

Visitor Center opens in renovated Livingston school

The Livingston School has a new look and purpose in the community. One classroom adjacent to the front door entrance has been renovated to become the Visitor Center for the Livingston community and center for the Trail Town activities.

It took a crew from the county work release program and volunteers to renovate the hallway and classroom into a useable space. The project started with the clean-up of the space, a pass-thru was made in the hallway wall, the windows were prepped for replacement glass. Once the metal covering the classroom windows was removed, new glass was installed and natural sunlight filled the space again.

Volunteers, such as Carl Swanigan, contributed carpentry time to improve the space; however, the majority of the renovation work was done by Rob Chestnut and his work release crew. Release member Mark Robinson also did carpentry work and built the custom sales counter. The crew worked extra hours to complete the space for the Trail Trial Run which took place May 25th and 26th. Hours of scrapping walls, plastering holes, stripping years of paint off the front doors and painting converted the space into a welcoming Visitor Center.

The center will be open on weekends to accommodate visitors that want to rent canoes, kayaks and tubes.

Hospital sponsors summer Lunch & Learn series

Rockcastle Regional Hospital & Respiratory Care Center will sponsor a series of Lunch and Learn events this summer.

The first event titled "Wellness for all Ages" will be on Thursday, June 27 at Bible Baptist Church with Ginger Mink-Cash, APRN. The second event titled "Cholesterol: Know your Numbers" will be on Wednesday, July 24 at First Baptist Church with Angela Parsons-Woods, MPAS, PA-C. The third event titled "What is Celiac Disease?" will be Thursday, August 29 at Brodhead Baptist Church with Brittany Perkins-Saylor, MPAS, PA-C. All events start at 12 noon.

"We've planned a summer series with our healthcare providers and hope to see our friends in the community join us," said Arielle Estes, Rockcastle Regional Community Relations Director. "We want to raise awareness and encourage proactive behavior with regard to wellness and health education."

A healthy lunch will be provided for those who sign up. These events will be similar to "Dinner with a Doctor" events hosted by Rockcastle Regional Hospital. To register (by June 24, July 19 and August 29) or for more information, contact Arielle Estes at a.estes@rhrcc.org or 256-7880.



Shown above is the after picture of a classroom in the former Livingston School that has been renovated into a Visitor Center for the Livingston community and center for the Trail Town activities. Below is the before photo.



You Can Be A Hero!

WANT TO KNOW HOW?

You are cordially invited to attend a presentation brought to you by Saint Joseph Berea and Kentucky Organ Donation Association (KODA). Representatives from KODA will share heartwarming stories from recipients about the heroes that made a difference in their lives. Family members of donors will also share their experiences of donating life to others. Come join us in learning how to make a difference!



June 20, 2013 at 6:30 p.m.

LOCATION

The Community Room of the
Berea Branch of the Madison County Library
Located on Chestnut Street

Light refreshments will be served.

 **Saint Joseph Berea**
KentuckyOne Health™

WE DEPEND ON ADULTS

TO KEEP US SAFE.



Natural hazards can be scary – especially for kids. We count on the adults in our lives to help keep us safe.

That's why there's a website that can show you and your family how to prepare for all kinds of hazards – PrepareKY.com.

You can learn what to do if a dangerous material spill happens, and how to take shelter during bad thunderstorms.

Remember, we're counting on you to keep us safe.

**BE AWARE.
LEARN HOW TO PREPARE.**
START HERE ► **PrepareKY.com**



Clark • Estill • Fayette • Garrard • Jackson • Jessamine • Laurel • Madison • Powell • Rockcastle
Brought to you by the Chemical Stockpile Emergency Preparedness Program and the Kentucky Department of Emergency Management.

