

The American Red Cross needs your help!

Single family house fires growing at an unprecedented rate

The Daniel Boone Chapter of the American Red Cross launched an emergency appeal to help offset the expenses of the most recent surge of single-family home fires in its seven-county area last Friday. The expenses total approximately \$21,000 for a six-month period. Home fires are leaving many homeless and many others without the necessities of life. The American Red Cross responds to all single family fires in the disaster region that includes the following counties: Madison, Jackson, Lincoln, Owsley, Garrard, Lee, and Rockcastle.

"The Daniel Boone Chapter of the American Red Cross assists all families affected by providing emergency housing, groceries, new clothing, household items, medicine and transportation."

"The reaction I've heard most often from people, who realize the devastation inflicted upon the neighbor or church member is, 'What can I do to help?'" said Dawn L. Lewis, Chapter Executive Director.

The answer: Send a financial contribution toward the Red Cross, which is on the scene providing emergency assistance because "Help Can't Wait."

An average family of four involved in a fire costs the Chapter approximately \$5,000. Larger families require even more.

The American Red Cross is in great need of the public's support of this vital disaster-relief effort. Contributing to the American Red Cross Disaster Relief Fund is the single most important thing you can do to provide immediate help.

Financial contributions enable the Red Cross to provide free assistance to individuals and families regardless of the type of disaster or where it occurs. In addition to providing shelter, food and first aid, the Red Cross helps disaster victims pay for what they need most. This may include groceries, new clothing and rent, as well as emergency home repairs, transportation, household items, medicines and tools.

Lewis points out, "The Red Cross is not a government agency. We depend on the generosity of the American people, who come forward during times of need to help their neighbors. Ninety-two cents of every dollar spent by the Red Cross goes directly to provide services to help people."

All Red Cross disaster assistance is free, made possible by voluntary gifts of time and money from the American people. Anyone wishing to make a financial contribution to the American Red Cross may do so by sending a donation to the Daniel Boone Chapter of the American Red Cross at 1835 Big Hill Road, Berea, KY 40403 or call (859)986-4221 to make a contribution by phone using American Express.

Subscribe to the Signal 256-2244



Tasty Christmas gifts to make - soup!

Here's an idea for a great gift that's quick to make for all your hard-to-buy-for friends and neighbors—and it won't break your budget. You can buy the ingredients you'll need during your regular grocery shopping trip. The culinary professionals at Pioneer Brand, producers of a variety of gravy mixes, have developed four new soup recipes that are perfect for gift giving. Your friends and neighbors will truly appreciate these thoughtful and tasty gifts from your kitchen. Each full quart jar, with a pretty "layered arrangement" of ingredients to make Soup in a Jar, each soup mix, starts with gravy mix as its base. Additional

seasonings and pasta "complete the mix," which costs about \$2.25 each. Since filling a dozen jars is just about as easy as filling one (a mix will not purchase a case of the quart-wide-mouth jars found in grocery or hardware stores), you can make a dozen of the Soup in a Jar mixes. Better yet, give your children to help you make your gifts. In one evening, you can have all your Christmas preparations for your friends and co-workers completed. In the bustle and bustle of the holiday season, taking a moment to deliver creative gifts from your kitchen brings the season for everyone. Thoughtfulness takes on a special meaning. So

when you give gifts from your kitchen, you'll want them to look as nice as they taste. Show craft stores for small jars, kitchen utensils and decorations. Generate recipe cards on the computer using colored paper, stick and design. Add a colorful cloth, a ribbon and a card with the simple instructions for simmering the soup, and you've got a great gift. If you like, prepare the jar up to a month before Christmas.

"Dreaming of a White Christmas" Soup in a Jar

- 1 package (2.25 oz.) regular or no-fat Pioneer Brand gravy mix (Pioneer Brand recommended)
- 2 tablespoons dried minced onion
- 2 tablespoons dried celery flakes
- 2 tablespoons dried parsley flakes
- 2 1/2 to 3 cups uncooked wide egg noodles or other pasta

Pour gravy mix into wide-mouth quart jar. In small bowl, stir together bouillon granules, onion, celery and parsley. Pour this mix to make second layer. Add noodles. Close with lid. Attach gift tag (below) and decorate jar as desired.

