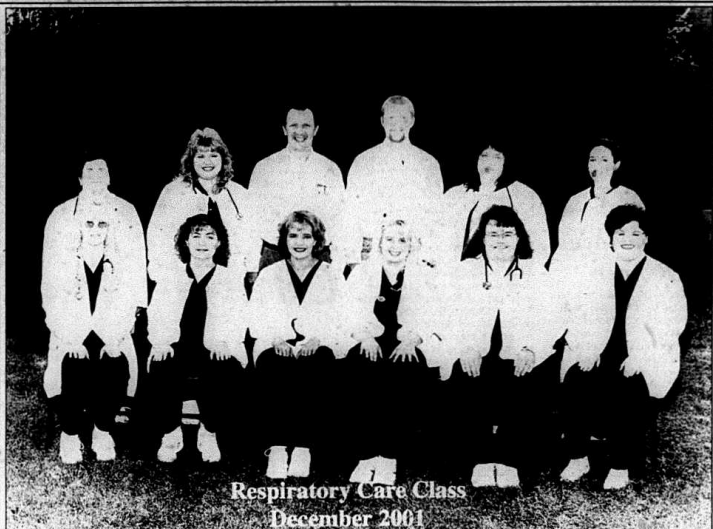




**Respiratory Care Class
December 2001**

The Laifrel Tech College-Rockcastle Campus Respiratory Care Class of 2001 will be holding their pinning ceremony on Friday, December 14th at 6:00 p.m. The ceremony will be held at the Rockcastle County High School. Pictured above are front row: Patsy Hines McFall, Crystal Brown, Michelle Maggard, April Wilson, Renaye Hutchins and Dana Junker. Back row: Ruth Cornelius, Jody Long, Carl Baker, Scott Thompson, Pam Blevins and Stephanie Shelby.

Make holiday cards sparkle with glow of holiday postmarks

You've searched long and hard for the perfect holiday greeting card. You want to be sure each one you send carries a special message during this season of hope and celebration.

The United States Postal Service can make your holiday greetings even more special with authentic holiday postmarks from places like North Pole, AK, North Pole, NV, Santa Claus, IN and dozens of other locations from coast to coast.

It's easy. It's quick. And, best of all, there's no extra cost for this unique holiday service. Here's how it works:

- Enfold your stamped, addressed greeting cards in an outer envelope or box labeled "Holiday Greeting Card Remailing."
- Place sufficient First-Class Mail postage on the outer envelope or box to cover its weight (you can find First-Class Mail postage rates at our website, www.usps.com).
- Address the package to the postmaster of the town where you would like your cards postmarked.
- Mail early enough for your cards

to be postmarked, remailed and delivered on time for the holidays.

That's all there is to it. The hardest part will be choosing the right one for you.

Letters to Santa - and other holiday mail - can be given right to your letter carrier at your door, rather than placing it in a collection box or making a special trip to the Post Office. And, as always, families who receive curbside delivery, can put their mail in their mailbox for pickup.

An American Tradition...for More Than 2 Centuries

That's the United States Postal Service. It's provided the people of America with trusted, secure and universal mail service since 1775. Delivering more than 207 billion pieces of mail each year to 135 million homes and businesses, the men and women of the United States Postal Service handle 46 percent of the world's mail volume. We deliver for you.

For more information contact Postmaster Kim Owens at 256-2717.

Thank You

We the members of the Mt. Vernon Fire and Rescue would like to thank the Livingston Fire Dept., Rockcastle Sheriff's Dept., Kentucky State Police, Rockcastle Ambulance Service, Laurel Co. K-9 Response Team, neighbors and family that assisted in the search and recovery on December 3rd and 4th of a 22-year-old female and 6 months old child that were lost in the Mullins Station area of Rockcastle County. Everyone's team work paid off well with the rescue of the two that had been lost for approximately 12 hours. We appreciate all that responded and participated in the search.

Thank you, Mt. Vernon Fire & Rescue

Benefits Plus Rep will be in Mt. Vernon December 11th

Dahlia Haas, a benefits specialist with Social Security's "Benefits Plus" program, will be in Mt. Vernon on Tuesday, December 11, to provide benefits counseling to persons with disabilities who want to know how employment earnings can affect their Social Security cash benefits, Medicaid and/or Medicare.

Ms. Haas will be at the Christian Appalachian Project (CAP) Outreach Office, on Williams Street across from Mt. Vernon Elementary, from 10 a.m. to 2 p.m. No appointment is necessary.

The "Benefits Plus" program provides information on Social Security work incentives to Social Security beneficiaries and recipients ages 14 through 64. Representatives offer individualized counseling to help individuals make informed decisions about entering or returning to the workforce. Services are provided free and with no obligation on the part of the consumer.

If you have questions about "Benefits Plus" or would like to meet with Ms. Haas at another time, call Jane Orlert, Project Coordinator, toll free at 1-877-266-2807 (voice and TTY).

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**Email the Signal at
mvsignal@sun-spot.com**

Special Give-away

A \$50.00 purchase of Boyds Bears or Ty's Beanie Babies combined will permit the purchaser to receive free of charge, Boyds Mohair Bear, Teddy B. Bear.

Only one bear given per customer regardless of the amount purchased. This special give-away is good as long as supply last.

