



On Thursday, September 26th over 310 parents attended the Rockcastle County High School Rockcastle Area Technology Center Parent/Teacher Conference at RCHS. Parents were given the opportunity to meet with their child's teachers and view the various displays set up by RCHS teachers, while many also attended the Job Quest Parent/Student meeting in the RCHS library to review Job Quest requirements, schedule of activities, incentive program and reward field trips! Many prizes were given out including this brand new computer, won by Jimmie Lou Renner, mother of ninth grader, Micah Renner. The drawing was sponsored by 21st Century Community Learning Center at RCHS/RATC, RCHS Youth Services, and Job Quest. Amanda Cummins and Russell Ferguson each won an ACT registration fee of \$25 sponsored by 21st Century Community Learning Center RCHS/RATC and the Rocket AHEAD grant. Congratulations to all prize winners.



On Friday, September 20, several RCMS 6th graders received training in becoming peer mediators. These students were selected by their classmates to help solve conflicts they may have. The day-long training involved learning the mediation process and completing mock mediation sessions. The students will serve as mediators throughout their middle school years. Pictured are, front row from left: Devon Mason, Brandon Russell, Logan Cable, Tucker Stewart and Lyndsey Reynolds. Second row from left: Rachel Cash, Katy Mattingly, Rae Cowan, Mary Saylor and Rachel Woodall. Back row from left: Cory Kirby, Brooke Bowlin, Ashley Robinson, Tanner Perkins and Loren Reynolds. Not pictured was Megan Mazurek.

Minds in the Middle

On Tuesday, the Enterprises' team welcomed two guests, Paul Revere and Henry David Thoreau. RCHS seniors Aaron Anderkin (Revere) and Travis Burton (Thoreau) performed brief monologues to orient the students to the historical time period in which these men lived. After giving students a brief overview of their characters, Anderkin and Burton then read meeting storybook accounts of Revere and Thoreau. The sixth graders really enjoyed having these positive role models share the importance of literacy!

On Tuesday, October 15th, RCMS will be holding our Fall Open House from 3:00-6:00. We would like to see a large parent turnout. First period report cards may be picked up during the open house. We also invite parents and community members to join us for our Health Fair that will also be taking place. A free spaghetti supper will be available to everyone courtesy of the 21st CCLC. See elsewhere in this newspaper for additional information. 21st CCLC activities will be cancelled on Tuesday.

Picture money must be turned in by Friday, October 18th. Picture retakes will be done this Thursday, October 10th. Students must have a note from parents requesting a retake.

We enjoyed having the board members and others attending the October board meeting at our school on Tuesday. Thanks for caring about our school!

which is administered by the National Library of Education at www.nlpn.org. Parenthood contains articles with practical tips on topics such as adolescence and sibling rivalry at www.parenthood.com. The National Center for Learning Disabilities offers terms, warning signs, and legal rights at www.ld.org. Advice to help create memorable family trips can be found at www.fodor.com/familtravel. The U.S. Department of Education Information Resource Center's number is 800-872-5327. The National Youth Violence Prevention Resource Center's number is 866-723-3968.

**October
15th
3:00-6:00**



Community Health Fair

- Free Spaghetti Dinner
- Door Prizes
- Health Information
- Skin Cancer Checks
- Milk Taste-Test Challenge
- Flu Shots \$12

Health Fair sponsored by the C.V.D. Health Department

Contact Jason Coguer For More Information
Telephone: 606.256.5118

Subscribe to
the Signal

**\$ Wanted \$
Ginseng &
Other
Wild Herbs**
Phone 606-843-2350

Tiger Pause

Students at BES would like to say thanks to the following individuals for speaking to them about safety last Wednesday afternoon: Officer Travis Rogers, Shannon Phelps, Shirley Martin and Brian Russell. Topics included weather safety, personal safety and stranger safety. (See photos.)

Our next PTA meeting is scheduled for Tuesday, October 15 at 7 p.m. Plans for the upcoming fall festival will be discussed. If you would like to volunteer please attend the meeting or contact a PTA officer.

BES is once again collecting Campbell's soup labels and General Mills box tops. Mrs. Shirley Martin collects soup labels on the third Tuesday of the month. Mrs. Betty Glavak collects box tops on the last school day of each month. Help your child win prizes as well as help BES to receive many educational items free. It only takes a couple of minutes to cut off those labels and send them in! If you would like to save your labels and you don't have a child in school please mail them to us or feel free to drop them off in the office at any time.



Students listening to speaker



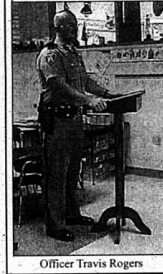
Ms. Shannon Phelps



Mr. Brian Russell



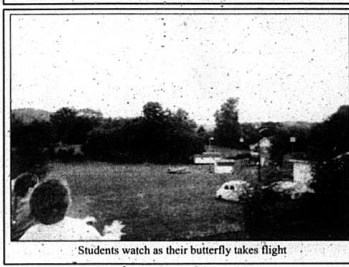
Mrs. Shirley Martin



Officer Travis Rogers



Mrs. Cameron's and Ms. Ford's classes



Students watch as their butterfly takes flight

Mt. Vernon Message

Our Family Resource Center Advisory Council is scheduled to meet on Thursday, October 10 at 11:30 a.m. at MVES.

Each year the FRC sponsors educational and entertaining programs for our student body. On Thursday, October 10 our 4th and 5th graders will enjoy "Shakespeare Alive."

Computer classes on Microsoft Office 2000 will begin on Tuesday, October 15 from 6:00-8:00. For more information contact our Family Resource Center at 256-5173.

Mark your calendars for our first Parent/Teacher Conferences for our 4th and 5th graders from 3:30 to 6:30. Students in Mrs. Cameron and Mrs. Ford's P3 classes have been studying metamorphosis and the life cycle of the butterfly. They are pictured below releasing a butterfly.

Project Wisdom readers for last week are as follows: Samantha Hasty,

student; Morgan Hunt, student and Sara Hammond, student. Thanks to all who have participated in this project.

Our quote for this week is "To live is not to live for one's self alone; let us help one another."

Gary's Pawn Shop Pool & Game

has moved
beside Rose's
One Stop in
Broadhead

Everyone Welcome

Open 12 p.m. to Midnight



Rock & Soils from the Moon

At the Rockcastle Community Health Fair

Community Health Fair

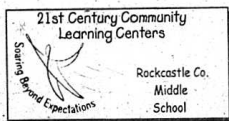
Tuesday, October 15, 2002

11:00 a.m. - 6:00 p.m.

Rockcastle County Middle School

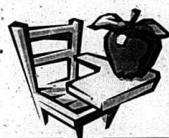
Special thanks to Community Trust Bank for providing security for these samples.

For more information about these samples contact Brandon Hargis, Academic Specialist 21st CCLC RCHS at (606) 256-4816.



Parent-Teacher Conference and Community Health Fair At Rockcastle Co. Middle School

- Parents, Pick Up Your Child's Report Card
- Visit With Your Child's Teacher
- Visit The Health Fair
- Free Spaghetti Dinner
- Door Prizes



Health Fair
Located in the
Gym at RCMS

Afterschool Alliance