### Drycleaning at Home

By: Hazel Jackson County Extension Agent for amily and Consumer Science



ragrance, eral, most of the products on freshening or removing



with the B.Co. 1/149th Inf. (M) in Lor

# 4-H Clothing Projects

By: John McQueary County Extension Agent for 4-H/Youth Development

be at the first meeting. The first meeting will be over at 4:30. The sewing projects will be combined.

Following is the date and location of the first meeting at each school: Tues. Feb. 19-Brodhead Elem. Wed. Feb. 20-Roundstone Elem. Thurs. Feb. 21-Mt Vernon Elem. Note: Middle School students may meet with the elementary school of their choices.

their choice.

After the first meeting, the schedule will be as follows:

March 4 - 7 — Brodhead Elementary March 11-14 — Roundstone Elem.

hase these units ing. 4-H'ers will choose ing at the first meeting, and far a cost of \$1.25.

in this 4-H pro

the permission child by the E

## Genetic improvement cost-share program

By: Tom Mills

inty Extension Agent for Agriculture/Natural Resources

The Rockcastle County Cattlemen's Association is ploused to announce that local beef and diary producers will be eligible to share in \$100,000 from the Phase I tobacco settlement funds. Applications for a Genetic Improvement. cost-share. to announce that local beef and diary producers will be eligible to share in \$100,000 from the Phase I tobacco to the producers will be eligible to share in \$100,000 from the Phase I tobacco to the producers will be taken January 15 concerns the program will be taken January 15 concerns the program will be taken January 15 concerns the program guidelines. Funding shall not exceed \$1,250 per, farm operation per form operation per forming sycle may be eligible for cost-share. Ownership must be maintained for a misimum of two successive breeding seasons, on in the same continued to the program meet the program of the program of the program of the program of the production seminars to assure they understand to attend 2. hours of production seminars to assure they understand to attend 2. hours of production seminars to assure they understand to attend 2. hours of production seminars to assure they understand to attend 2. hours of production seminars to assure they understand to attend 2. hours of production seminars to assure they understand the production of the production seminars to assure they understand the production of the production seminars to assure they understand the production of the production seminars to assure they understand the production of the production seminars to assure the production seminary to the production semina

be the top 25% of the breed calving ease or birth weight EPD's.

Terminal cross bulls are for second growth in feeder ealf production. Keeping back replacement heifers is discouraged when ughg these bulls. Calving ease. EPD and birth weight EPD's are used to eliminate between 10% of .British breeds and worst 15% of Continental breeds.

Balanced trait bulls are used for feeder ealf production realizing that

Balanced ratio bulls are used for feeder call production realizing that replacement hefers will be retained. EPD's for milking ability as well as calving ease, wearing weight and yearling weight, are important in Dairy bulls and semen are based on net dollar value. To help farmers, an Area Dairy Production Meeting will be held on January 15, 2002, beginning at 19:00 a.m. at Lincoln County Extension Service.

The Genetic Improvement Program, like all programs funded by the Phase I obsacco settlement program, is, a matching cost-share program to assist farmers in placing better genetics into their herd. Please consult the application for complete details.

Please consult up and a producer meeting to explain qualifying EPN's for each breed will be held on Thursday, January 24\* at 6:30 p.m. at the Extension office. State rules' require each producer purchasing bulls or semen to attend.



The Family Room By: Dr. Roy Don Whitehead

Here Is a Top For You

Here Is a Top#or You

Would you like to have a job that
pays \$2.00 am hour and in which you
must endure unpleasant treatment
and sometimes verbal abuse? You
can have just such a job, you know.
All you have to do is become a waitress.

ress...
Wairresses (and waiters) have my admiration. I have seen them handle unruly customers shad those who were downright rude. I have seen them smile and say nothing when accissed of all manner of evildoing. Waitnesses put up with more unpleasant people than most of us ever encounter.

Something about restaurants ems to bring out the worst in some

seems to bring out the worst in some peeple.

Perhaps it is because they are hungry and tired. Perhaps it is because of their squalling children who cannot be calmed by adiy method. Whatever the reason, some folks give wateessee a hard time.

I know that there are bad wattresses. However, many times the problem is not cooked as you want it, that is not her fault. If your food arrived cold, that may not be her fault either. In most cases however, she is the one who gets the blame.

ame.

Perhaps you are surprised to disver that many waitresses are paid
ss than \$3.00 an hour. You thought
inimum wage applied to everyone,

her?

Well, it does not apply to wait-Well, it does not apply to wait-resses, The government in its wis-dom did not apply the minimum wage to waitresses, figuring that THEY WOULD MAKE UP THE DIFFERENCE IN TIPS. I learned the importance of tips in 1973. J. Peld several different jobs while going to school in New Haven. Connecticut, and that year I down at taxicab. I was also paid less than

minimum wage on the assumption that tips would make up the differ-ence. I can tell you that sometimes they did and sometimes they did not. Some people tip better than oth-ers. I was told by other cabbies and quickly learned on my own that Yan-kees tip better than Southerners. (As a Southerner it pains me to admit this.) When a plane arrived at New Haven Airport from a southern city, cabbies knew that the tips would not

be as good. I do not know why this was, but I hope it is no longer true. My one claim to fame as a cabbie

My one claim to fame as a cabbie is that I gave county maiss star Charley Fride a ride from the airport to his downtown hotel. Charley was great. He was delighted to find that I was from Kentucky aid interested that I was studying for the ministry. We talked country music the whole trip, and he thanked me when we got to his hotel.

I am unable to say such nice things about the gentleman who was with him.

about the gentleman who was with him.

The associate paid the fare and then held out a dollar bill for a tip (a big tippert). When I reached for the tip, he pulled it away from me. He held it out again, and when I reached for the propose this washis idea of a joke. I was not amused.

The moral of this story is appreciate your waiters and give her a good tip. How much should you tip? Fifteen precent is about right. For a

good tp. Now much should you tp? good tp. Now much should you tp? good tp. Now much should you tp? ten-dollar meal the tip would be \$1.50. It is certainly appropriate to give an even larger tp when the ser-vice has been particularly good. Fifteen percent does not amount to a lot of money, but it may make a big difference to your waitress. If sho is supporting two children on \$5.00 an hour plus tips, every tip makes a difference. She can almost certainly use the money, so be generous.

#### **Posted**

No trepassing on property belonging to Mildred Delores Saylor located on 30 Daily St., Mt. Vernon. Violators will be prosecuted:

Elaine Brummett, R.N. Level I Reiki Practioner Stress Reduction, Relaxation Therapy Tues., Thurs., Sat. appts. 606-758-8431 lerummett@hotmail.co

Home dry cleaning kits have been on the market now for reveral years on the market now for reveral years (IFI), premier trade association for against care, utilized its resparch and testing expertise to gaugh the effectiveness of home drycleaning kits, and found that in general they did year of summer. Hey also carnot remove ground-in soil. These products can fireshen garments present they removing odors and imparting a pleasant fragrance.

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