**Hiatt's
5&10**

Main St.
Mt. Vernon
606-256-2691

Our Readers Write

Dear Editor,
I'm writing this because of what I saw last week as I traveled Mayapple Road. There is a big garbage dump at an old abandoned hut. People are bringing garbage there and throwing it over the fence into the yard.

As of now there is a couple of truck loads there and growing. I saw a rat crossing the road as big as a house, cats and dogs are really making a mess by dragging it all over the place.

This dump is at the intersection of Mayapple and Three Oaks Road. I hope some one looks into this as it is a real health and fire hazard.

Thank you,
Pursey Pug
Mt. Vernon, KY

Dear Editor,
Hats off to the policemen of Rockcastle County. They put their

lives on the line daily trying to protect us from all manner of craziness. Where would we be if those guys were not out there stopping suspicious good citizens calls of distress?

Would Mr. Unpuffed and Mr. Nicely come out in the middle of the night to stop a burglary or attempt to subdue some drug-crazed maniac? Would they endanger their own lives to protect an abused woman or child? I doubt it.

So maybe the police make a mistake every now and then. Their human, but they still get my vote. Go Rockcastle's Finest and God be with you!

Sincerely,
Lee Howard
Mt. Vernon, KY

**Subscribe to the
Signal (606)256-2244**

Brodhead Christmas Parade and Santa's Arrival, Saturday, December 8th 4:30 p.m.

Please meet at the Brodhead Grade School at 3:30 p.m. Saturday, December 8th to start lining up for the parade.
Looking forward to your participation.

There will be clogging by the Bittersweet Cloggers starting at 3:30 p.m. in town while we are waiting on Santa to arrive. The Rockets Football Team will be the Grand Marshals for the Parade.

Hang around after the parade and we will have a drawing for prizes. Get your tickets at the following locations: David's Tire Center, Long's Automotive, Norris's Flower Shop, Rockcastle Pediatrics, Citizens Bank, Dairy Mart, Rose's One Stop, Tobacco Barn Collectibles, Dairy Delite, IGA, Earl's Place, Celena's and Marsha's Florist.

Movie Shack

There will be a drawing for the **Grand Prize of \$100 Cash** to be given away at the end of the drawing given by Danny McKinney of Brodhead Farm Equipment. Several business's in Brodhead are participating in giving away lots of great prizes so come on down and see what you can win!

The following is a list of some of the prizes to be given away: \$50 Gift Certificate from Marsha's Florist; Porcelain Doll from Earl's Place; Free pediatric exam with lab work included from Rockcastle Pediatrics; a Collectible Boyd's Bear from Norris Country Peddler; \$25 Gift Certificate from Rose's One Stop; Free Gas from Dairy Mart; \$50 Gift Certificate from IGA; Oil Lube up to 5 qts and a combination battery from David's Tire Center; 124 Scale Chad Little #97 John Deere/Nascar Replica from Tobacco Barn Collectibles; Pet Collar from Pampered Pooch; Fax Machine from D & S Computers; Gift Certificate from Brock Studios; Oil Change Grease Job and Tire Rotation from Whitt's Service Station; Box of Chewing Tobacco from Tobacco Barn; 50lb Bag of Nunn Hippo Dog Food; 50 lb Bag of Black Sunflower Seed, and 25 lb bag of wild seed from Adams Feed Supply; Quilted Comforter donated by John and Faye Holbrook; Clock donated by D & M Liquidators; 1/2 Bushel Basket of Fruit and nuts from Taylor Produce; 6 medium pizzas from Dari Delight; Rely-On Digital Blood Pressure Monitor from Collin's Respiratory Care; Hair Essentials from Celena's; Six \$50 Bills from Citizens Bank, City of Brodhead giving a turkey, \$20 cash from Movie Shack

Job Quest

General Information

- ✓ Job Quest is designed to assist youth ages 14-21 in setting both educational and career goals through a vast spectrum of services.
- ✓ Job Quest will make available to the youth/young adults linkages with both Job Corps and One-Stop Centers to provide:
 1. Outreach and recruitment
 2. Assessment and skill identification
 3. Job placement
 4. Tutoring and/or study skills training
 5. Alternative education
 6. Summer employment
 7. Paid and unpaid work experience
 8. Occupational skills training
 9. Leadership development
 10. Supportive services
 11. Adult mentoring and/or job shadowing
 12. Follow-up services

**Sign-Up for
Job Quest
Between
11/12/01-12/7/01**

**You could win an
Emerson CD Player!**

WHAT JOB QUEST CAN DO!

For Youth

- * Provide work experience
- * Academic Enrichment
- * Leadership Development
- * Development of a systematic career plan
- * Supportive Services

For Employers

- * Paid work-based learning (limited slots and hours available)
- * Save money on the cost of hiring
- * Pre-employment screening
- * Job retention services
- * Find qualified workforce

For the Community

- * Provide support and assistance in developing disadvantaged youth by preparing them for future employment

**For further information
contact Kyle Rader,
Job Quest Coordinator,
or Rachel Johnson, Job
Quest Clerical Assistant
at (606) 256-4816.**

Funding provided by the U.S. Department of Labor through the Cumberland Workforce Investment Board, administered by the Lake Cumberland Area Development District, Inc. with Workforce Investment Act Title I monies, an Equal Opportunity Employer/Program and auxiliary aids and services are available upon request to individuals with disabilities.