

Minds in the Middle

Our bi-weekly RAP session was held Wednesday with the focus being character building. Because of the Thanksgiving holidays, the next session will be on December 4th. The topic will be "Honesty and Integrity."

The FCA would like to thank Bro. Scott Stoyon, youth minister at Bible Baptist Church, for bringing his devotionals this past week and Bro. Shelly Reynolds for agreeing to join the group next Tuesday.

Mid-term reports were sent home with students last week. Parents who have not received them may call the school at 256-6118.

Mrs. Hale will be having an ACT Review course beginning this Thursday after school. This course will be especially helpful to 7th graders participating in the Duke Talent Identification Program.

Monday, November 18th, at 4:00 will be the monthly SBDM council meeting. The Parent Teacher Group (PTG) will meet on Tuesday in the library beginning at 6:00 p.m. We are always looking for more parents to be involved.

The boys basketball season begins this Thursday evening at

Monticello. The first home game will be next Thursday, also against Monticello.

The 4-H speech contest will be held at MVES on December 3. The deadline to register is November 22. Students can find out more information in the Youth Services Center.

Bon jour to Mrs. Hendrickson and the after school French classes. We appreciated their information and posters regarding French week.

The Y-Club students who will be representing RCMS at the Kentucky Youth Assembly will be leaving on Thursday morning and will return on Saturday. They have worked hard on their bills and we wish them the best of luck in getting them passed.

Mrs. Angie Hunt's class would like to thank Jason Cogner and the 21st CCE for helping to sponsor their upcoming trip to the aquarium in Gatlinburg, Tennessee. They couldn't have done it without that support!

The seventh grade teams will be enjoying a trip to Georgetown College and the Cincinnati Zoo next week courtesy of GEAR-UP. The Adventurers will be gone on Mon-

day and the Shooting Stars on Tuesday.

YSC Update

There are several good websites containing information on "Family Life." The American Library Association offers advice on using the web and how to explore the internet with your family. The site offers teens information essential to using the web safely. The address is www.ala.org/parents/index.html. If a family trip is being planned, check out Fodors, download road maps, trip survival information, and more at www.fodors.com/familtravel.

Next time you are trying to find a movie for the whole family, go to kidsinmind.com for ratings on profanity, nudity, and violence. The site address is www.kids-in-mind.com. With the holiday rush fast approaching, don't forget about school and homework. Make time for your children and listen to what they are saying. Make sure students attend school, are involved in activities, and enjoy the "middle years."



Pumpkins, pumpkins everywhere! That was the scene at Broadhead Preschool on October 24, as preschoolers and their families painted pumpkins together at the Pumpkin Painting Party. Sixteen preschoolers, their parents, grandparents, brothers and sisters had an evening of fun working together to paint the perfect pumpkin.



Power Praise at Northside

In today's time it's easy to see that the common person is searching for something. We are looking for the quick answer, the hook up, so to speak. Sometimes the answers we are searching for just fall into our lap, but being the people we are, things that are simple aren't good enough for us. It seems we believe only the answers that are hard to come by are the right ones, not the easy ones.

Also in our time we are searching for that super hero to come and whisk us away from our troubles and save the day everyday. Did you know that there is already a super hero who has done that and is still doing that today? He goes by the name of Jesus Christ. He has not only saved the day, but He's saved eternity for all those who come to Him and believe.

Wow, you might say: How can I find this guy? The easiest way is to drop to our knees and ask Him into your heart, but if more information is what you seek, then attend Power Praise at Northside Baptist Church on Saturday, November 16th at 6 p.m.

Rest assure that the Holy Spirit of God will be in attendance that night and taking up a front row seat for all the events that are happening. There will be games, giveaways, songs of praise and worship and the dramatic efforts of a super hero in training, Captain Courage.

Captain Courage says, "Like the sword was used in the old days as an extension of the body to make it perform with more efficiency, we as Christians are extensions of Christ's arms so that He can

work more efficiently through us. Without Him we are useless tools."

So if you're a middle or high school student, looking for some answers, or maybe that super hero, come down to Northside Baptist Church. I guarantee that every answer you will ever need can be found.

Power Praise is a county wide youth event designed to teach young people that Jesus is out there and He's ready to accept you into His army. We have a general who has already won every battle. Come see all that is happening with the Lord, along with the singing of Shawn Burdette and the actions of Captain Courage.

Psalms 50:23 says, "Whoever offers praise, glorifies Me, and to him who orders his conduct aright, I will show the salvation of God."



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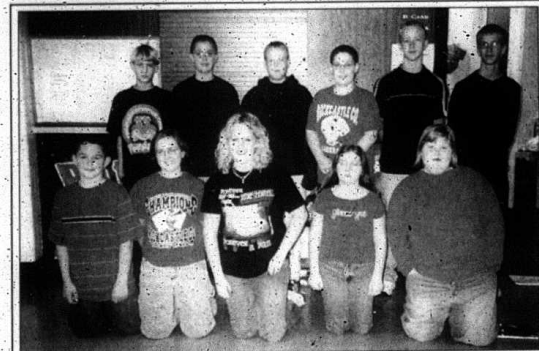
FREE

Delivery

New

Menu Items

256-5000



Each grading period this year RCMS will be giving away prizes for perfect attendance. After the first grading period, great prizes such as DVD players, movies and Wal-Mart cards were given away. Those students winning the prizes were: front row, left to right: Dustin Rader (DVD winner), Loren Reynolds, Amanda Shafer, Nekeshia Baldwin and Shayna Jones. Back row, left to right: Jason Nickle, Josh Nation, Josh Moberly, Jake Riddle, Steven Eversole and Lucas Ott.

Health Fair at RCMS

The Rockcastle County Community Health Council would like to thank all those who participated in the Health Fair at the Rockcastle County-Middle School on October 15th. The Health Fair focused on body systems, developing good health habits, and promotion of increased physical activity.

Participants were able to get the following health measures: height, weight, blood pressure, body mass index, body fat analysis and oxygen saturation rate. Many of the health agencies were present from Rockcastle County to showcase their services to the community. Students and adults were able to participate in taste tests, fitness tests, be screened for skin damage and bone density, and receive flu shots. The "Produce Man" also visited the Health Fair. There were over 900 people who attended the health fair and the Community Health Council was able to award 18 door prizes (pedometers, speed jump ropes, bicycles and helmets, healthy snacks and \$50.00) due to the generosity of our donors: Willis Coffey, Clontz and Cox, CAP, Leaf for Life, MedShares, Rockcastle County Health Department, Rockcastle County Hospital, Rockcastle County 21st Learning Centers and Family Resource Center.

The pedometers were awarded to: Stephanie Perry, Buck Blair, Brandy Pingleton, Rachel Johnson and Steve Bullock.

The jump ropes were awarded to: Garry Ramsey, Megan Mazurek,

Sabrina Sturm, Samantha Crutcher, Tonya Brock and Laynah Vance. The bicycles and helmets were awarded to: Kayla Dammel, Justin Evans, Morgan Campbell and Corey Sowder.

Fifty dollars was awarded to: Rhonda Bray. Healthy Snacks awarded to: Carolyn Ramsey. American Promise Wagon to: Marilyn Miller.



Student door prize winners.



The Produce Man

Finding student financial aid takes more than luck.



Catch us!

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