



Special thanks to Ricky and Randy Cable, owners of CCI Cable Contracting Inc., for designing and donating a stainless steel food cart for Rockcastle Senior Citizens and Adult Day Healthcare.

Caller asks for payment over the phone

KU warns customers of recent bill-payment scam

Kentucky Utilities Company is alerting customers of a recent telephone scam asking customers to pay their bills over the phone.

The caller claims to be a utility employee and asks for immediate bill payment by credit card or pre-paid money card. If the targeted customer does not cooperate, the caller threatens to disconnect the person's electric service.

KU has alerted authorities and offers the following SAFE advice to residential and business customers:

- Secure your personal information: KU will never call and ask for credit or debit card numbers or other personal information.

- Always remember you have bill payment options: KU offers customers a variety of official payment options. A complete list can be found at www.lge-ku.com/ways_to_pay.asp.

- First check with KU if you're suspicious: Customers who receive a suspicious live phone call, an email or letter should call KU, who will always verify official communication. KU cus-

tomers should call 1-800-981-0600.

- Elect to speak to a KU representative: As a courtesy, KU does make computer-generated calls to remind customers if their payment is late and the call includes an option for customers to select if they want to make their payment by phone.

Customers who have been impacted by this scam should report it to their local police department. Although the latest scam targets customers by phone, KU encourages customers to always obtain positive identification in the event someone appears at their door stating they are there on the company's behalf.

Authentic KU ID badges – whether issued to an employee or a contractor – show the companies' logos. An employee ID card always has the employees name and color photograph on the front as well.

Sometimes there are legitimate service-related reasons the utility may need access to a customer's home, but in-person contact

at a customer's home never involves collecting payment for a monthly bill.

“Points East”

(Cont. from A2)

the organization best suited to spearhead the cutting edge research and development that may ultimately lead to those solutions.

And kids like Tyler, most of whom have to have 6 or 8 blood tests followed by as many insulin injections every day of their lives, will one day be adults. Diabetes does not go away nor does the absolute necessity for insulin.

I suspect that many if not most of you know adults who have had legs or arms amputated because of diabetic complications. The disease also leads to often-fatal liver and kidney failure and heart disease. It is a leading cause of strokes. I've had one of those, myself, almost surely brought on by diabetes. Diabetics are almost 4 times more likely to suffer a stroke than people who do not have the disease.

Diabetics are almost 4

times more likely to have heart disease. Diabetes is, by far, the leading cause of blindness among adults over 20.

I've had people tell me that as long as I manage the disease, it's not going to kill me. Oh yeah?

As far as I'm concerned, it has already taken one good shot at trying. As most of you know, I have Parkinson's Disease. And guess what; medical research now shows that Parkinson's can be caused by diabetes.

But, thank God, I'm still able to wobble around in such a way that it passes for walking and that's precisely what Tyler and I, along with a host of our friends and family members, intend to do on the morning of June 1.

If you have already made a donation to sponsor Team TKO, we thank you from the bottom of our hearts. Tyler will be getting out extra-special thank you notes soon after the walk.

In the meantime, if you'd like to support us, you can make an online donation at: stepout.diabetes.org then click on donate, then enter my name or team tko and follow your nose.

Please note that the team name needs to be entered in lower case letters.

If you'd rather make a paper donation, simply make your check payable to American Diabetes Association, write Team TKO on the memo line and mail it to my home address. Tyler and I will take it from there. Ike Adams, 249 Charlie Brown Road, Paint Lick, KY 40461.

“Strange”

(Cont. from A2)

cently deceased. Also concerning cemeteries, you are never to step across or on a grave. Cemetery soil is particularly potent in casting spells.

If a broken clock suddenly chimes, expect death in the family. Bad luck is certain if someone dies and the clocks aren't stopped. (In the movie, “Titanic”, a clock was stopped to signify the death of the ship.)

If a woman is buried in black, she will return to haunt the family. If a dead person's eyes are left open,

they will find someone to take into the hereafter with them. Coins, such as silver dollars, were used to hold the eyes of the corpse shut, and the coins thereafter were never to be used again. Mirrors are to be covered, or else the next person to look into the mirror after a death in the house will die. Howling dogs are an omen of death.

To dream of death signifies a birth, and to dream of birth signifies a death. To dream of muddy water is a death omen. If you touch a loved one who has died, you won't dream of them. A person that dies on Good Friday or near midnight on Christmas Eve will go straight to heaven, as the gates are left open. Windows should be opened after a death to allow the spirit to leave (this practice is still

carried out by some staff at hospitals and nursing homes). All locks in the house are to be opened to allow the spirit to leave.

Here we have only a few of the various superstitions pertaining to death. Some are more common, others more obscure. Nonetheless, I find it interesting. We will study more of these next week.

Source: corsinet.com-trivia

“Memories”

(Cont. from A2)

friends riding with me and Daddy in his taxi. It was not common in those days for the family vehicle to be a taxi. I suppose that it never was. But all I knew was that I was the only young person ever known in all of the area whose family car was a taxi!

