

Strange... But True?

by: Tonya J. Cook



There'll Be a Hot Time in the Old Town Tonight: A Story of Spontaneous Human Combustion

During my junior or senior year of high school I remember having a teacher who was captivated by an unusual supernatural event and spoke of it quite often. I didn't give it much thought at the time, but since have wondered about it myself. The strange occurrence is "spontaneous human combustion". SHC is the mysterious phenomenon of a person just bursting into flames for no apparent reason. The flames burn very hot and are extremely localized. The body is usually totally consumed, leaving only the extremities on most occasions. Objects near the charred body are relatively untouched by the intense heat. It is a rare occasion in that only about two hundred cited cases have been noted around the world over three hundred years as of 1995.

Some of the natural explanations that may give some insight to the cause of this phenomenon is abnormally high or raised levels of blood alcohol. Others include smoking, not consuming enough fluids or an external source of ignition such as dropping a cigarette. Ketosis is a possible factor caused by alcoholism or low-carbohydrate dieting that produces acetone, which is highly flammable, in the body.

Other explanations are

supernatural and biblical. Numbers 11:1 refers to the anger of the Lord being kindled and a fire consuming some of the ancient Israelites because they complained. Some say it may be the result of high-energy particles or gamma rays, or even ball lightning from a thunderstorm.

The torso is the focus of the fire. There is no accelerant noted and damage is limited to the body, leaving the surrounding objects almost untouched. The victim is usually alone at the time of death, and is thought to be alive when the fire started. Some other characteristics in common with each victim is that they are people with low mobility due to age or obesity and poor health.

SHC has proven to be a popular topic in literature. Authors such as Charles Brockdere Brown, Nikolai Gogol, Charles Dickens, Jules Verne, Bob Shaw, and Michael Scott have written about it. It has been the focus in film and on TV shows such as CSI, Dead Like Me, Fringe, NCIS, and video games by Playstation.

This is where this fiery phenomenon will end this week but we will take another look into this occurrence next week. Are you at risk? Who were some of the victims? Why is it on the rise? Find out next week in "Strange...but True?".

Reference sources:

Wikipedia and

TheShadowlands.net

Mamaw's Kitchen

By Regina Poynter Hoskins

CAPRESE PASTA SALAD

This makes a lot of salad, but it also keeps well in the refrigerator. In the summertime, I like to keep some made so we can have a quick, easy, and cool meal (or snack).

1 package (16 ounce) mini bow tie pasta
2 cups grape tomatoes, halved
7 ounces fresh mozzarella cheese, cubed
1 medium sweet yellow pepper, chopped
1 small red onion, chopped
1/2 cup pickled banana pepper rings, chopped
1 can (3.8 ounce) sliced ripe olives, drained
1/2 cup fresh basil leaves, thinly sliced

DRESSING:
1 cup red wine vinegar
1 cup olive oil
1 garlic clove, minced
1 teaspoon salt
1/2 teaspoon pepper
1/4 teaspoon dried basil

Cook pasta according to package directions; drain and rinse in cold water. In a large bowl, combine pasta, tomatoes, cheese, yellow pepper, onion, pepper rings, olives, and basil.

In a jar with a tight-fitting lid, combine the dressing ingredients; shake well. Pour over salad and toss to

coat. Cover and refrigerate for at least 1 hour before serving.

SEVEN (OR EIGHT) LAYER SALAD

Uncle Paul's wife June was the first to bring this salad to our holiday and Sunday meals. It has certainly withstood the test of time as it is still one of our favorites.

1 medium head lettuce, shredded
1 sweet onion, chopped
1 cup celery, chopped (optional)
1 package (about 16 ounce) frozen green peas, thawed and drained
5 hard-boiled eggs, chopped
8 strips bacon, cooked crisp and crumbled
1 and 1/2 cups Miracle Whip® or mayonnaise, spread evenly over bacon layer
2 cups Cheddar cheese, shredded

Layer ingredients in order given in a 9 x 13 glass dish. Do not toss. Refrigerate several hours or overnight before serving. NOTE: Some of the family likes to thin the Miracle Whip® out a little bit by mixing it with 2 tablespoons milk and 1 teaspoon sugar. Adjust the amount of Miracle Whip® to your taste.

National Day of Prayer is Thursday, May 2nd

The 62nd annual National Day of Prayer service will be held Thursday, May 2nd at noon on the courthouse lawn.

The theme for this year's observance will be "Pray for America." The scripture passage will be from Matthew 12:21 "And in His name shall the Gentiles trust" which reminds us that "in His name, the nations will put their hope."

Guest speaker will be Kent Ostrander, Executive Director of the Family Foundation of Kentucky. Brother Luther

Allen will be leading the singing and Bro. Dewayne Hutton will provide the special music.

Opening remarks and prayer will be by Senator Jared Carpenter and the event will be closed in prayer by Bro. Randy McPherson.

The public is invited to spend time in prayer for our government, military, churches, schools and families.

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ABSOLUTE Auction

The Davis Family's 60 Acres +/- Along Rockcastle River

Saturday, April 27, 2013 at 1:30 p.m.

Directions: From downtown Livingston, turn left, immediately cross the bridge and turn right. Proceed approximately 6 1/2 miles to auction site. Auction signs are posted.

Tract #1 consists of 36.45 acres. This all wooded tract would be excellent acreage for hunting or recreational property, four-wheeling, horse back riding or an excellent site for building a cabin in a secluded site.

*Tracts 2 through 7 are adjacent to Rockcastle River. This beautiful acreage offers serene settings and a great opportunity as water front tracts are a rare find!

Tract #2 measures approximately 2.48 acres and is a combination of woodland and cleared land.

Tract #3 and #4 measure 3.14 and 3.53 acres respectively. These tracts are also a combination of cleared land and woodland.

Tract #5 is primarily cleared and measures 4.72 acres.

Tract #6 is also primarily cleared and has a total of 3.41 acres.

Tract #7 is located on Hwy 25 just minutes south of Livingston. This tract measures approximately 2.00 acres and is currently being surveyed.

AUCTIONEERS NOTE: When combined, there is a total of approximately 55 acres! Check out this beautiful property and be prepared to bid and buy on April 27th at 1:30 p.m.!

Terms: 20% deposit the day of the auction with the balance due in full within 30 days.

Auctioneer/Broker/Seller Disclaimer: The information contained herein is believed to be correct to the best of the auctioneer's knowledge. The information is being provided for the bidder's convenience and it is the bidder's responsibility to determine the information contained herein is accurate and complete. The properties selling are selling in their 'as-is' condition with no warranties expressed or implied.

Announcements made the day of the auction take precedence over printed matter.

For additional information contact the auctioneers.

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