



The RCHS Swim Rockets competed at Berea College last Friday. Pictured are: Kellan Coffey, David Gabbard, Rachel Cain, JT Taylor, Emily Childress, Jacob Houk, Holly Cromer, Garrett Hasty, Lauren Burton, and Coach Charon Burton.

Rockcastle Swim Rockets compete at Berea College

The RCHS Swim Rockets were in action last Friday at Berea College vs. Berea and Madison Southern.

Before the race seniors Holly Cromer, Garrett Hasty and Jacob Houk were recognized by the host teams.

The men's 200 Medley relay team of Jacob D. Taylor, Jacob Houk, Garrett

Hasty and JT Taylor set a new school record.

Lauren Burton, who had previously set the school record in the 500 yard freestyle earlier this year, was at it again by beating the record again with a time of 6:14.19.

Rachel Cain, Kellan Coffey, Emily Childress and Lauren Burton finished in 1st place in the 200 yard freestyle relay.

Kellan Coffey had a 1st place finish in the 200 freestyle while Rachel Cain took 3rd place.

In the 50 freestyle Lauren placed 1st and Emily Childress was 2nd. JT Taylor finished 2nd in the men's 50 freestyle.

Jacob Houk placed 2nd in the 100 Butterfly after achieving his best time of the year and Rachel Cain

placed 2nd in the 100 backstroke.

The Swim Rockets achieved 50% better times.

“Fishing”

(Cont. from A8)

for the Bobby Lane Cup Fishing Tournament. He won a plaque and an autographed rod, signed by Boyd Duckett, a BASS champion for over 30 years.

The team also received many gifts from various vendors and professional fishermen. We had a great time and learned a lot of new fishing skills.

The team has KHSAA tournaments this Saturday and February 23rd at Lake Linville from 9 a.m. to noon.

They will participate in



Seniors being recognized at Madison Southern/Berea Swim meet were: Holly Cromer, Coach Charon Burton, Jacob Houk, and Garrett Hasty.

tournaments at Lake Cumberland on March 16th and 23rd from 7 a.m. to 3 p.m.

The team's regional tournament will be at Lake Cumberland on April 7th and the State Tournament will take place April 27th at Kentucky Lake.

Thanks to all our sponsors for their donations. Please visit our beautiful gymnasium -- Lake Linville. We have fishing hats and t-shirts for sale and the proceeds help sponsor our team. *Submitted by: Doug Clements, advisor/director*

“Lady Rockets”

(Cont. from A8)

her team.

“No one likes to lose and we are going to have to buckle down as a team,” Noble said. “It's the little things that are getting us beat and we need to perfect these things in practice.”

The Lady Rockets will

join the Rockets in a double header on Friday night as they both take on the Casey County Rebels at home. Tip-off for the Lady Rockets game is 6:30 p.m.

Noble said that her team is looking for revenge after suffering a 63-57 loss to them last Friday night.

“We definitely want a win real bad after losing to them last week,” Noble said. “We need to stop their dribble drive penetration, limit second chance opportunities and out-rebound them in order to win.”

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