Gift Tag: Enjoy contents of jar in a 4-quart saucepan or Dutch oven. Add 8 cups water. Heat to boiling on high. Reduce heat to medium; add 1 (10-oz.) or 2 (6-oz.) cans cooked and chopped chicken. Cover and simmer for 3 to 6 minutes or until noodles are tender; stirring occasionally. Make 8 servings.

"Christmas Is Love" Soup in a Jar

- 1 package (1.88 oz.) regular or no-fat brown gravy mix (Pioneer Brand recommended)
- 2 tablespoons beef bouillon granules
- 1/2 cup dried minced onion
- 1/2 cup dried celery flakes
- 2 tablespoons dried parsley flakes
- 1 cup rotini pasta or tri-color alphabet, penne, or bean-shaped pasta

Pour gravy mix into wide-mouth quart jar. In small bowl, stir together bouillon

granules, onion, celery and parsley. Pour into jar to make second layer. Add rotini. Close with lid. Attach gift tag (below) and decorate jar as desired.

Gift Tag: Brown 1 lb. ground beef in a 4-quart saucepan or Dutch oven. Add contents of jar. Cook water and 1 cup (16-oz.) chopped tomatoes, undrained; heat to boiling on high. Reduce heat; cover and simmer for 5 to 7 minutes or until pasta is tender; stirring occasionally. Garnish with shredded Cheddar cheese. Make 8 servings.

"Stir in 1 cup frozen peas or green beans. If desired."

Tip for filling jars: Use a funnel to pour the dry ingredients into the bottom of the jar.

Decorating Tip: Cut an 8-inch circle or square out of Christmas or other festive fabric to decorate the tops of the jars. For extra padding, cut a 4-inch round of polyester batting and place on top of lid; cover with fabric and tie with ribbon.

For more information and recipes, visit the Pioneer Brand Web site: www.pioneerbrand.com

Merry Christmas Grandma Ruth! We love you! Alaina & Caroline

FOOD WORLD

AD PRICE VALID Tuesday, Dec. 17, 2002 thru Dec. 30, 2002

We reserve the right to limit quantities and to correct any clerical or printing errors. Prices valid in Kentucky.

Whole or half Fischer's Boneless Festival Hams Virginia Ham 1.99 1.59		Navel Oranges Junior Florida Star Ruby Red Grapefruit 79¢ 1.39		Betty Crocker Cake Mix Southern Baking Hens 79¢ 79¢	
Crisco Oil 2/3 99¢	Shank Portions Gwaltney Smoked Hams 6 oz. 2/\$2	Stokely's Vegetables 14 to 17.5 oz. 5/\$1	Philadelphia Cream Cheese 8 oz. Kraft 69¢	Shurfin Sugar 5 lb. 1.49	Prarie Farms Ice Cream 2/\$5
Sara Lee Fruit Pies 37 oz. 2.89	Stove Top Stuffing 6 oz. 2/\$2	Miracle Whip or Mayonnaise 12 oz. Kraft 1.99	Campbell's Cream Soups 10.75 oz. Sel. Var. 4/\$3	Keebler Pie Crusts 6 oz. Sel. Var. 1.19	White Lily Flour 5 lb. 2/\$3
Carnation Evaporated Milk 12 oz. 3/\$2	Cool Whip Topping 8 oz. 99¢	Land O Lakes BUTTER 1 lb. 2.99	Pillsbury Chub Cookies 10 oz. 2/\$4	Tropicana Orange Juice 64 oz. 2/\$5	Sweet Sue Broths 14 oz. 2/\$1

Turkey Valley Turkey Breasts
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10 lb. & Up Grade A Basted Shurfresh Young Turkey
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Center Cut Pork Loins 1.99

2 Lb. 41 to 50 Neptime Cooked Shrimp 13.99

Gwaltney Spiral Hams 2.49

PRODUCE SALE

10 lb. Bag New Crop Idaho Potatoes **2.49**

La. Sweet Potatoes 0.5 to 1 lb. **.59¢**

Sleeved Dole Celery **.99¢**

Jumbo Red Delicious Apples **.89¢**

Dole Garden Salad **.99¢**

Cella Red Radishes **.99¢**

Grimmway Farms Mini Carrots **.99¢**

Vegetable Platter 1/2 lb. w/100 berries **.89¢**

Clementine Tangerines 1 lb. gift box quantity **.69¢**

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