Using Alternative Cleaning Products to Protect Indoor Air Quality



By: Hazel Jackson ounty Extension Ager nily and Consumer Sc

Some cleaning products can have a negative impact on the indoor air quality in your home by releasing chemicals into the air during produce use or as it dries. Household products that might create indoor air quality problems include disinfectants, waxes, air fresheners and cleaners.

disinfectants, waxes, air fresheners and cleaners.

To reduce the potential exposure to harmful air pollutants, consider using alternatives containing chemicals that are relatively tock free. You probably have the basic ingredients for many safer alternatives. Examples are learn juice, vinegar, baking soda, salt, ammonia, liquid chlorine bleach and borns.

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refrigerator to absorb food edors. Grind leftover lemon or orange peels to freshen the garbage disposal. Scrub bathrooms with washing soda or borax. To remove mildew or other stains from grout, apply to the surface a mixture of one-half cup of chlorine bleach and one cup of water, let it stand for five minutes

and rinse with clear water. For a ceramic tile cleaner, mix two tablespoons of trisodium phosphate (TSP) in a gallon of water and apply to tile and grout with a brush or cloth. Rinsing isn't necessary. TSP is available at hardware stores or observations.

available at hardware stores or pharmacies. Pharmacies. Pharmacies with a paste of baking soda, salf and water. Another method is to sprinkle with dry baking soda; let it stand for five minutes; and scrub with a damp cloth. Do no tel texture of the stand for five minutes; and scrub with a damp cloth. Do not be the company of the stand for the stand f

them to set. Use a non-metallic bristle brush for charred spills. To clean toilet bowls, pour in one-half cup liquid chlorine bleach; leave at least 70 minutes and serub evith a long-handed brush and serub care at least 70 minutes and serub colean toilet bowls. Several products commonly found in the home—will clean windows and mirrors. Add two bublespoons winegar to one quart water and apply with a common the colean toilet bowls. The service was the colean toilet brush to the colean toilet brush the colean to the colean toilet brush the colean solution on tablespoon white vinegar and three-fourths cup water put in a clean spray bottle.

Commonwealth of Kentucky 28th Judicial Circuit Rockcastle Circuit Court - Division II Civil Action No. 01-CI-00047

John E. Clontz Administrator of the Estate of John M. Bryant

Plaintiff

rvid Bryant, John C. Bryant, Clara Ross and John Ro

Defendants

NOTICE OF SALE

Pursuant to an order of sale entered in this action on August 24, 2001, will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky
At the Counthy. Sentucky
on Friday, September 28, 2001 beginning at the hour of 2 p.m.

Said property being more particularly bounded and described as follows:

on Hnoay, September 2e, ZUUI beginning at me nour of 2 p.m.
Soid properly being more particularly bounded and described as follows:
PARCEL A
Beginning on a post on the East side of 20' road leading from Bryart Ridge
road and corner to Oits Alexander; thence going with the line of Alexander's
87 O'ITSE, 370:00 feet to a post, 5 80 1705°C, 391 74 feet to a post corner to
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to a block ook N 07 0255°W, 23 37 feet to a dogwood corner to
No 180 feet to a block ook N 07 0255°W, 23 37 feet to a dogwood corner
N 83 2973W 275.58 feet to a blockop; N 88 0447°W, 102 85 feet to an iron prin
N 83 2973W 275.58 feet to a blockop; N 88 0447°W, 102 85 feet to an iron prin
N 83 2973W 275.58 feet to a blockop; N 88 0447°W, 102 85 feet to an iron prin
N 83 2973W 275.58 feet to a blockop; N 88 0447°W, 102 85 feet to an iron prin
N 89 1705 N 99 1705 N 9

