

Turkey Tips for the Holidays

By: Hazel Jackson
County Extension Agent for
Family and Consumer Sciences



It's that time of year again when many of you increase your turkey consumption. There is a lot that goes into preparing a turkey. If you buy a frozen bird for the holiday dinner this year, you will need to thaw it before cooking.

Thawing frozen meat always is a challenge since meat of any kind is vulnerable to bacteria. During the thawing process, these bacteria must not be allowed to grow. If you decide to thaw the turkey on the countertop, the outside of the turkey will be at room temperature for a considerable period of time and the meat could become unsafe or a health hazard.

Safe ways to thaw your turkey are in the refrigerator, under running water for a short period of time, in a microwave, or you can cook it frozen. The safest, most practical way to thaw a turkey is in a refrigerator. Depending on the size of the turkey, it could take two to three days for the turkey to completely thaw out, so plan ahead. One thing to keep in mind when thawing your turkey is to protect

other food from the turkey drip. Unfortunately, the incidence of foodborne disease often increases at this time of year due to mishandling of poultry meats. Salmonella is a problem in turkey and other poultry meats that are undercooked or mishandled.

You can prevent these problems by always cooking your turkey and other poultry meats to an internal temperature of at least 165 degrees Fahrenheit. Make sure to use an oven thermometer so you know when the meat is adequately cooked. Be sure you wash and sanitize your cutting board or wherever the raw poultry touched. It is much safer if you cook your stuffing separate from the turkey. You need to immediately refrigerate any portions that will not be served hot.

If you have any leftovers and want to eat them, reheat them to the required temperature and only reheat them once.

For more information on holiday food safety, contact your Rockcastle County Cooperative Extension Service at 256-2403.

Agricultural News

By: Warden Alexander, FSA Director

New Livestock Compensation Program (LCP)

Rockcastle County is now eligible for the new livestock compensation program. A program which will make available \$752 million for cattle, sheep, goat and buffalo to producers with livestock headquarters operations physically located in a county that has received a Secretarial primary disaster designation after June 1, 2001 due to drought.

Under LCP payments are based on the standard feed consumption data for each eligible type of livestock. Eligible livestock must have been owned or cash-leased by the applicant on or before June 1, 2002 and owned for a minimum of 90 calendar days. Cattle must have weighed 500 lbs or more on June 1, 2002.

Producers are reminded payments received are to be by direct deposit method. Therefore, if you do not have a direct deposit on file with the office please bring a void check with you when coming to apply for the program.

For additional information on this or any other FSA program, contact your local FSA county office. Additional information is also available on line at <http://www.fsa.usda.gov>

valid for the new programs or transactions.

Marketing Cards
Marketing cards available with all completed FSA forms by October 4th have been mailed. Producers are reminded to review the cards for the Buyers Number and Pounds on the reverse side of the card. If there is an error return the card to the office for corrections.

Producers who have not designated need to designate during the next period of December 2-6, 2002.

Direct and Counter-Cyclical Program (DCP)
Direct and Counter-cyclical payments for 2001 through 2007 will be based on each producer's individual production history. Sign up for the program scheduled to begin October 1, 2002 and end July 2, 2003.

Program participation is voluntary, and producers are responsible for meeting deadlines and complying with rules and regulations.

Producers who have questions should contact their local USDA Service Center or county FSA office. More information about the 2002 Farm Bill issues is available at <http://www.usda.gov/farmbill>.

Power of Attorney Forms
If you currently have a Power of Attorney on file with FSA, it is not

actions authorized by the Farm Security and Rural Investment Act of 2002 (Farm Bill). If you wish to retain an agent to act on your behalf for the new Direct and Counter-Cyclical programs, a new Power of Attorney form is required.

The FSA Power of Attorney form, FSA-211, has been revised to cover programs in the Act (referred to as the Farm Bill). Non-FSA power of attorney forms currently on file are not valid for any new programs authorized by the Act. Farmers are cautioned that the authorizing signature on the FSA-211, must be witnessed by either an FSA employee or a Notary Public.

Kentucky Counties Eligible for FSA Emergency Loans

Jeffery S. Hall, State Executive Director of the Farm Service Agency (FSA) in Kentucky, has announced that all Kentucky counties are eligible for Federal disaster assistance, including FSA emergency loans (EM) for eligible farmers.

On October 24, 2002, Secretary Ann M. Veneman declared Kentucky a disaster area due to production losses caused by drought that occurred from June 15, 2002 and continuing. As a result, all counties in Kentucky qualify and are eligible for EM loans through FSA.

FSA will make loans, up to

\$500,000 per borrower, at a statutory 3.75 percent interest rate, subject to a test for credit. Applications must be filed with the local FSA County Office not later than June 24, 2003.

Important Program Dates
October 1, 2002 - Sign up for BCP crop year 2002 and 2003 begins.

Farm Storage Facility Loan Program sign up continues.
Conservation Reserve Program sign up continues.
April 1, 2003 - Ending date for owners to select base and yield options.

June 2, 2003 - Sign up for the 2002 and 2003 DCP ends.
The U.S. Department of Agriculture

(USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (braille, large print, audiotape, etc.) should contact USDA's Target Center at 202-720-2600 (voice and TDD).

