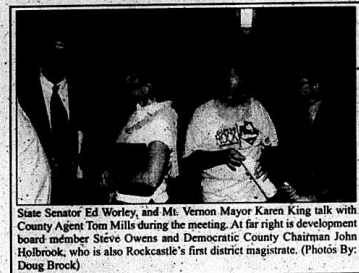




The Rockcastle County Development Board sponsored a public meeting last Thursday to inform the public about the county's strategic development plan. At right, Chairman John Clontz, welcomed the crowd. Behind him from left: Executive Director Bigge Towery, Jr., board members Judy Duerson and Corey Craig and Peter Hillie, with the Brushy Fork Institute.



State Senator Ed Worley, and Mr. Vernon Mayor Karen King talk with County Agent Tom Mills during the meeting. At far right is development board member Steve Owens and Democratic County Chairman John Harbrook, who is also Rockcastle's first district magistrate. (Photos By Doug Brock)

"Cross Country"

(Cont. from A5)

time of 23:25.52. Elizabeth ran very well and finished 24th with an awesome effort of 24:51.58. Anna completed the scoring for Rockcastle and finished 62nd overall.

The boys' varsity team may also be as strong as it's ever been since it returns two all-state competitors from last season in sophomore Brandon Cole and junior Andrew Nelson. Sophomore Bill Burdett also returns from a strong freshman season. German exchange student Florian Trummer will add stability to the team.

Brandon led the way with an exceptional race. He finished 11th overall with an amazing time of 17:52.07. Andrew stayed close behind and finished 12th overall with an exceptional effort of 18:01.35. Bill also ran a great race and finished 33rd overall with a great time of 20:14.57. Florian finished well in his first race ever, finishing 41st in 21:07.9. The boys' effort compared favorably with other schools, but could not be counted as a team score due to the lack of a fifth team member for scoring.

Next up for RCHS came the Southern Harrier Special hosted by Somerset and Pulaski Southwestern High Schools. Over twenty schools were on hand for the sixth running of the annual event, including many of the state's top team competitors.

Rockcastle got off to a great start in the girls' elementary race. 5th grade newcomer Laura Dollins ran an unbelievable race, despite very little practice time due to her just beginning the sport. She led the race up until the end and finished an impressive 2nd place overall. Her time of 7:30.12 over the 1.2-mile course broke the old course record for GE Park. She also established a new record in the event for a Rockcastle County elementary girl. 2nd grade sensation, Michaela Hunter, also a newcomer to the sport, ran an exceptional race. She finished in 5th place overall with an amazing effort of 7:57.37. 5th grader Bethany Clontz was very close behind and finished with a spectacular effort. She also made the top ten, placing 8th overall in 8:14.41. 5th grader Cora Collinsworth also ran extremely well and placed 15th overall with an awe-

some effort of 8:57.03.

The boys' elementary team was led by a record-breaking performance by 5th grade running sensation Blake Parsons. During last year's meet, Blake set the course record while winning the elementary race. He continued to dominate during this year's event, easily winning 1st place while shattering his own record with a new personal best and course record effort of 6:43.47. 5th grader Andrew Pensol was not far behind. He finished in an amazing race in 7th place overall. 5th grader Devon Davidson also ran an exceptional race and placed 22nd overall in 9:05.25.

The varsity girls' team had their best meet of the season, despite not having five runners for a team score. Kayla Hayes once again led the way

for RCHS with an awesome, record-breaking performance. She finished 5th overall out of a stellar field of some of the state's best competitors. Her time of 20:10.68 shattered her own RCHS record from last year's state championship meet by over thirty seconds. Teammate Jessica Asher ran a personal best time of 21:46.65 and finished 13th place overall in an amazing race. Heather Hammond ran a great race and finished 28th overall in 23:56.6. Elizabeth Bussell also ran very well and finished a hard-fought race in 25:28.02.

The varsity boys' team also had their best performance of the season against some of the best competition the state has to offer, despite having only four runners. Brandon Cole had a season's best effort with an exceptional time of 17:25.39. He finished 14th overall and narrowly missed his own RCHS record time by only four seconds. Andrew Nelson had a career-best performance and finished 17th overall. He ran an exceptional time of 17:34.37. Bill Burdett finished 48th overall with a superb effort of 19:32.72, his best effort of the season. Florian Trummer ran a tremendous race and finished 72nd overall in 21:20.87.

Results of the Franklin County Invitational held at the Kentucky Horse Park will appear in Next week's Signal.

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"Bike-a-thon"

(Cont. from front)

All of us who are committed to finding a cure for CF are very grateful to all of you. We are certainly blessed to have you caring people here.