roadway feeding from Bryann Ridge Road, thence with East side of roadway N 23 deg 3.25°F. [J. 60.0] best to an iron pin N 21 deg 4.35°F. 8.78 feet to an iron pin on the east side of road and corner to Roxanna DeBorde, thence with the line of DeBorde 5.75 deg, 5.95°F. 1.275 feet to a Step boy corner of Deborde and Lena Dister, thence with the line of 10 let 5.75 deg, 5.95°F. 1.24 feet to an roa pin, thence 5.30 deg, 5.50°M.1.44 folles to an iron pin, thence 8.78 deg, 0.118°W, 293.86 feet to a point of beginning Containing 10.78 cores by survey of Cougles Mullian, Registered Lond Surveyor no. 25°M.27 deg 1.25°F. 1.25

all be and remain a lien upon the property sold as adamental sweep.

3. Unpoid toxes or liens of record at the time of entry of judgment shall be add out of the proceeds of the sole.

4. The purchaser shall pay the 2001 local, county and state property taxes.
5. The purchaser shall have possession of the real property upon complises with the terms of the sole.
6. The sole shall be made subject to all eosements, set back lines, restrictions or covenants of record or otherwise and shall be sold as is.

Willie 3. Coffley, Master Commissioner

Rockcastle Circuit Court

To remove rust or lime deposits from outside windows, mix one-fourth cup cornstarch, one-half cup ammonia and one cup of vinegar in a jar. Since vinegar is a mild acid, it

might be necessary to wear gloves when applying this mixture. For more information, contact your Extension Service at 256-2403.

Agricultural News

Tobacco Supplemental
Payments Issued
Ieffery S. Hall, State Executive
Director of the Farm Service Agency
(SAA) in Kenucky, has anhounced
that FSA is now in the process of
issuing supplemental 2000 Tobacco
Loss Assistance Payments. The 2001
Agricultural Economic Assistance
Act, signed by the President on Au
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make supplemental gayment toper
sons who previously received a payment under TLAPOO.
Payment rates are: SO.106645
(Owner Part B; SO.085931 (Controller Part C); SO.085932 (Grover)
Tenant Part D). Total Payment
SO.278508 (Based on 2000 Quota).
Supplemental payment rates are
thirty-seven percent of the payment
ande in October 2000. Under the
initial TLAPOO payments, 148,145
payments were issued to Kentucky
farmers totaling S137,210.322.
Per additional information, contact your local FSA County Office.
Warrefolise Designation A Muss
Farmers are required to Inform
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card to the FSA office in the specific time period to request another mar-keting card. Producers who failed to complete

Producers who failed to complete or wish to change may designate pounds and sale locations during the redesignation periods of Cottober 1-5, 2001; December 3-7, 2001;

the county of fice available through arch 31, 2002.

March 31, 3802.
Stolen Tobacco
Burley tobacco producers are reminded according to regulations pertaining to stolen tobacco a police
report must be filed within 15 days of
the theft and be submitted to the
county FSA office. Filing the police
report according to regulations will
possibly avoid a penalty and or a
reduction of the next year's quota.

reduction of the next year's quotaSpousial Power of Attorney
Spouses, maylaign on behalf of
each other for FSA and CCC programs in which either has an interest,
unless written denial is on file in the
FSA office.
Payments Made to Producers
Reckeastle County producers participating in programs have recently
received payments for Production
Flexibility Contract (corn program).
Marketing Loss Assistance (supplemental payments to PFC) and the
Tobacco-Loss Assistance Supplemental payments (2000 crop year). All tal payments (2000 crop year). All payments have been issued.

Public Forum to be held

A public forum will be held at 7 p.m. on Monday, November 5, 2001 at City Hall in Mt. Vernon. A representative from the Renaissance KY program will be in attendance. He will make a presentation to Mayor Karen King, City Courleil, and community members, to introduce and familiantze everyone with the program. The public is encouraged to attend. Volunteers from the community are needed for this program to be suecessful. Input and community cooperation are a necessity for this pro-

gram to be successful. The main goal of Renaissance KY is to beautify Main Street in Mt. Vernon, thus improving our community.

