

Kentucky Extension Homemaker Week

By: Hazel Jackson
County Extension Agent for
Family and Consumer Science



Extension Homemakers Week is being celebrated across Kentucky from October 8 through October 14. In Rockcastle County, some Homemaker members are displaying yard signs at their home.

Extension Homemaker clubs meet each month for an educational lesson and fellowship. The goal of Extension Homemakers is to enhance the lives of members and their families. Valuable leadership skills are gained by members through leadership opportunities at the club, county, area and state levels.

Rockcastle County has 100 Extension Homemaker members and 5 clubs across the county. Clubs at Brodhead, Conway, Quail, and Livingston have evening meetings. A new club at Mt. Vernon meets during the day-time.

If you are interested in becoming active in an existing club, or if you would like to help start a club in your community, just call the Extension Office at 256-2403. County-wide Homemaker membership is also available for individuals unable to attend regular club meetings.



The County Extension Homemaker officers for the 2001-2002 year are from left: Virginia Hansel, secretary; Noreita Thompson, president; Millie Eaton, vice-president and Brenda Powell, treasurer.

Expanded Foods and Nutrition Program

The Kentucky Expanded Food and Nutrition Education Program (EFNEP) goal is to help people acquire nutrition knowledge, improve skills, and change behavior necessary to achieve better health and well-being.

EFNEP nutritional programs are offered through meetings in the home, camps, schools and other organizations.

If you are interested in improving your nutritional status, getting the most for your food dollar, learning

how to improve food storage or improve food safety, please contact Brenda Saylor or Patsy Morgan at the Rockcastle County Extension Office, at 256-2403.



Brenda Saylor and Patsy Morgan

Agricultural News

By: Warden Alexander, FSA Director

Tobacco Grower Meetings
The Burley Tobacco Growers Cooperative Association will host regional meetings to discuss what's happening in tobacco. Come find out more about these important topics facing you today:

- Tobacco Quota Buyout
 - Tobacco Industry Outlook
 - Contracting and the continuation of the Auction System
 - FDA Regulation and more!
- All meetings begin at 7:00 p.m. according to the local time zone.
- Monday, October 29th - Center for Rural Development of Somerset
 - Tuesday, October 30th - Fayette County Extension Office of Lexington.

There's a whole lot going on in tobacco these days. Come hear the latest news from "the Pool" and share with us your thoughts about tobacco. For more information, please call the Burley Co-op at (800)880-3561 or email at sara@burleytobacco.com. See you there!

Phase II Update
Phase II applications were to have been completed and returned to the Tobacco Trust Settlement on September 15, 2001. The FSA office has received the 2001 Phase II Payment Register and producers should have received their letters of certification for payment.

Producers who wish to dispute or to amend their applications should do so by (October 15, 2001) completing the Disputed or Amended application for the 2000 crop year. These forms are available at the local FSA office.

Warehouse Designation
Legislation now requires all farms with an effective quota greater than

zero to file a designation of pounds to a specific warehouse, receiving station or dealer with which they intend to market tobacco by filing a form FSA 808.

The current designation period began October 1st and will end October 5, 2001.

Producers who have not designated or those who designated and wish to change their designation are reminded to do so by October 5th. If you miss this designation period you must wait until the next designation period which begins on October 29th.

County Committee Election Coming Soon

The FSA office would like to announce the deadline for accepting COC nominations for the upcoming election will be October 29, 2001.

The nomination form signed by the nominee is needed to nominate a farmer-candidate. The form includes a statement that the candidate agrees to serve if elected.

Committee members are a critical component of the day-to-day operations of FSA. They help run FSA farm programs at the local level. Farmers serving on the committees help decide the kind of programs the county will have and how they will run helping to make FSA agricultural programs fit the needs of local producers.

The election will be held November 21 through December 3, 2001.

Spousal Power of Attorney
Spouses may sign on behalf of each other for Farm Service Agency and Commodity Credit Corporation programs in which either has an interest, unless written denial is on file in the FSA office.



Shown are some of the Extension Homemaker members who attended the annual Rockcastle County Homemaker meeting on October 4th.

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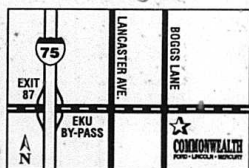
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'99 Toyota Avalon XLS	\$20,980	'99 Ford Crown Victoria	\$9,995	'98 Ford Ranger S/C 4x4	\$12,980
'97 Lincoln Continental	\$16,980	'96 Mercury Sable LS	\$9,995	'95 Ford F-150 XLT 4x2	\$11,980
'00 Toyota 4x4 Pickup	\$16,980	'98 Toyota Corolla LE	\$12,995	'97 Ford Crown Victoria	\$11,995
'01 Mercury Sable LS	\$16,980	'00 Mercury Mystique	\$12,980	'98 Chevrolet Lumina	\$9,980
'98 Ford Mustang	\$11,999	'00 Chevrolet Monte Carlo LS	\$15,999	'97 Ford Ranger XLT	\$8,980
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