub sandwich, baked
beans, lettuce/pickles/tomatoes,
chips, pudding and milk.
Wednesday: Manager's choice.
Thursday: Hamburger, tehench
fries, lettuce/pickles, shape-up (frozen juice bar) and milk.
Friday: Chicken nuggets, potatoes, broccoli and cheese, roll, dessert and milk.

## 4th Annual Denim Beauty Pageant

Sept. 30th • Deadline: Sept. 26th • Open To All Ages No pageant experience required. All winners will advance to national pageant. 5 & 6 ft. trophies. Custom Crowns. Toys & Cash Awards.

For an application or more info. call:

606-598-1439

Email: heartsandcrowns@aol.com website - www.gocities.com/heartsandcrowns