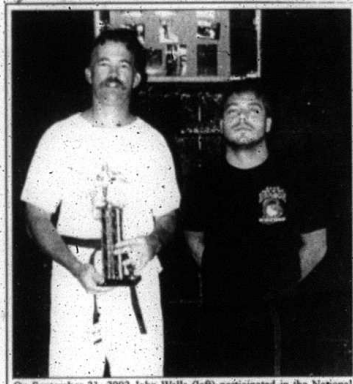




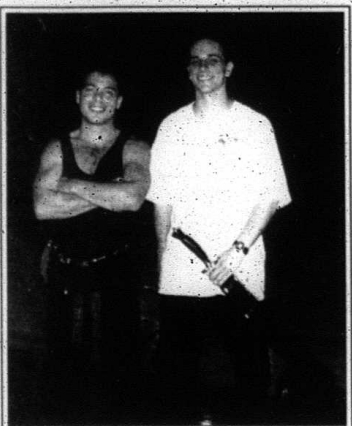
On September 22, 2002 Jay Parks (middle) from Eric Bullock's Mt. Vernon Shaolin Karate Club tested before 10th degree blackbelt Grandmaster Sin The' (left) in Lexington and received his first degree blackbelt. His instructor, 4th degree blackbelt Eric Bullock (right), accompanied him to the test.



On September 21, 2002 John Wells (left) participated in the National Shaolin Karate Tournament at Lexington Catholic High School in Lexington. He received a third place trophy in point sparring. Wells is a student at Eric Bullock's Mt. Vernon Shaolin Karate and is shown with his instructor Eric Bullock.



On September 22, 2002 Darryl Coffey (left) tested before Grandmaster Sin The' (center) in Lexington and received his second degree blackbelt. Coffey is a student at Eric Bullock's Mt. Vernon Shaolin Karate Club and also is head instructor of his own Shaolin Karate Club in Ctr. F. Coffey's instructor Eric Bullock (right) accompanied him to the test.



On September 21, 2002 Joe Harmon (right) from Eric Bullock's Shaolin Karate Club participated in the National Shaolin Karate Tournament at Lexington Catholic High School in Lexington. Harmon received a second place trophy for the empty hand form - Monkey Hua, and a second place trophy for the weapon form - Drunken Two Edge Sword. He is shown here with his instructor Eric Bullock. Eric participated in the tournament blackbelt demonstration by performing the empty hand form - Ground Dragon, and weapon forms - Chainwhip and Broadsword and the Three Sectional Staff. For information about Shaolin Karate lessons call 758-4744.

## Air Travelers need to know their rights

Major airlines have become less customer service oriented and more focused on finding ways to be profitable, says AAA. This means air travelers need to be more savvy now that there are fewer flighting and airlines are constantly changing penalties and restrictions for ticket purchases and fare changes.

"Airlines leave it up to passengers to keep abreast of sweeping policy changes regarding schedule changes, flight cancellations, and ticket refunds," said AAA spokesperson Lilla Mason. "Travelers have to be much more knowledgeable about their rights."

AAA offers the following tips for people traveling by air over the holidays.

Travelers need to do their homework in planning flights. Always have a back-up flight in mind, start travel earlier in the day and avoid the last flight of the day, which is usually among the first to be eliminated.

Due to shrinking schedules, travelers should double-check to see if flights or times have changed. When you purchase a ticket through a AAA travel agent, any schedule change will be communicated directly to the client by a AAA travel employee.

Travelers are encouraged to purchase airline tickets with a credit card. In the event that an airline defaults and the traveler must cancel the trip, credit card companies generally

will not require payment because the service was never rendered.

If a traveler purchased a ticket and the airline then declares bankruptcy and ceases service, by law rival carriers must accept the ticket with a maximum of \$25 in fees each way. However, the carriers are not required to confirm space, thus forcing the traveler to fly "standby." This law may change in April 2003.

Be aware of time limits for rescheduling and for credit card refunds, said AAA spokesperson Lilla Mason. "Most airlines will give travelers 60 days to reschedule. Most credit card companies will observe the same time limit."

