

RCHS Senior Night Royalty crowned

By: Natalee Taylor,
Y-Club Publicity Chair

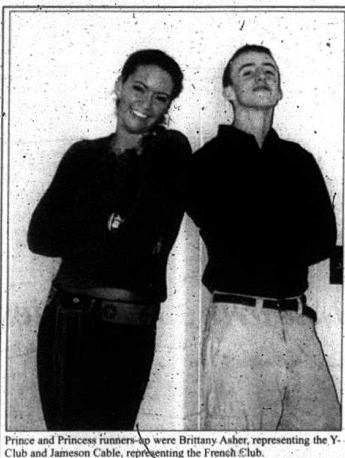
November 1, was Senior Night at RCHS. Following the game where the ROCK trampled Bell County, the annual Senior Night Dance was held. This year's dance was sponsored by the RCHS Y-Club.

When entering the dance, students placed their votes for the second annual Senior Night Prince and Princess. Several clubs had candidates running. Aaron Anderkin and Megan Anderkin represented the Key Club. Daniel Busle and Bryanna Busell represented the Future Farmers of America. Jameson Cable and Allison Anderkin represented the French Club. Tristin Slen represented the Book Club. Zach Taylor and Casey Taylor represented the Rockcastle Young Republicans. Ross McClure and Anna Guilfoili represented the National Honor Society and Jordan Stragon and Brittany Asher represented the Y-Club.

sented the Y-Club.

The crowning was conducted by Travis Burton and Elizabeth Matekovich, who were elected 2001 Senior Night Prince and Princess. Jameson Cable, representing the French Club and Casey Taylor, representing the Rockcastle Young Republicans captured the title of Senior Night 2002 Prince and Princess.

The Y-Club would like to thank the following businesses for their very generous donations that helped make this event possible: McDonald's, Apollo Pizza, Dairy Queen, IGA of Brodhead, Hiatt's 5 & 10, Movie Warehouse, Dairy Delite, The Cutting Edge and Sparks Flowers and More. Thank you very much for your support!



Prince and Princess runner-ups were Brittany Asher, representing the Y-Club and Jameson Cable, representing the French Club.

Bullock and Payne complete seminar

The Cumberland College Office of Student Services announces that the following students recently completed a 10-session Leadership seminar. Jessica Lynn Bullock, daughter of Roger and Sharon Bullock of Mt. Vernon and Heath Payne, son of Phillip and Kathy Payne of Brodhead.

The seminar is part of a four-year leadership project at Cumberland College. Its purpose is to teach students how leadership is effectively exercised for the enhancement of personal skills. The seminar is designed to strengthen leadership skills, analyze characteristics of good leadership style and potential. Upon completion of the course, students were presented with a certificate of completion by Diana War-

mouth, coordinator of leadership and community service, and Michael Colegrove, vice president for student services at Cumberland College.



Heath Payne

School Menu

November 18-22, 2002

Breakfast

Monday: French toast-stick and

syrop or cereal, toast/jelly, juice and milk.

Tuesday: Sausage biscuit or cereal, toast/jelly, juice and milk.

Wednesday: Popstart or cereal, toast/jelly, juice and milk.

Thursday: Chicken biscuit or cereal, toast/jelly, juice and milk.

Friday: Breakfast pizza or cereal, toast/jelly, juice and milk.

Lunch

Monday: Sub sandwich with lettuce/pickles, California vegetables with sauce, corn chips, fruit and milk.

Tuesday: Manager's choice.

Wednesday: Turkey and dressing with gravy, mashed potatoes, green beans, cranberry sauce, roll, dessert and milk.

Thursday: Spaghetti with meat sauce, garden salad, Italian bread, fruit and milk.

Friday: Pizza or sandwich, corn, garden salad, cake and milk.

Bowman receives All-America honors

University of Louisville sophomore high jumper Kelley Bowman earned All-America honors over the summer at the 2002 USAIT Junior National Championships in Palo Alto, California.

Bowman cleared five feet, seven and three-quarter inches (1.72 meters) in the event to place seventh overall. The top eight finishers earned All-America honors.

"This is a tremendous honor for Kelley," said U of L women's head coach Warren Bye. "She has worked extremely hard and has a bright future ahead of her."

The Mt. Vernon native is the first U of L women's track and field athlete to earn All-America honors since Michelle Borgert earned the distinction in 1995.