We had a wet start, then the weather cooperated and we had a beautiful day. Thanks to each rider: Jerrek Robbins, the top money collector, then Tanner Allen, Samantha Payne, Douglas Nicely, Chris Broughmire, R.J. Hopkins, Brittan Lear, Megan Allen, Jessica Bentley, Jonathan Payne, Austin Hubbard, Amber Bretz, Derek Clark, Madelyn Bullen, Brandon Proctor, Katelynn Thacker, Tyler Harper, Jonathan Higgins, Joseph Coffey, Morgan Harper, Jacklyn Thacker, Jarrett Hamm, Heather Clontz, Bethany Clontz, Jessi Hayes, Bailey Canterbury, Kelley Blanton, Jacob Lovell, Benjamin Blanton, Mallory Harper, Christopher Mullins, Hailey Harper, Robert Reynolds, Garrett Payne, Kevin Canterbury, Kara Canterbury, Justin Barnes, Sydney Lovell, Dustin Reynolds, Kayla Reynolds, William Elam, Lige Graves, Justin Poynter, Cynthia Poynter, Daniel Boggs, Mindi Boggs, Ashley Lewis and Michael Mallory. Also thanks to Cody Deboard, Derrell Proctor, Logan Dodd, Loren Reynolds and Megan Randolph for bringing donations.

Thanks to all you faithful workers who are so willing and do such a great job. Most of you have helped most all the 19 CF bike-a-thons. Cio Graves, and for the cookies, also Lajoy and Nelson Graves, Preston and Allene Parrett, Bobby Proctor, Paula Allen, Elizabeth Dodd, Margie Brock, Arlos and Marina Proctor, Murphy and Nina Cash, Tonya Clark, who rode the first few bike-a-thons and was always a top money collector. Shirley Martin, Doug and Linda Proctor, Derrell and Darlene Proctor, Steve and Candy Proctor, Everett Albright, Jamie Lawrence and Kim Hayes.

Thank you Tony Arvin for safety checks and repairs on bicycles, in remembrance of Don Coyle. Thank you Donna Robbins, Dari Delje, Celena's Hair Salon, Pizza Hut and Renfro Valley for the nice gifts.

Thank you Donna Robbins and family for great refreshments and help serving them.

Thanks Caroline Graves for opening the school.

It's so nice to hear so many of you say "our bike-a-thon. It takes us all working together. I count all of you as my special friends."

Thanks to: The Mt. Vernon Signal, The Broadhead Lions Club, Citizens Bank, FoodWorld, Berea National Bank, Pepsi Cola Co., Ford Brothers, Kentucky Utilities, A&J Nicely Insulation, Cummins Lumber Mill, Town and Country Chevron, Jeff Burdette, Community Trust, Willing Workers Homemakers, Taylor Produce, Mt. Vernon Oil and Tire, Mahaffey's Quik Lube, Teresa Jackson Insurance, Marvin Owens Home for Funerals, Mink Builders, Rockcastle Clinic, Terry Morgan, John Ford, Joseph Clontz, Young's

"Meeting"

(Cont. from front)

approved, this grant will fund the implementation of the Strategic Plan. The Draft Vision Statement best describes the planning work.

The Rockcastle County Strategic Plan is built on a vision of balance, which preserves quality of life and natural beauty while managing development and growth. This vision prioritizes maintaining a rural atmosphere while demonstrating the potential of a small community to be among the most progressive in Kentucky. Local businesses, health care, education, agriculture, tourism, music, arts and crafts, all contribute to a strong local economy with opportunities for everyone. A community of leaders, Rockcastle County honors the past and looks to the future.

"Rockets"

(Cont. from A4)

for 18 yards. He scored three touchdowns and had a two point conversion.

Quarterback Aaron Anderkin, who saw limited action again last week because of a concussion two weeks ago, threw the ball only seven times and completed four of them, one for a touchdown. He has thrown a touchdown pass in every game he has started as a Rocket, which is 20 in a row.

Senior Cliff Swinney also scored once and had 68 yards on nine carries. He scored once.

Junior Caleb Blair also played a good game offensively and had 62 yards on 20 carries. He scored twice in the second half.

The Rocket defense also scored once when corner back James Michael Bussell returned a 25 yard interception for a touchdown.

Junior Devin Taylor was five for six in extra point kick attempts. Taylor also caught two passes for 20 yards.

Senior Stephen Boreing also caught one pass for three yards, which was good for a touchdown.

Ricky Sandusky caught one pass for five yards.

Brandon Reams had 30 yards on two carries. Matthew Burkhardt had 13 yards on three carries, and Shay Mullins, Steven Rowe and Shay Lynch all carried the ball for the junior varsity.

All total the Rockets had 358 yards of total offense on 60 plays.

Senior Tamar Abney led the defense with seven tackles and assists, followed by Chris Croucher with 4.

Others picking up tackles were: Benny Northern, 3, Brandon Campbell, 2, Michael Brummett, 1, Swinney, Boreing, 3, Reagan, 3, James Bussell, 3, Devin Taylor, 2, Devon Bussell, 1, Blain, 1, Rowe, 1, Sandusky, 2, Cody Alexander, 1, Nick Thomas, 1, and Jacob Taylor, 1.

All total the Rocket defense gave up only 133 yards.

The varsity will not play this week.

The Rocket junior varsity defeated South Laurel 26-0 on Monday night.

