

Points East

By:
Ike Adams

It was not last Saturday.

Those of you complaining that you showed up in Paint Lick last Saturday expecting to find a huge crowd and VillageFest 2002 in full swing are not good readers or you got your information somewhere besides this column which, as I recall, mentioned the date, OCTOBER 19 at least three times.

One of you even complained that you had driven from Dayton, Ohio with a pocket full of traveler's checks and the bank wasn't even open and you couldn't find anybody in town who'd ever seen a traveler's check; much less willing to cash one; and even though you ran into a guy who offered you ten cents on the dollar because he was a high roller, you found that less than fair or truly hospitable.

You should have called me. Not that I had much cash on hand but I would have doubled his offer up to fifty bucks or so. And any merchant in town would gladly have taken your personal check at face value even if you didn't have a valid driver's license.

In any event, Saturday, October 19 is the date for Paint Lick VillageFest 2002 © and it's not too late to reserve a place to sell your wares, demonstrate your talent, cre-

atively hang out or make a donation of a new or used car or country ham to our raffie auction table and get the name of your business enterprise prominently featured and acclaimed in central and eastern Kentucky's finest family newspapers. All proceeds will be used to patch the roof and pay the utility bills on the Friends of Paint Lick (FOP) headquarters and make us localities more prone to patronize or purchase whatever it is you sell your round. (If you can't donate raffie items, CASH, in larger denominations, will also get you in the paper, especially if you are running for office and "oppose the road"). (If you don't know what that means, show up for the tar and feathering planned, just in case, for Ed & Lonne.)

Incidentally, one of the services that FOP offers is basic literacy classes.

We can't promise to teach you how to read all at once the Saturday morning of October 19 because it's going to be a busy time, but if you do show up on Saturday, October 19, look for highway 52, (Main Street) through downtown Paint Lick to be extremely congested and don't plan on being in a hurry. FOP is straight across the road from the Bank and right beside the Paint Lick Clinic. We'll sign you

up for reading classes, which you don't really need if you are this far into the column, but maybe you know somebody who would be better off if they could read the paper and might benefit from exposure to the perfect, flawless grammar and sentence structure we use when we write this column, for example.

Shucks, in only a week or two under our tutelage you could have your own column and be pulling down the big bucks just like weens. Good knows that you got to start somewhere if you intend to make it in the journalism business. Actually you don't have to have any sense, in fact the less the better, to be a successful journalist if you know most of your ABC's. If you don't believe that, read the editorial page of a big city newspaper and let me know if you find even the remotest sign of intelligence. We'll get the writer fired in a heartbeat if you do because it's against the rules.

If you can't read, have someone read the op-ed page to you in which case you may believe yourself remarkably blessed and you may de-

cide that threading needles or spotting chiggers is a far better use of your eyesight than learning to read and write. I sure wish sometimes that I had it to do over and I'd bet money that I wouldn't have a blood pressure problem.

In the meantime, if you want to help out with Paint Lick VillageFest 2002(c) which will take place on Saturday, October 19 you need to get on the ball. If you just want to show up and learn to hang out and be jealous of those of us who live here—that's also acceptable. We'll even help you find a place to park.

If you want to make a donation and make the paper or set up a booth, Call Loretta Adams-859-925-2105 (email LorettaAD@aol.com) or Rita Fox-859-925-9104 (email rfox@msj.net) or Katie Rollins-859-925-2203 who keeps her email address to herself and won't have to change accounts once this whole thing is over.

How much more prominent would you expect to get in the paper than right here in this column and we guarantee just if you help us out on October 19.

Our Readers Write

Dear Editor,

The Rockcastle County Marching Band and the Band Boosters would like to thank Mr. Keith Russell of Rocket Car Wash and Mrs. Pam Burdette of Pizza Hut for allowing us to use their businesses for fund raising activities. We would also like to thank everyone that supported us through their donations.

Dear Editor,

I walk around the streets in Mt. Vernon for exercise, as do a lot of people. Our city sidewalks are in such terrible shape. Some are cracked and uneven, others are covered with saw-briars, weeds and small bushes (especially along West Main Street). I have called the City Supervisor and talked with the Mayor twice. Both say that the City is not responsible for the maintenance and upkeep of the city sidewalks. That's the responsibility of the property owners and they can't make them keep the sidewalks passable. Why have sidewalks in town if you can't walk on them without getting scratched by briars or fall over broken tree branches?