As a freshman last year, Bowman set school records in the high jump in both the indoor (1.77m) and outdoor (1.75m) seasons.

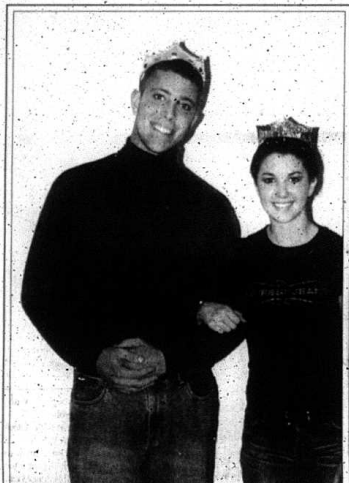
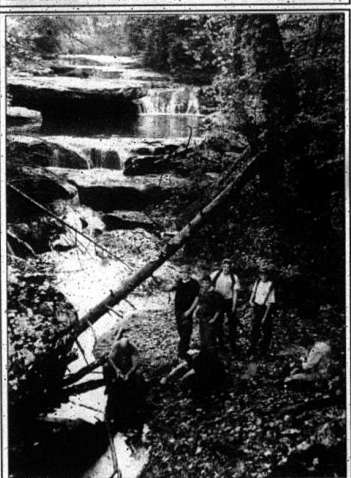
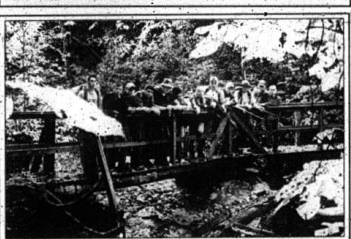
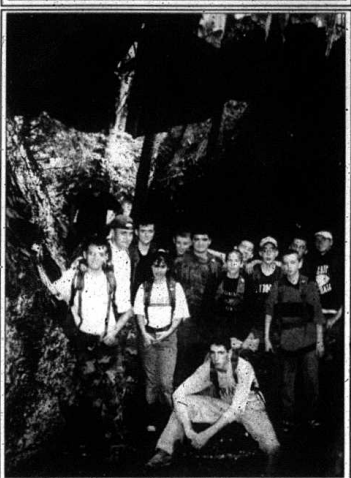
They're
happy
about the
KEES
awards
they're
earning
to help pay for college.



KHEAA
(800) 928-8926 www.kheaa.com

JROTC hikes Sheltowee Trace Trail

Members of the Rockcastle County High School JROTC hiked 13 miles of the Sheltowee Trace Trail from the Mouth of the Laurel into Cumberland Falls on Saturday, October 26th. Those attending were: Adam Stallworth, Joe Hushband, Justin Cornelius, Cory Canterbury, Josh Hayes, Justin Richards, David French, Josh Bell, Erika Toothman, Chrystal Valerio, Chris Miller, Sam Isaacs, Shane Foster and Vincent Lawson. (Not pictured are: Sergeant Major Keith Taylor, Jenny Taylor and Major Jim McGuire.)



Aaron Anderkin and Casey Taylor were crowned 2002 Senior Night Prince and Princess competition. Anderkin was nominated by the Key Club and Taylor was nominated by the Rockcastle Young Republicans.



Several members of the court pose for a picture.

Richmond Women's Health Care, LLC



Pictured L to R: Ginger Overman, Dr. Anita Spirek, Anita Garrett, Debbie Fraser, Dr. Gina Land, Sherron Oates, Tammy Simpson and Angie Smith, P.C.

Dr. Gina Land and Angie Smith, Physician's Assistant would like to announce Dr. Anita Spirek will be joining the practice on December 3, 2002. Dr. Spirek is board certified in Obstetrics and Gynecology. She will be offering late evening appointments for your convenience.

Appointments can now be made by calling 625-9450.

OBSTETRICS & GYNECOLOGY

795 Eastern By-Pass
Medical Building #2, Suite 5
Office hours are Monday - Friday
8:30 a.m. - 4:30 p.m.
Most insurance companies are accepted.

Pizza Hut will donate 20% of net sales on Monday, November 18th to the RCMS 8th grade cheerleaders to help pay for uniforms. Enjoy lunch or dinner at Pizza Hut and help the squad. The cheerleaders will serve from 5 to 9 p.m. Tips also will go toward uniforms.