Rockcastle Community Bulletin Board

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Bookmobile Schedule

Mon., May 20th: Scaffold Cane, Disputanta, Clear Creek and Wildie. **Tues., May 21st:** Pongo, Ky. Hwy. 3245, Burnt Ridge. **Wed, May 28th:** Day Health, Senior Citizens, Wayne Stewart Center, Lisa's Little People.

Pulaski Master Gardener Tour

The Pulaski County Master Gardener's Annual Tour will be held Saturday, May 18th from 10 a.m. to 4 p.m. Tickets are \$10 in advance and may be purchased at the Pulaski Co. Extension office (606-679-6361) or \$12 the day of the tour.

CCFFG Meeting

Concerned Citizens for Fair Government will meet Thursday, May 16th (tonight) on the third floor of the courthouse at 6 p.m. Please use back door.

Climax VFD Horse Trail Ride

Climax Volunteer Fire Depart. will hold a Horse Trail Ride on Sat., May 18, beginning at 11 a.m. (Rain date is Sat. May 25th at 11 a.m.) The ride will begin at Climax Horse Camp. You may park in the day riding lot, campground on Clark Ridge Road. Lunch will be served following the ride. Donations will be accepted and appreciated. Invite your friends. The ride is open to everyone and, even if you do not ride, come and fellowship and have lunch with us. Call Kevin Jones 6066-256-3828 or Doc Jones 606-256-4483 for more information.

Rockcastle Republican Party

The Rockcastle County Republican Party will meet Thursday, May 16th, beginning at 5 p.m. at the Mt. Vernon City Hall. For more information contact Republican Chairman Travis T. Burton at TravisTBurton@gmail.com or visit facebook.com/RockcastleRepublicans

Mt. Vernon Council Meeting

The next regular meeting of the Mt. Vernon City Council will be Monday, May 20th at 7 p.m.

RCHS Class of 2003 Reunion

Please save the date! July 20th will be the Class of 2003's 10 year high school reunion. The event will be in the evening at the KY Music Hall of Fame. More information to come.

NAMI Meeting

There will be a NAMI meeting Monday, May 20th from noon to 1 p.m. at the Comp Care building's conference room.

Hunter Education Instructor Class

The Ky. Dept. of Fish and Wildlife will sponsor a Hunter Education Instructor Class on Saturday, May 18th from 9 a.m. to 5 p.m. The class will be held at the Rockcastle Co. Middle School, 945 W. Main St. This class will allow participants to help teach the KY Dept. of Fish and Wildlife's hunter education course. It is open to anyone, 18 years of age or older, who has already completed the hunter education student course (orange card). For more information, contact Will Connelly 606-633-5012, 335,9437 or willcon@tvscable.com

Friends Helping Doris

A fund-raising event will be held Saturday, May 18th from 11 a.m. to ? at the Woodstock Community Center. Proceeds will benefit Doris Whitis, a cancer victim. There will be entertainment beginning at 1 p.m. and many activities, including a cake walk, cake and pie auction, a live auction and children's activity room. Vendors are welcome. For more information, callk 606-379-2815, 606-379-2538 or 66-379-1396.

Brodhead Lodge Meeting

The Brodhead Masonic Lodge #556 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at the Teacup Cafe on Main St. in Mt. Vernon.. Everyone welcome.

Historical Society Hours

The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building.

Sons of Confederate Veterans

The Sons of Confederate Veterans (SCV), Rockcastle Camp, meets the second Tuesday of each month at 7 p.m. on the third floor of the county courthouse. For more information, contact David Owens at 606-256-9870.

American Legion Post 71

American Legion Post 71 meets the second Thursday at 7 p.m. of each month on the third floor of the courthouse. Commander David Owens invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.

Grand Opening

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Red Buck Filtered Cigars 1⁴⁹pk. \$13⁴⁹

Chisum filtered cigars
(\$1.29 pk) **\$10⁹⁹**

Blue ecigs.....	\$8 ⁹⁹	Stoker's Chew.....	16 oz. \$11 ⁴⁹ pk.
Krave 2 pk. ecigs.....	\$9 ⁹⁹	Timberwolf towers, \$1 ⁶⁹ can. .	\$16 ⁹⁰
Swisher e-cig disposable.....	\$7 ⁹⁹	Longhorn towers, 1 ⁴⁹ can.	\$14 ⁹⁰
Starr Chewing Tobacco \$1 ⁹⁹ pk.	\$21 ⁹⁹	Red Man towers 1 ²⁹ can.....	\$12 ⁹⁰
Bowie Chewing Tobacco 3 ²⁹ 2 pk.	\$17 ⁹⁹	Grizzly, 2 ¹⁹ can.	\$9 ⁹⁹
JD's Blend.....	1 ⁹⁹ pk. \$23 ⁸⁸	Stokers tub.....	tub \$11 ³⁹

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