



Vow Renewal Ceremony

Joey and Julie Alcorn announce their upcoming vow renewal ceremony. The happy couple was married 10 years ago on February 14, 2003. The ceremony will take place June 22, 2013 at the Church in Renfro Valley. A reception will follow at the Berea Senior Citizens Center. Formal invitations have been sent.

Mamaw's Kitchen

By Regina Poynter Hoskins

NACHO CHEESE BALL
2 boxes (8 ounces each) cream cheese, softened
1/3 cup salsa
2 tablespoons chopped parsley or cilantro
2 to 3 tablespoons chili powder
2 tablespoons lemon juice
4 cups Mexican Blend shredded cheeses
Extra salsa for serving
Mix all ingredients except extra salsa. Let chill for 3 hours. Roll into a ball or mold into desired shape and place on large serving platter. Pour some salsa around the cheese mixture and serve with tortilla chips.
OR place cheese ball in a premade large taco salad tortilla bowl. Drizzle with salsa. Serve with chips.

PINEAPPLE CHEESE BALL
2 boxes (8 ounce each) cream cheese, at room temperature
1/4 cup chopped celery
1 teaspoon milk or pineapple juice
1 small can crushed pine-

apple, well drained
1/4 cup chopped green pepper
1/4 cup chopped green onion
Chopped pecans or walnuts
Assorted crackers
Mix all ingredients except nuts and crackers. Divide into two balls. Wrap each in plastic wrap and place in refrigerator. When ready to serve, roll each ball in the chopped nuts to cover. Serve with assorted crackers.
HAM AND CHEESE BALL
1 pound ham shredded or finely diced, divided
1/3 cup pecans, chopped
4 or 5 or 6 green onions diced and use some of the green because it makes it pretty.
2 boxes (8 ounces each) cream cheese, softened
A dash of Accent® or seasoned salt
A dash or two of Worcestershire sauce
A dash or two of garlic salt
Set 1/3 cup of ham and the pecans aside. Mix remaining ham with rest of ingredients; shape into a ball. Top with chopped pecans and reserved chopped ham; chill. Serve with assorted crackers.



60th Wedding Anniversary

The family of Cecil and Ann Hampton invite you to help them celebrate their 60th wedding anniversary at an Open House Saturday, June 15th at First Baptist Church in Mt. Vernon's Fellowship Hall, 340 W. Main St., from 1 to 4 p.m.

"Points East"

(Cont. from A2)

night when they have caught some prey and I figure they are getting fat on rabbits. And I figure, that given the undergrowth, they have figured out how spook them out onto the road which is why they will run up and down it without fear of human-kind.

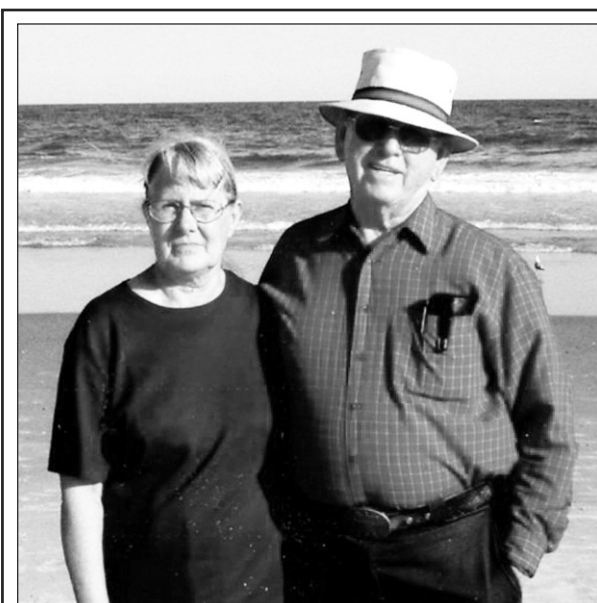
No photographs to prove it yet but I intend to get some. When the rabbits run out, our section of the county is going to be overrun with coyotes. We've had a recent rash of complaints of neighbors accusing neighbors of having dogs kill cattle, especially young calves. I sus-

pect that they have not seen anything yet. And unless they bring out something stouter than a camera when aiming at the coyotes, the problem is only going to worsen.

