



Points East

By: Ike Adams

The Wine Saps are Getting Ripe
Here and there throughout the mountains on old farmsteads stands a weathered, withered Wine Sap apple tree or maybe several; still grooved in what might once have been an orchard. Had they been watched over and pruned with any tend of care the limbs would be hanging full just now and ready for the picking. Carefully handled and unbruised, they would keep in the cellar hard and crisp and juicy until early next Spring.

Now most of their limbs are dead. We, here east of the Mississippi, depend mostly on Washington State to send us nice fresh apples and they are mostly of the Starkes varieties. I

wonder how many people even know what a Wine Sap is. One late-April Saturday morning near the break of day in 1968 or 69 I had stumbled and probably fallen half a dozen times to get to the mouth of Grassy Creek where it runs out of Virginia into the Levisa Fork of the Big Sandy River. I was a college student at the time, more focused on Richard Brautigan's "Trout Fishing in America" than romantic literature and Grassy Creek was my ever beckoning.

The lower reaches of the stream, just before it ran into the river, required a rugged half mile trek and 5 or 6 criss-crossings of knee-deep, algae covered lime stone, crossing ah

deluge designed by God or the devil too bruise and soak if it did not drown you. Take a fall and you were going wind up downstream somewhere soaked and battered.

I managed to negotiate the stream that morning without serious incident and reached my favorite stretch of water believing that I had it to myself. In fact, I'd never had it otherwise when there, at the head of my favorite pool, I found an old fellow casting with an ultra light spinning outfit into the eddy of the pool. He caught a nice rainbow and saw me as he netted it and motioned for me across the stream.

He was dressed mostly like me, in a pair of old jeans and some gym shoes with felt taped to the bottom to keep from slipping. A kaiki shirt and baseball cap and an old weather-beaten willow creel dangling off his shoulder. I didn't have a creel because I generally string my keepers on a bush limb or put them in a vest pocket.

I had hot coffee and he had what I took to be a thermos jug so I waded over as he gutted his fish and put it in his creel along with two others he'd already caught. The only thing more beautiful than a rainbow trout stretched out over moss in a creel is that same rainbow trout properly placed in a cast iron skillet and fried

in real butter and sprinkled with pepper so it's fit to eat.

"Wallace Ratliff is my name and I'd be proud to know yours." I told him mine and we'd shaken hands and talked about the fishing. "Have a drink of my cider."

Wallace had already poured himself a cup of my coffee and swallowed it down so I took his container in hand and noticed that it was a quart jar wrapped in a piece of wool. I took a sniff and it smelled like cider so I guzzled down probably a full cup before I realized my mistake.

"I was gonna warn you but you was too thirsty but that there is about 180 proof cider. It's been boiled a couple of times. You ever hear of wine sap apples?"

I told him I had and Wallace said to me, "They weren't named that way for nothing. They bout the best eating apple you ever had but it's that juice that give em the name. All apples got cider. These the only ones that got sap and you have to still the cider out of it."

The Wine Saps are in right now, if you can find em, and they are the finest apple I've ever tasted. Wallace Ratliff took his "Granny Fighting Cider" recipe to the grave a few years ago but he knew how to turn them into a unique product. Forgive me, but I'm thinking economic development at the moment—

turn to the abuser. This is very normal behavior, and in this class I will help you understand why this happens. You will learn more about the causes of domestic violence and what you can do to help. This class is for victims of domestic violence and for those who try to help them.

The third seminar is When Religion Gets Sick, to be presented on Thursday, November 14 from 7:00 to 8:30 p.m. Religion continues to be a source of strength for many people. Unfortunately, religion can sometimes be harmful as well as helpful. Religion can teach unnecessary guilt, rigid legalism and rule worship that has little in common with what Jesus or the prophets taught.

People come to me for counsel-

ing who are victims of unhealthy religious teaching. The effects of this kind of teaching can last for years. I am interested in helping people trade in the guilt and shame for a religion of freedom and joy. (WARNING: Rumor has it that Dr. Whitehead will play guitar and sing at some point during this workshop.)

TO REGISTER CALL 679-4134 OR 1-877-PASTOR-8 AND HAVE YOUR VISA OR MASTERCARD READY. OR SEND A CHECK TO ME AT 402 COOMER ST., SUITE 204, SOMERSET, KY 42303. REGISTER FOR ONE SEMINAR FOR \$20 OR TWO SEMINARS FOR \$35. THERE IS NO CHARGE FOR THE DOMESTIC VIOLENCE SEMINAR. PLEASE REGISTER IN ADVANCE FOR ALL CLASSES.

Bittersweet Festival Baby Contest

October 11, 2002 • 6 p.m.

Categories:

0 - 6 mos. • 6 - 12 mos. • 12 - 18 mos.
18 - 36 mos. • 4 - 6 years

Applications can be picked up at the Ashlee's House Shelter on East Main St.

Monday - Friday 8 a.m. to 4:30 p.m.

or contact Dana Mason at 256-5315 for more info.

Application Deadline: October 4, 2002

Registration Fee: \$20

Note: No late registration!

Mount Vernon Signal

Publication Number 366-000
Periodical Postage Paid in Mt. Vernon, Ky. 40456
606-256-2244

Published every Thursday since November, 1887. Offices in the Mt. Vernon Signal Building on Main Street in Mt. Vernon, Ky. 40456. Postmaster, send address changes to P.O. Box 185, Mt. Vernon, Kentucky 40456.

