

in 2013

COUNTY-WIDE

Stride

2013 Run/Walk Series



Get set for the 2013 County-Wide Stride run/walk series. This year's series once again features **12** events throughout Rockcastle County!

WHAT'S IN IT FOR YOU:

Up for seven? Complete 7 races for a long-sleeved dri-fit County-wide Stride shirt

Try for 10! Complete 10 races for a dri-fit shirt and a \$25 gift certificate to John's Run Walk Shop

Do the dozen! All 12 races for dri-fit shirt, \$25 gift certificate from John's Run Walk Shop, and a personalized commemorative plaque

No separate registration is required for the series and there is no additional entry fee; we'll keep up with who participates at each event. For questions call Susan Turley at (606) 256-7746.

2013 Race Schedule

Snowball Express 2-miler
January 27

4K for Heart Health
February 23

St. Patrick's Day 5K
March 17

Fairview Baptist Church 5K
April 27

Brodhead Hustle 2-miler
May 25

Fit Family Run
June

Rockcastle 5-miler
July 13

Run, Bike or Hike
August 17

Livingston Leap 2-miler
August 31

Bittersweet 5K
October 5

Gobble Go Go 5K
November 16

10th annual Jingle Bell 6K
December 7

To register for races or for more details visit rockcastleregional.org/countywidestride