

Points East

By: Ike Adams

I'm not normally big on doing any Christmas shopping in advance of the season. I tend to get into the Christmas giving spirit a day or two before Christmas Eve, which is when the season begins for me.

I go to the stores and buy underwear and socks and chocolate covered candies and dutifully wrap them up and put them under the tree at the very last minute, mostly because, that's when stuff gets marked down by the sellers to prices that are fair and reasonable.

Sexy pants, for example, can be had, all over the mall, for a mere price of the offering price on Thanksgiving Day if you wait until late December 23rd to buy them.

"You like these 'Western striped jobs', the clerk will ask and she will hold up for you and all the world to see, a pair of ladies underpants dyed hot pink or baby blue and cut so scantily that you wonder why any decent woman would ever be caught wearing them?"

"23 dollars a pair just last week," the clerk will say. "Ten pairs for three dollars tonight only."

It's no wonder the women in my family love me so much. I know a bargain when I see one.

I just hope they reciprocate with good wool socks.

Speaking of bargains, the best music in the world is coming out of the Mountains of Eastern Kentucky right now. My CD player is loaded with the best music I've ever heard in my life and it all originated near home. Please consider buying one of these recordings as a Christmas Present for someone you love or just give it to yourself. I promise that

you will be thrilled and entertained beyond words....

My brother, Andy, was down to visit from Fletcher County a week or so ago and he gave me a copy of The Master's Harmony's latest CD and it is the best new collection of gospel harmony I have ever heard in my life. A collection of mostly original, blues-influenced, songs of praise, the latest album title is called Pressing Onward. This is absolutely the best, pure, mountain, gospel harmony, sweetly-voiced with traditional instruments that you will hear in a lifetime. I'm wearing it out on my CD player and I still can't get enough. I listen to it in the morning and the evening and it's playing right now. If you want to give somebody a super present for Christmas, this is the

gift of heartfelt music. This is as good as if gets. You can order the CD by sending a check or money order in the amount of \$17.00 to Charlene Mason (who sings like a bird), C/O Copper Box, P.O. Box 963, Mayking, KY 41837. (If you'd rather have a tape, the price is only \$12.00).

What you can't go wrong on is purchasing some mountain music and making that your present when it comes time to pass out the gifts this year.

Over the coming weeks we will, right here in this little corner of your favorite family newspaper, introduce you to some more remarkable talent that you aren't apt to hear on the radio all that often. And if you buy it, you are gonna call and write us and you are gonna beg us to tell you more. That I guarantee.

Our Readers Write

Dear Editor,

On our trip from Pigeon Forge, Tennessee on Interstate 75 we had car trouble near the Mt. Vernon exit. As we were trying to decide what we should do a car backed up to us and asked if he could help. His name was Wendell Williams. He helped us get a wrecker, who arrived soon and got us to B.P. Service Station in Mt. Vernon, where our problem was taken care of very quickly. These men, Wendell Williams, William Denny and the owner of B.P. Service Station went out of their way to be helpful and friendly.

Thank you,
Sam Bennett, Delbert
Ball and wives,
Burgin, KY

Dear Editor,

Just to ask, will the person who took the small bronze plaque off the Army footstone of Chester F. Phillips' grave in Davis-Witt Cemetery, please take it back.

Perhaps you threw it over in the woods, tossed it off the guardrail on the hill, or took it home and put it in the garbage or perhaps you still have it, or know where it is. If you do, just take it back and put it down over the screws, and I will get the tops for it. No questions will be asked.

Yours truly,
Ruth Phillips
Berres, KY

Dear Editor,

The Rock of Ages Mission will be opening on December 2 at 9 a.m. folks, we really need your help for this work. We would like for ev-

eryone who is interested to come on out on December 2 and see what the Mission is all about. If you are not familiar with us, what we do is ask for donations, we then bring the items to people in need. We have a few items at this time, but are in desperate need of beds, chairs, tables, and tables, refrigerators, cooking stoves and food.

This Mission serves Rockcastle and surrounding counties, and is free to everyone in need. If you would like to bring an item(s) with you on the opening day, please do. You may want to be a monthly supporter and make a contribution to the Mission. In whatever way you want to help we say thank you.

This service is for the people. We really care about you-we don't mean to sound like we're begging, but we just simply need everyone who will to back us up in this service. If you need help, will you please call us anytime? Please remember this date and time to attend!

December 2 at 9 a.m.
Rock of Ages Mission
1047 South Main St., Broadway
(Hwy. 150)

758-8546 or 758-4203

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Skin cancers are common on the face

Presented By: Dr. David Brabson

Skin cancers are usually easy to find. They are right on your face. The areas that catch the most sun—the lips, cheeks and nose—are the most likely areas to develop a cancer.