Purchasing airline tickets through travel agents can save time and money, even though a fee may be charged. Agents work for the customer, not the airlines, so if a problem occurs, travel agents will work to make sure their clients get to their desired locations as quickly and efficiently as possible.

## AAA projects slight drop in holiday travel

The 59.1 million Americans who plan to travel 50 miles or more from home this Christmas-New Year's period is down about one percent from the near-record 59.9 million people who took a trip during the 2001 holiday, according to AAA.

A total of 45.9 million travelers expect to take a trip by motor vehicle this holiday, approximately three percent fewer than last year's 47.4 million.

Another 11.2 million plan to go by airplane, nearly seven percent more than the 10.5 million during the same period in 2001. An additional two million are expected to take a trip by train, bus or other mode of transportation, the same number as last year.

Although travel may be down slightly from a year ago, this Christmas-New Year's should be the third heaviest traveled in at least the last nine years. A record 63 million people traveled over the 1995 holiday period.

"The most encouraging aspect of this year's travel forecast is that for the second straight holiday, Americans are returning to the skies in increasing numbers," said AAA spokesperson Lilla S. Mason. AAA projected a six percent increase in Thanksgiving holiday air travel.

Mason also pointed out that this year's total travel projection is still expected to be nearly four percent higher than the 2000 Christmas-New Year's holiday when 57.1 million people took a trip.

The Southeast is expected to have the greatest number of auto travelers, with 12.1 million. Other regions and their expected number of motorists include the West, 11.5 million; Midwest, 9.7 million; Great Lakes, 7.3 million; and Northeast, 5.3 million.

According to AAA's survey, 33 percent of travelers plan to visit a town or rural area while another 31 percent expect to go to a city. Other popular destinations include: ocean beach, 14 percent; mountains, 7 percent; state/national park, 3 percent; theme/amusement park, 3 percent; lake area, 2 percent; don't know or other, 7 percent.

While 57 percent of travelers plan to stay with a friend or relative, another 32 percent will be staying at a hotel or motel. Other lodging plans include: cabin/condo, 3 percent; camper/trailer/RV/rent, 1 percent; bed and breakfast, 1 percent; no overnight stay or don't know, 4 percent.

AAA's holiday travel projections are based on a national telephone

survey of 1,300 adults conducted by the Travel Industry Association, which does special research for AAA.

AAA Blue Grass KY is a not-for-profit automobile club serving 121,000 members throughout Central and Eastern Kentucky and also in several counties in Virginia and West Virginia. Since its founding in 1902, AAA has been a leader and advocate for the safety and security of all travelers.

## Langford attends training

Sharon Langford of the Rockcastle County Citizen Foster Care Review Board attended the 2002 CFCRB Training Conference held at the Bowling Green/Warren County Convention Center Nov. 8-10.

The three-day conference provided reviewers with the opportunity to develop professional technical training and skills. Seminars and workshops addressed topics pertaining to board chairs and vice chairs, the medical and educational needs of children in foster care, counseling issues that arise from abuse and neglect, and the placement options and services available to children and their families.

Suzie Cashwell, Ph.D., acting director of the foster care social work program at Western Kentucky University, gave the keynote address at the awards banquet Nov. 8. A variety of foster care experts, Kentucky judges and Administrative Office of the Courts (AOC) staff conducted general sessions and small-group discussions throughout the weekend.

The Citizens Foster Care Review Board Conference Committee planned the program. The Department of the AOC in Frankfort, Ky., sponsored and administered the event.

Nearly 700 volunteers across the state serve as members of the Kentucky Citizens Foster Care Review Board. The Kentucky General Assembly created the CFCRB in 1982 as a way to decrease the amount of time young people spend in foster care. Today there are more than 140 local boards across the state.



### TOOL SALE

### TOOL SALE

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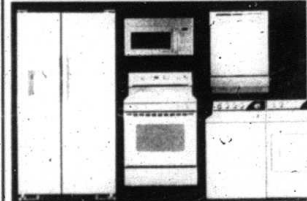


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