There are three levels to achieve. Hornez: Silver and Gold. Rockeastle County is at the Bronze level and have already received \$5,000 from state funding. We are currently trying to achieve Silver level, and intend to finally achieve Gold level. The higher level we achieve, the larger the amount of money that becomes available.

This program was started by Gov-ernor Paul E: Patton, to provide state-wide finding to cities to make im-provements and beautify Kehtucky-communities. Please make an effort to attend. All input and cooperation from the public will be beneficial and appreciated.

Groups typically represented in successful local downtown revital-ization programs include merchanes, roperty owners. Chamber of Com-merce e, financial institutions, civic clubs, historic societies, schools, media, city and county government, historic preservation organizations and community members.

In and Around Mt. Vernon

Ms. Dorothy Rideout of Henderson visited her mother, Lillian Anglin and brother Bobby Anglin

Anglin and brother Bobby Anglin recently.
Mattie and Danny Petrey of Somerset and her mother, Willie Burton visited Many Roberts at Rutledge. Tenn. recently.
Rebecca Carol Hurley celebrated her first birthday September 16th. We wish her many returns of the day.
Deepest sympathy is extended to all that have lost loved ones locally and also those in New York, Washington, D.C., and Pennsilvania. May the Lord conflort each one: We need to pray for our country and our lead-

Ms. Linda Eaton and mother, stricia Holland visited Mr. and Mrs.

E Burton

Kevin Coulter at Mooresville recently.
Ms. Rissie Wright celebrated her
birthday one day last week. We wish
her many returns of the day.
Vallie Burton has returned home
after spending a few days with Mr.
and Mrs. Danny Pettrey of Somerset.
Mr. and Mrs. Chafic Zenni and
vits of Cincimanii. Oh. and Mr. and

girls of Cincinnati, Oh. and Mr. and Mrs. Danny Petrey of Somerset visited Ms. Vallie Burton Sunday after-

mon.

Ms. Linda Eaton visited her daughter, Mr. and Mrs. Kevin Coulter of Mooresville, Sunday.

Ms. Lori Eaton and children and Patricia Holland were in Lexington



For Sale - Livestock Protection Dogs

Italian: Maremma - Abruzzese
"Good with cows, sheep, goats, horses & kids"
Great Family Companion

Christmas Week Pups Special Price - \$150 each (Male & Female) Send \$50 to hold pup for you and pay \$100 when you pick up pup!

Pup will be \$200 for those who do not reserve one!

Call Dodg Brock

606-758-8621 Days or 606-256-3171 Nights Parents are working dogs on Brock's North Hill farm

12TH ANNUAL

FREE ADMISSION

BITTERSWEET

FESTIVAL OCTOBER 5TH AND 6TH

in Historic Mt. Vernon - Rockcastle County, Kentucky

"A FAMILY AFFAIR"

EVENTS

Vendor Booths Pageant Street Dance and contests 5K BitterSweet Run Kid's Fun Run Horseshoe Tournament Nail Driving Contest Family Fun Time

Contests, Prizes, Storytime Parent/Child Look-a-like Contest **KY State Police**

Fatal Vision Goggles Parade Gospel Time

SP the Robot and

1-75 Speedway Cars **Talent Contest** Cook Book Recipes

ENTERTAINMENT

"Legal Limit" Band Ronald McDonald Carol Kirby The Desert Wind Band Conway Baptist Youth Matt Cromer Heather Adams Denver & Mattie Miller Bittersweet Cloggers

AND MORE

FRIDAY NIGHT

"A Tribute to America"

or more information call any festival committee member Carol Kirby 806-256-3284 or 606-878-8000; Janet McClure 606-256-3691. Sherry Hansel 606-256-4428, Teresa Bussell 606-256-3620, Sharon Thacker 606-256-5944, Lisa Smithern 606-256-3343, Minnie Kirby 606-256-0526