"Volleyball"

(Cont. from A4)

Freshmen lose to North Laurel. Regina Bullock got seven straight service winners for her team against North Laurel Monday night and Megan Anderkin added one before North Laurel could get on the board but the Lady Jaguars came back to take the lead 9-8 and the game 15-13. Jessica Holbrook and Jessica Robinson each scored a point on serve and Danielle Arnold got 3 to round out the Rockets scoring.

The Rockets lost the second game 15-6 with Bullock getting four service winners and Robinson and York 1 each.

The Rockets are scheduled for two home games Thursday and Friday night of this week.

Pharmacy, Richmond St. Eyecare, Alton Blakley, N&N Contracting, John Hamm Auto Sales, Singleton Insurance, Karen King, Danny Ford and everyone who collected or donated to this worthy cause.

According to Smart Money, the magazine of The Wall Street Journal, the CF Foundation is a charity that won't waste your money and rated CF Foundation one of the top ten charities. Due to wet pavement the road block was set for Saturday the 28th. We apologize to the Broadhead residents for any inconvenience we caused by blocked streets and certainly appreciate your patience.

With your continued help, we can give the children and adults with CF the quality of life and the future they deserve. Today we are adding tomorrow's every day!

"Mission"

(Cont. from front)

threat of terrorism in the nation's capital.

Gill, who had previously served as a missionary in Taiwan and Kenya, is considering attending seminary after graduation. She also said she's seriously considering another overseas trip. "If anything, the attacks created more of a sense of urgency to help others," she said. "Terrorism has shown me that it's time for missionaries to take action."

Felton also emphasized the impact and purpose of summer missions.

"It changes people's lives—the people who go and the people they go to. It broadens their perspective, on man, on God and on worship. Students discover that people across the world or even across the street, worship the same God in a different way."

Angie is the daughter of James and Ruth Blanton of Mareburg and

graduated from Georgetown this Spring.

Angie is the son of John and Nancy Hale of Mt. Vernon and is a senior at Georgetown.

Both are graduates of Rockcastle County High School.

"Scores"

(Cont. from front)

options to help the math program this year.

The middle school has 750 students.

At the Rockcastle County High School, scores dropped 2.5 points lower than a year ago.

The results showed a decline in every subject area, except arts and humanities.

The latest decline at the high school was also in math, where students scored seven points lower than a year ago.

The best overall scores at the school were in vocational studies.

There are 120 students at RCHS. Roundstone, Mt. Vernon and RCMS will qualify for state cash rewards, when that money is finally handed down.

Although Broadhead's scores greatly increased and were very high, because of a two year average they will not qualify for rewards.

Ironically the middle school will qualify for rewards although their scores were down from a year ago. "Things change every year and this year we obviously have some problem areas we need to work on, but I am certain our staffs will work very hard to correct any problems as efficiently as possible," Rockcastle County Superintendent Larry Hammond said.

"I know we all take our jobs very serious and we want to provide the best public education possible for our students," he said.

Little League Update

By David Brock

Redskins 34 Vikings 6
Redskins: Jamie Todd, 3 TD; Brent Burdette, 2 TD; Matthew Bullens 2-2 pt. FG.

Vikings: #2 - 1 TD

6th Grade 16 Lex. Catholic 12

6th grade: Shawn Gadd, 1 TD; Jarred Harding, 1 TD; Shawn Gadd, 2-2 pt. conv.

Bengals 34 Wildcats 13

Bengals: John L. Saylor, 2 TD; Dylan Hughes, 2 TD; Brandon Burkhardt 2-2 pt. FG; Jason Brock, 1 TD.

Wildcats: Eric Denny, 1 TD; Jessie Strunk, 1 TD, 1 pt. conv.

Redskins 14 Wildcats 6

Redskins: Jamie Todd, 1 TD; Grant Burdette, 1 TD; Matthew Bullens, 2 pt. FG.

Vikings: Joseph Baker, 1 TD.

6th Grade 16 N. Laurel 6

Casey Hines, 1 TD; Dustin Gadd, 1 TD and 2 pt. conv; Shawn Bullock,

Redskins 34 Vikings 18

Bengals: John L. Saylor, 3 TD; Brandon Burkhardt, 1 TD and 2 pt. FG; Derrick Thacker, 1 pt. conv; Dalton Dillingham, 1 pt. conv; Dylan Hughes 1 TD.

Bengals 26 Redskins 6

Bengals: John L. Saylor, 2 TD; Dustin Bishop, 1 TD; Brandon Burkhardt, 1 TD and 2 pt. FG.

Redskins: Jamie Todd, 1 TD.

Wildcats 31 Vikings 0

Wildcats: Michael Rooden, 1 TD; Dakota McFerron, 1 TD; Eric Denny, 1 TD and 1 pt. conv.

Standings

Bengals 3-0

Redskins 2-1

Wildcats 2-2

Vikings 0-3

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"When I'm working on the line, I often think about the people depending on our electricity. And at the end of the day, it makes me feel good to look across the countryside and to see the lights shining."

We take pride in providing affordable, reliable energy to our members. It's a personal commitment from our employees and they're willing to go the extra mile to keep it. Because we don't see co-op members as just customers, they're our friends and neighbors.

Earl Brandenburg,
employee of
Jackson Energy

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