James Anderkin, Jr., Publisher Emeritus - Richard F. Anderkin, Editor
Petrina M. Anderkin, Managing Editor
Paige Benge, Advertising Manager - Jessica Lawson, Circulation Manager

SUBSCRIPTION RATES

In Country - \$16.75 Yr. Out-of-Country In State - \$21.75 Yr.
Out-of-State \$30.00 Yr.

e-mail address - mvsignal@sun-spot.com

Central Body Service

275 Richmond Street - Mt. Vernon

Precision

Collision - Repair

Quality Work Since 1966

Free Estimates - All Work Guaranteed

606-256-4210



The Family Room

By: Dr. Roy Don Whitehead

Register for Classes on Religion, Domestic Violence & Depression

This fall I am teaching three classes that are open to the public: Winning Against Depression, Domestic Violence: How Can We Help, and When Religion Gets Sick. All classes will meet at The Center for Rural Development in Somerset. To register for any class call 679-4134 or 1-877-PASTOR-8.

I will teach Winning Against Depression on Tuesday, October 15, from 7:00 to 8:30 p.m. Depression strikes many people, and yet most of us know so little about it. Depression can be fatal, because some of its victims will commit suicide. Even when not fatal, it is a painful illness that can make a person and a family miserable. Insomnia, overeating, low energy, anxiety, guilt, and hopelessness are just some of its many effects. I have had some personal experience with depression. I know what

it feels like to be depressed, and I know it does not feel good at all. I would like to help some of those other depressed persons out there. Come to this seminar and you will find out how you can beat depression. You will learn that depression is not a unique product. Forgive me, but I'm thinking economic development at the moment—

In this seminar I will explain the causes of depression. Also you will learn to recognize depression in its many forms, and you will find out about the treatments for depression that really work.

The second seminar is Domestic Violence: How Can We Help, presented on Thursday, October 24 from 7:00 to 8:30 p.m. October is Domestic Violence Awareness Month and this class will teach participants what they can do to help someone who is being abused. Bethany House Abuse Shelter is sponsoring this class and there is no charge.

Are you or someone you know caught in domestic violence and abuse? Physical, verbal and sexual abuse are happening to someone you know. At this seminar you will learn more about domestic abuse and how we can stop it. This could be important for you or a family member.

Trying to help someone in a domestic violence situation can be very frustrating. Often the victim will re-

Gettin' It Done

For Us In Frankfort

Ed Worley is known in Frankfort as a hard working advocate for Rockcastle County. Out of 38 Kentucky Senators, he was ranked by the Kentucky Gazette as the #2 most effective at securing funding for our home district; second only to the President of the Senate.

He has been working to protect our senior citizens by co-sponsoring a tough new telemarketing law that protects seniors from predatory telemarketers with a "Zero Call List."

He sponsored a key health insurance bill that requires insurance companies to pay all medical claims to doctors and patients within 30 days. It was unanimously passed by Republicans and Democrats in both the House and Senate.

He has earned the respect of Senate Democrats and Republicans alike. Though he is a Democrat, Republican leadership has acknowledged his bipartisan commitment to bettering our community by appointing him to two of the most important committees in the Senate, the Education and Budget committees.

Ed: "It's my job to be your voice in Frankfort. Your opinions are very important to me and I would like to hear from you regarding the legislative matters before us. If you have questions, or if I can be of assistance, please contact me at 502-264-8100 ext. 651 in Frankfort or at my office, 859-623-6524."

Ed WORLEY

For State Senator

Paid for by the Ed Worley Campaign Fund
James H. Howard Treasurer
PO Box 197, Richmond, Ky. 40476-0059

Please Note Date & Time Change!!

Hiatt's 5 & 10 proudly invites you... to our Fenton Family Signing Event!

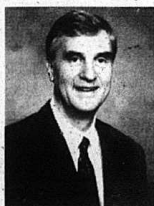
Tom Fenton

**Friday, October 11
9:00 a.m. to 12:00 p.m.**



FENTON
Handcrafted American Glass Artistry

Come meet Tom Fenton...



Tom Fenton

As Vice President of The Fenton Art Glass Company, Tom plays a key leadership role in the Fenton family's quest for Continuous Improvement of Quality. "Our goal is to constantly improve the product we make for Fenton's followers throughout the world. Crucial to the achievement of high quality, at a reasonable cost, is the Fenton craftsman's skills for quickly executing new designs."

Tom's early education included Ohio Wesleyan University, Ohio University Graduate School and the US Army Reserve.

On Fenton craftsmanship, Tom says, "We offer our customers unique, often complex designs and colors. After our best efforts to produce these items, we certainly enjoy the kind words and recognition offered by our collectors and dealers."

Tom and his wife, Sharon, enjoy traveling, aerobics and mountain hiking plus spending time with their three fun-loving adult children and two wild grandchildren.

FENTON
Handcrafted American Glass Artistry

** NOTICE **

For the best selection make your Fenton purchases prior to October 11th and Hiatt's will hold your pieces and have them signed on October 11th, for you to pick up the following week.

Hiatt's 5 & 10 is located on Main Street in Mt. Vernon