

What is a Pap Smear?

Presented By:
Dr. George W. Griffith, MD
Pap smears are the primary method of detecting early cancer of the cervix (the tip of the uterus). In fact, the test is so useful and sensitive, it can detect changes as they are occurring, years before they ever become cancerous.

Pap smears are graded on a scale, depending on how severe the changes are. The range is from perfectly normal to cancerous. When a woman is found to have an abnormal Pap smear, it is often just a very low-grade abnormality. These minor changes can be rechecked in a few months. Often these changes are due to inflammation, such as from an infection with yeast or trichomonas. These possibilities should be checked out and treated before the Pap smear is repeated.

More severe changes call for a prompt evaluation. These changes are usually evaluated with a microscope called a colposcope which magnifies the cervix 16-fold or more.

This allows the doctor to see the changes in the blood vessels and tissues better and to biopsy the most abnormal areas.

Researchers have found that most abnormal pap smears are due to the woman having been exposed to a virus called the human papilloma virus, usually at an early age. The cells of the cervix are most susceptible to the harmful effects of this virus during the teenage years. It is not uncommon for women in their early 20's to develop severe changes or even cancer. This is especially true for smokers, because smoking decreases a person's folinic acid and reduces the cells' resistance to these changes.

A woman should have a Pap smear each year long with a general exam and evaluation of the uterus and ovaries.



Dr. George W. Griffith



There is a guy named Slade. When he was young he played and played. He played with trucks and with cars. He rode bikes with no handle bars. He played ball and he climbed trees. Hurt his head and skinned his knees. But now he's grown and works everyday. He's a great guy is all we can say!
From Your Co-Workers



The family of Bob Wilson would like to thank everyone who participated in the four wheeler ride for \$820. All donations were greatly appreciated.

Thank you - Ricky Wilson

Elect

REBEKAH HAMMOND

Mt. Vernon Mayor

Realistic Goals Are Essential for Progressive Leadership

- Serve as an advocate for local businesses in order to strengthen the financial structure of our city
- Secure planning and financing for maintenance and upgrading of water/sewer systems
- Support the Rockcastle County Development Board in order to attract industry to strengthen our labor market
- Work to improve the partnership with county and state governments to improve the quality of living for city residents
- Obtain funding for expansion of our Police and Fire Departments
- Require the annual audit to be timely in order to keep the public informed of the city's financial status
- Support the Renaissance Program in revitalizing the city to attract more tourism

I am asking for your support in reaching these goals by voting #5 on the ballot for Mayor

Paid for by Rebekah Hammond



Kim Renner, of Mt. Vernon, is proud to announce that her daughter, Amberly Beth Renner, age 12, is getting the chance of a lifetime! Beth will be appearing in the upcoming movie *Sea Biscuit*. "The World's Most Beloved Race Horse" starring Tobey McGuire, Jeff Bridges and William H. Macy, as well as racing Hall of Fame jockeys Chris McCarron and Gary Stevens. Beth also recently auditioned for another movie *The System* within which is scheduled for production in the Spring of 2003. Amberly Beth is no stranger to acting. She has been doing local commercials (Lexington and Cincinnati) since the age 2. She is with Images Talent Agency in Lexington and Jack Moran Talent in Cincinnati. On October 23rd, she will meet with Abrams Artist Agency, one of the most recognized talent agencies in Los Angeles. Congratulations and Good Luck! Kim will also appear as an "extra" in *Sea Biscuit*.



"Caught on Tape"

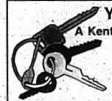
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