I know that the mayor is trying to find ways to improve Mt. Vernon's overall appearance. And I commend

her for this, that's why she wanted an occupational tax. But what has the money been used for? I see numerous needs in the city, many could be taken care of by manual labor from city employees; ex: trees on Main Street need to be trimmed back so no one gets their head scraped by low lying branches and of course weeding and Roundup around the sidewalks just to name a couple.

I see a lot of people walking and running in city limits. Please help me in asking city officials to make our sidewalks safe.

Sherry G. Hanse
Mt. Vernon, KY

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History Making

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Guard against pneumonia

Presented By: Dr. Tony Arvin

"Shots" are not just for children. We are getting more and more useful vaccines for other infections and many of these are for older age groups. One of the most important vaccines is the pneumonia shot.

Pneumococcus is a bacteria which frequently causes pneumonia as well as a number of other serious infections, such as meningitis. This shot will protect a person against 90% of the important strains of this bacteria and help prevent a serious illness.

Often this infection strikes and spreads so rapidly that it becomes life-threatening before antibiotics can take effect. This is especially true in the elderly. The vaccine may give a person that extra protection he needs to keep a serious infection at bay or slow the spread of infection until antibiotics take effect.

Who should get the vaccine? Like with flu shots, those who are at highest risk are persons over 50 and anyone with chronic illnesses such as diabetes, heart, lung or kidney disease. The vaccine is extremely im-



Dr. Tony Arvin

portant for anyone who has had his spleen removed. Your doctor can advise you about the many other indications that might exist for you.

Serious side effects from the vaccine are rare, but local reactions of soreness, a low-grade fever and mild muscle aches are not uncommon.

In most respects it is similar to the flu shot, but the one big difference is that the shot is only given once, not each year. However, many doctors are now giving a booster shot if it has been over six years since the first shot.

The Rockcastle County Health Center will be giving Flu Shots at the Community Health Council Health Fair at the Rockcastle County Middle School on October 15th from 3 to 6 p.m.

The flu shot is available for all adults.

Medicaid and Medicare part B will pay for your flu shot.

Flu shots are \$12.

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Re-Elect

DANNY

FORD

State Representative

Vote Tuesday, November 5th

With the leadership experience that only comes from twenty years of service in the Kentucky General Assembly, Danny Ford has a distinguished record of public service for the people of Lincoln, Pulaski and Rockcastle Counties.

Danny's work has paid off with better roads, new schools, and the construction of tourist attractions like Cedar Creek Lake and the Kentucky Music Hall of Fame.

Improving Education

As a parent and grandparents, Danny Ford knows that every Kentucky child deserves a quality education. As a legislator, he has fought for funding for new schools and worked to ensure that teachers have the tools they need.

Cutting The Red Tape

When the people of Lincoln, Pulaski and Rockcastle Counties need help navigating state government agencies, they know they can call on Danny Ford. Danny works to make sure that people, not politics, come first.

Preserving our Agricultural Heritage

Danny recognizes that agriculture is the foundation of Kentucky's economy. Time and again he has fought to preserve our state's farming legacy while protecting the rights of individual farmers.

Protecting Our Paychecks

Danny Ford knows that you can tax people into prosperity and has worked to defeat countless tax bills. For his diligence, Danny has been recognized as a Taxpayer's Best Friend.

Vote Tuesday, November 5th

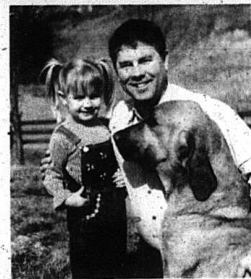
Because our State Representative's hard work and dedication are making a difference for Lincoln, Pulaski and Rockcastle Counties.

Your Vote and Support Are Greatly Appreciated!

Made for by Ford for Representative Fund - Keith Smith, Treasurer



RE-ELECT BARRY METCALF STATE SENATOR



MY STAND ON THE ISSUES:

- 1. Increase health coverage for all Kentuckians by expanding the state risk pool
- 2. Improve education by lowering the student teacher ratio in the crucial grades of first through fourth.
- 3. Vote for laws to protect unborn children.
- 4. Defend our 2nd Amendment right to bear arms.
- 5. Promote alternative agricultural industries for Kentucky.

VOTE REPUBLICAN

BARRY METCALF

YOUR STATE SENATOR

Paid for by Committee to Re-elect Barry Metcalf - State Senator, Caywood Metcalf, Treasurer