My goal, in the short term, is to get some pictures so, instead of packing around a big camera, I've got one that will fit in my shirt pocket. And that's as fast, on the draw, as a hip held holster. We'll see.

Letters to the Editor Policy

Letters to the editor must be no more than 400 words without prior arrangements having been made. Letters are published in the order in which they are received as space permits. Letters must not contain libelous materials. Letters must be in the Signal office before 4 p.m. on Monday to be considered for that week's publication. All letters must include the author's name, signature, address and telephone numbers. Illegible letters will not be considered for publication. Letters not meeting these guidelines will neither be published nor returned to the author. For questions or to make arrangements for a letter exceeding the word limit, contact the editor at 256-2244.



45th Wedding Anniversary

Eugene and Sue Halcomb will celebrate their 45th wedding anniversary on June 8th. *Happy Anniversary Mom and Dad. I love you, Tena.*

Our Readers Write

Y-Club thanks community...

Dear Editor,

I am the sponsor of the Rockcastle County High School Y-Club. The Y-Club is a student run club that focuses on civic involvement, leadership, and service. Our students are attending a conference this summer to learn about health issues that target their age group and strategies to combat those health issues in their home area. Community involve-

ment over the years has provided our students with an array of educational and employment opportunities.

We would like to thank some members of our community that have made this opportunity possible. Rockcastle Regional Hospital, Brodhead Pharmacy, and Collins Respiratory Care all made generous donations that will enable our kids to further their health and civic education.

Holly Robinson
RCHS
Y-Club Advisor



On April 28th, members of the Three Links community came together to participate in a PRIDE cleanup. The group was able to collect over 30 bags of litter over approximately four miles of highway. Pictured from left to right are: Amberly Northern and Bailey Tompkins; Serena Northern, Janet Northern, Caleb Tompkins, and Katelyn Northern; Aaron Deatherage, Louis Northern, Will Martin, Kevin Jones, Logan Robinson, Wesley Clark, Maggie Phillips, Callie Northern, [unknown], and Greta Tompkins. Not pictured: Chasity Northern, Monica Phillips, Shelby Newcomb, and Devin Brinegar. A special thanks to James Renner for his accommodations and to Grant Martin and the Three Links Christian Church for allowing us to use their facilities.

Fun and Fantasy

Dig into reading with a
Local Story Lady

June 6th

4:00 p.m.

**Rockcastle Co.
Public Library**

60 Ford Drive • Mt. Vernon, Ky.
606-256-2388



**ROCKCASTLE
REGIONAL**
HOSPITAL ■ RESPIRATORY CARE CENTER

INTRODUCING: Chelsen Larkey, LPCA Counselor

Counseling services are now available at Rockcastle Regional Hospital's Rural Health Clinic. Chelsen Larkey, a Licensed Professional Counselor Associate, has joined the clinic.

Chelsen received her Bachelor's of Arts in Human Services and Counseling from Lindsey Wilson College. She received her Masters of Education in Counseling and Human Development with an emphasis on mental health counseling from Lindsey Wilson College School of Professional Counseling. She is licensed by the Kentucky Board of Licensed Professional Counselors and is a National Certified Counselor.

Office Location:
Rockcastle Medical Arts Building
140 Newcomb Ave
Mt. Vernon, KY

For more information or an appointment speak with your healthcare provider.



www.rockcastleregional.org

Longest Day of Play & Community Health Fair

Mark your calendars and plan to attend one of the most fun and exciting events planned for the whole community. The event is FREE of charge and encourages you to rediscover the fun of play and physical activity. Outdoors, play stations will be set up with fun activities for all ages. Come join us for fun and games that will activate your body to maintain or improve your health!

Thursday

June 20, 2013

6-9 p.m. • Rockcastle Middle School Track



- Activities
- Education
- Clogging Exhibition
- Karate Exhibition
- And more!



- Fastest Kid in Town 6:15 p.m.
- Family Fun Relay 6:45 p.m.
- 1, 2 or 3-mile self-timed run or walk 7:15 p.m.

Entry Fee: 3 non-perishable food items.
Event 6 of 12 in the County-Wide Stride Series.

For more information call (606) 256-7891 or (606) 256-2242