Why is best tow matrition important to pre-enting call socurs. The majority of fetal growth occurs 70.60 days prior to calving. Since reproduction is so important to the cove, she will shift nutrition to he developing calf. If adequate mutrition is not available, this shift will occur at the expense of the cow long body weight and low-grotein force whort natives.

Low energy and low-grotein force whort natives. The call of the control of

memunity.

Research studies have looked at cows being feel low energy four protein dies starting foll days before the studies and the starting feel for the starting or adequate matrition 30 days prior to calving Cows feel low energy flow protein rations for the last 100 days, before calving had been studied at 14 days old, 71% alive at weening with 19% of death loss due to secture.

For cows which were moved to

for cows which were moved to adequate nutrient rations 30 days prior to calving: 100% calves alive at

for dry cows. However, only 3 hays which contained some type legitimes could meet the cows nutrient needs 30-60 days before calving. Of the hay samples, forty two would require supplemental. Feel just prior to calving and even more following calving due to much higher demands.

demands.

Farmers wishing to participate in
the Genetic Improvement Cost-Share
Program to purchase bulls or semen
should plan on attending a require

# birth: 100% alive at 14 days: 100% alive at wearing; 0% death loss due to secure. Library News

on Thursday, January 10, the Rockcastle County Public Library was the recipient of a new Hagole dedicated by the Rockcastle County Kiwains Cub in memory of Kiwains (Lub in memory of Kiwains (Lub paid for the 20-foot flaggole that was installed with denated materials and volunteer labor. Donated by Woodmen of the World, the flag was presented by representative, Jan Gill. The Library Board and staff wishes to thank all that had a part in this.

We continue to serve your mational peeds.

n this. continue to serve your infor-al needs, as well as your read-joyment. There are several

books in the adult library stop in and check them out. "The Cat Who Went Up the Creek" by Lillian Jackson Braun, "Smoke In Mirrors" By Jayne Ann Krentz and "Acorna's Search" by Ann McCaffrey and Elizabeth Ann Scarborough. We also have the state and federal tax forms with instructions.

state and federal tax forms with in-structions.

Story hour is once again a part of the schedule here in our Children's Library. The holidays are over and we are back on our regular schedule of programs. Pre-schoolers are welcome accompanied by an adult every Tuesday at 1:00 p.m. The hour consists of reading, singing, counting, crafts and a snack.

Come on in and make the connection @ you'r library!

#### y, January 17, 2002 Pg. A7 New 4-H/FFA Club to form

The years and farm families of Rockazult County we invited to the first meeting of a new club being organized through the joint efforts of Rockazulte County 4-H and Future Farmers of America. The first meeting will be held on Monday, January 28, 2002, beginning at Colo pm. in the Rockazulte County High School Agriculture Department clasuroom. The first meeting will explore community interest as well as exploring new importance of a control of the contr



Childcare Provided!

Childcare will be provided on Wednesdays from 5:00-8:00 p.m. and

on Saturdays from 9:00-12:00 noon by Glenna Carter.

Need to Make Up a High School Credit? Let us Help!

Karate/Self Defense

Mondays at Rockcastle County High S 3:00-5:00 p.m. in RCHS Gym (upper la instructed by Chris Firth Work your way toward a black belt! Classes are FREE

Offered 3:00-5:00 pm on

Mondays and Tuesdays. Offered to RCHS students who need to make up credit for a high school course See Trins Bustle or Dans Singleton for more information or call (606) 256-4816.

### 21ST CENTURY COMMUNITY LEARNING CENTER

Rockcastle County High School Rockcastle County Area Technology Center

# Class Offerings

f there is no school due to inclement weather, all classes and activities with 21st Century Community Learning Center at RCHS/RATC and Community Education are

Need more information contact:

Trina Bustle, RCHS 21" CCLC Site Coordinator - (606)256-4816
Ralph Baker, RATC 21" CCLC Career Counselor - (606) 256-1111
nny Sweet, RCHS/RATC 21" CCLC Career Counselor - (606) 256-1121
Kathy Bobo, Community Education Coordinator - (606)256-2125

## Learn Basic Windows & Computer Skills for Adults!

Teens Against Tobacco Use

For more information contact Trina Bustle at (606) 256-4816.



# Student Anger Control Classes

Learn how to control your anger!

other week on Fuesdays beginning January and continuing until May 2002, 3 00 5 00 p Instructed by Terry Hinkle

#### Life Skill's Class

kcastle Area Technology Center

Shuttle bus provided from RCHS to RATC at 3:00 p m. Bus transportation provided to home at 5:00 p m. Register by calling fielph Balser at (808) 256-1111



KAPLAN ACT PREP COURSE

IN ROOM #122 AT RCHS ACT TEST

This club is for any student who would someday like to own their business

Entrepreneurship Club!

On Tuesdays from 3:00-5:00 p.m. in Room #020.

Upgrade Your Technology Skills! **Basic Internet Class for Adults** 

Classes are held on Mondays, 6:00 p.m. - 8:00 p.m. at Rockcastle County High School



Mondays and Tuesdays Beginning January 21st from 3.00-4-30 p.m. with Mr. David Middle in room #030.

For more information or to sign up see Trina Bustle or call (606) 256-4816.



Get the information you need to successfully confplete your ACT exam or improve your current score!



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Thursdays from 5:00-7:00 p.m. at RCHS in Room 122.



On Mondays January 14, 21, 28, 2002

444





Christian Appalachian Project's Camp Andrew Jack lavites you to join us for our Winter Teen Retreat
\*\*Bridge the GAP\*

e join us at Camp A.J. for a fantas an growth and fellowship. Activi s, hiking music, a talent show an

ee, riiking, music, a calent show February 8-9 Friday 5:00 p.m.—Saturda Cost is only \$\$.00 Saturday 3:30 p.m. uly \$300



Mondays

3:00-5:00 p.m. in Room #031 with Mrs. Judy Bradley.

For more information see Trina Bustle or Judy Bradley or call (606) 256-4816.

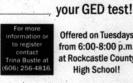


**我我我我我我我我我我我我我** 

Intro to Parenting: Nutruring, Rules, Routines & Supervision—January 28 Child Development—February 11 Discipline & Behavior Management—Murch 18 Family Conflict/Substance Abuse—April 8 Parenting Teens—April 22

Adult Parenting Classes

Mondays, 6:00 p.m.-8:00 p.m.
RCHS Library



Offered on Tuesdays from 6:00-8:00 p.m. at Rockcastle County High School!

**GED Tutoring** 

Be prepared for