These cancers are called basal cell cancers and are slow-growing. They grow so slowly that a person often ignores them assuming that they are only a chronic irritation. However, any skin cancer that lasts more than a few weeks should be checked by your doctor.

It is wise to remove these cancers early. Although they do not commonly spread like other cancers, they can damage deeper tissues in the nose, ears or around the eyes which will result in scarring and poorer cosmetic results.

There are a few different ways to remove these cancers. Often they are simply cut out and the skin sewed together. This will leave a small scar.

A scar can usually be avoided by using a more complex micro-surgical technique and cauterization.

For precancerous skin changes, treatments that destroy the abnormal cells are quite successful. This can be done by freezing the skin with liquid nitrogen or with an anticancer lotion.

You can reduce the sun's damage to the skin and risk of skin cancers by protecting the skin with sunscreens, broad-brimmed hats and avoiding the outdoors during the peak hours of ultraviolet exposure: 10 a.m. to 4 p.m. The damage from sun exposure accumulates over the years, so you should start using these protective measures at an early age.



Dr. Brabson

Volunteers needed

Volunteers are needed to help other people with their taxes in the Volunteer Income Tax Assistance (VITA) program sponsored by Kentucky Communities EOC (K.C.E.O.C.) in Barbourville.

Volunteers provide free assistance to taxpayers who cannot afford professional tax help, particularly those who file basic returns. Volunteers assist those with special needs, including persons with disabilities, non-English speaking persons and

older taxpayers. TCEVITA assistance is provided in neighborhoods at libraries, community centers and schools which are conveniently located for taxpayers.

Interested applicants need to apply before January 20th, for free tax preparation courses scheduled thereafter. Inquire about volunteer reimbursement and mileage.

Persons interested in participating in the TCEVITA program should contact Brenda Moses of K.C.E.O. at (606) 546-3132.

Local dance hall manager says rumors are destroying business

"All we're trying to do is provide a clean, orderly place for people to have fun," says Mike Gampfer, manager of Scudder's in Mt. Vernon. But Gampfer says, customers, who have been told to leave because of alcohol or drug use, have spread rumors about the dance hall until business has dropped off dramatically.

"If something doesn't change in the next three weeks, we'll have no choice except to shut down," Gampfer said Tuesday.

According to the manager, attendance has dropped from about 40 people on Saturday night to three last Saturday night at the club, located in the former Hilltop Flea Market building next to Farm Bureau on U.S. 25.

The club is absolutely alcohol and drug free, Gampfer says and Jettie James Miller has visited the club and commented on the cleanliness and orderliness of the business.

"We should have shut down three weeks ago, financially," Gampfer said but the owner, Scudder Pearson of Richmond is trying to give the area somewhere to go and enjoy themselves.

Scudder's is open Thursday, Friday and Saturday night. Thursday is Karaoke night. "We have had children on Karaoke night performing and parents have also brought their children with them on Friday and Saturday nights to enjoy the country music provided by live bands," Gampfer said.

Gampfer said that when attendance dropped suddenly, he went out into the community and asked people why. His answer was that they had heard there were drugs and alcohol being used and, on question, he found out that the source of this came from people who had been told to leave

because of violating the rules. "We have four security men on the premises at all times," Gampfer said, "two ex-military men, an experienced bouncer and myself."

According to Gampfer, "This is a last resort (coming to the Signal), if

things don't change in the next three weeks, we will have to shut down."

Gampfer said he would welcome DEA people to bring drug dogs or undercover cops to the club to prove the club is clean. Article for Business Briefs

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Dr. Michele L. Richards

Ear, Nose and Throat at Cumberland Medical Associates
Dr. Richards has professional interests in the treatment of pediatric and adult ENT disorders such as ear infections and tonsil and adenoid infections, sinusitis, nasal breathing problems, cancer of the head and neck, and voice problems. Dr. Richards will be hosting a satellite clinic for local ENT consultations at Cumberland Medical Associates located at 1406 W. Fifth St., Suite 201 in London, Kentucky on the second and fourth Thursday of each month.

Dr. James M. Craven

Ear, Nose and Throat at Cumberland Medical Associates

Dr. Craven professional interests include all aspects of otolaryngic diseases with particular interest in thyroid and parathyroid tumors, and surgery for obstructive sleep apnea and snoring. He has extensive experience in pediatric ENT disorders. Dr. Craven will be hosting a satellite clinic for local ENT consultations at Cumberland Medical Associates located at 1406 W. Fifth St., Suite 201 in London, Kentucky on the first and third Tuesday of each month.

The Ear, Nose and Throat Department can be reached at (859) 255-4371 or 1-800-565-6841, ext. 4371.

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