To file a complaint of discrimination write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Bldg., 14th and Independence Ave. SW, Washington, DC 20250-9410 or call (202) 720-5954 (voice or TDD). USDA is an equal opportunity provider and employer.

With these great prices and low, low % rates, I'll put a smile on your face!

-- Luke Gooch



2002 Chevy Malibu

V6, Alloy, Loaded
\$11,995



2001 Olds Alero

2 Dr., Auto, Loaded
\$9,500



2001 Buick Century

Loaded
\$10,995



2001 Pontiac Grand Am

2 Dr., GT, V6, Auto, Sunroof
\$13,995



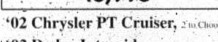
2001 Hyundai Sonata

GLS, V6, Loaded, 11K
\$11,995



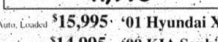
2001 Chevy Corvette

6 Spd., Glass top, One Owner
\$32,995



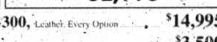
'02 Chrysler PT Cruiser

2nd Chond, Auto, Loaded
\$15,995



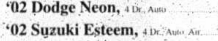
'01 Hyundai XG300

Leather, Every Option
\$14,995



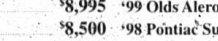
'99 KIA Sephia

Auto, Local
\$3,500



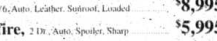
'02 Dodge Neon

4 Dr., Auto
\$8,995



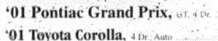
'99 Olds Alero

V6, Auto, Leather, Sunroof, Loaded
\$8,995



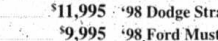
'98 Pontiac Sunfire

2 Dr., Auto, Spoiler, Sharp
\$5,995



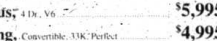
'02 Suzuki Esteem

4 Dr., Auto, Air
\$8,500



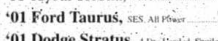
'01 Pontiac Grand Prix

GLT, 4 Dr.
\$11,995



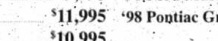
'98 Dodge Stratus

4 Dr., V6
\$5,995



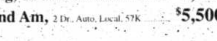
'01 Toyota Corolla

4 Dr., Auto
\$9,995



'98 Ford Mustang

Convertible, 33K, Perfect
\$4,995



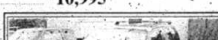
'01 Ford Taurus

SES, Air Power
\$11,995



'01 Dodge Stratus

4 Dr., Loaded, Spoiler
\$10,995



'01 Hyundai XG300

Leather, Every Option
\$14,995



'99 KIA Sephia

Auto, Local
\$3,500



2001 Chevy Tracker

4 Dr., 4x4, Auto, Power Pkg
\$12,500



2001 Ford Escape

4x4, Loaded
\$15,995



2001 Chevy S10

X-Cab, LS, V6, Auto, 4x4
\$16,995



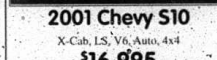
2000 Chevy Silverado

LS, Shortbed, 4x4, Loaded
\$12,500



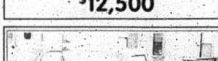
2000 GMC Jimmy

4x4, 2 Dr., 16K, Loaded
\$13,995



1999 Toyota Tacoma

4x4, 24K
\$12,500



'02 Suzuki Grand Vitara

4x4, Loaded
\$13,500



'02 Suzuki XL7

4x4, 16K, Power
\$14,995



'01 Chevy S10

LS, X-Cab, Auto
\$10,995



'01 Chevy S10

LS, X-Cab, Auto
\$9,450



'01 Ford Windstar

LS, Power Pkg
\$10,995



'97 Ford F350

Crew Cab, Power Stroke, Alum. Bed
\$10,500



'01 Chevy Blazer

LS, 4 Dr., 4x4
\$17,500



'00 Dodge Caravan

SE, 4 Dr., Loaded, 2nd choice
\$12,500



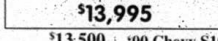
'00 Chevy S10

Extreme, X-Cab, V6, Auto
\$13,500



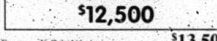
'02 Suzuki XL7

4x4, 16K, Power
\$14,995



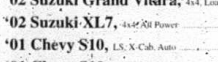
'99 Chevy Silverado

Shortbed, 4x4, V8
\$14,500



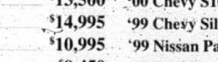
'99 Nissan Pathfinder

SE, 4x4
\$15,995



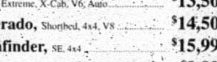
'01 Chevy S10

LS, X-Cab, Auto
\$9,450



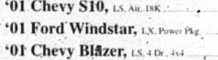
'99 Ford F150

XL, Auto, Air, Tupper
\$9,995



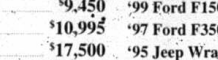
'97 Ford F350

Crew Cab, Power Stroke, Alum. Bed
\$10,500



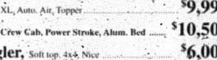
'01 Chevy Blazer

LS, 4 Dr., 4x4
\$17,500



'95 Jeep Wrangler

Soft top, 4x4, Nice
\$6,000



'95 Nissan X-Cab

Air, 40K
\$9,995

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