

The Family Room

By: Guest Columnist Amy Oakley

We’ve all heard the phrase “stay together for the kids.” People who utter this phrase usually believe that a child is better off with his or her parents together, no matter what the situation. But what about children whose parents are in a relationship that involves domestic violence?

Domestic violence has a serious effect on children. Studies show that over 80% of domestic violence incidents are witnessed by children. This means that even when the parents think they are doing a good job of hiding what is going on, the children know. Even if they don’t see the actual violence, they witness the effects and know that not all is well at home.

Children who witness domestic violence are at a greater risk to be abused themselves. Often victims of domestic violence tell us that they were only able to find the strength to leave their abusers when his abuse turned to the children. Children who grow up in violent homes are also at risk of neglect, due to the great amount of stress on the family.

Witnessing domestic violence will have both physical and emotional effects on children as well. Children who see a parent abused often feel guilty for what is happening. They may think it is their fault and wonder what they have done to make their parents fight like this. They may feel extremely guilty for what has happened and attempt to take on the role of “protector,” trying to shield the victim from further attacks and trying to take care of any siblings. Children are often hurt when trying to intervene in domestic violence situations.

Due to the trauma experienced by children growing up in domestic violence situations, physical and developmental delays often occur. Many of these children fall behind in school and may not mature as quickly as their peers. They may experience behavioral issues such as anger, or they might regress back to an earlier stage. Many of the children who come to Bethany House have nightmares or are afraid to go to sleep at night. Often these children will exhibit physical ailments such as head-

aches and stomachaches due to the amount of stress they are under.

As these children move into adulthood, they may continue to face problems. Women who witnessed domestic violence as children (usually seeing their mother as the victim) are at risk for becoming victims themselves. Men who witnessed fathers who were abusive are more likely to become abusers. (While this can be a contributing factor for why someone is abusive, it should never be used as an excuse for their behavior.) We know that domestic violence occurs in a cycle, and this is one of the ways that the cycle can move through generations.

Should women who are in abusive relationships “stay together for the kids”? No. It’s true that domestic violence occurs in a cycle, but it is important to remember that all cycles can be broken. The best thing to do for your children is to find a way to end your relationship and begin the journey from being a victim of domestic violence to becoming a survivor.

If you are in a domestic violence situation and you are ready for it to end, Family Life Abuse Center can help. We provide safe and secure emergency shelter for victims of domestic violence and their children. You can call us at any time, day or night at the following numbers: 1-800-755-5348. All calls are free and confidential.

David Brock update...

David Brock is now at Williamsburg Health and Rehabilitation, 287 North Eleventh Street, Williamsburg, KY 40769.

He is continuing his rehabilitation and would like to see his friends and/or receive cards.

He is in Room 125, bed 2. The telephone number is 606-549-4321.

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Mann



Eastern Rockcastle Water Association recently finished installing a new pump at their Sandhill pump station near Livingston. The motor quit on the old pump causing a new pump to have to be installed. The newly installed pump should prevent any interruption in service for the customer area, except during a power outage.

“Meeting”

(Cont. from A6)

co-op members who were born in 1938 - the year the cooperative was founded. Members born in 1938 who plan to attend should call 1 800-262-7480 to reserve their spot.

Winners of the Jackson Energy scholarship essay contest will also be recognized at the meeting. Eight students, winners in the annual essay contest, will receive a \$1,200 college scholarship. The funds are payable to the college they will be attending in the fall.

Students who were selected to attend the 2013 Washington Youth Tour program will also be recognized at the meeting, as well as the winner of the lineman scholarship. The lineman scholarship pays a full-tuition scholarship, valued at \$3,500, for a student to attend the Lineman Training Program at Somerset Community College.

The meeting will end with a fireworks show at dusk.

For more information, visit Jackson Energy’s website, www.jacksonenergy.com.

“Needles”

(Cont. from front)

Mrs. McKinney and York were located. Pennington also noticed several used and unused needles lying out in the open throughout the home.

While searching the residence, Pennington found a bag of marijuana, several burnt marijuana roaches, several spoons and over 100 needles including 25 needles which had already been used.

In the bathroom, Pennington also found a spoon with a burnt mark on the bottom and a needle that appeared to be loaded with an unknown substance. Mr. McKinney would later tell Pennington that the needle was loaded with Oxycodone.

The two children inside the home were taken into protective custody and social services placed them

with family.

Hobert and Martha McKinney were charged with first degree Wanton Endangerment, first degree possession of a controlled substance, possession of marijuana and drug paraphernalia. York was charged with endangering the welfare of a minor.

Both Hobert and Martha McKinney remain lodged in the Rockcastle County Detention Center on a \$7,500 cash/property bond. York was also lodged in the Rockcastle County Detention Center where she was later released on a \$2,000 unsecured bond.

“Play”

(Cont. from front)

Communities and is free of charge. The event encourages everyone to rediscover the fun of play and physical activity. The event also provides health promotion and disease prevention education.

All events will be outdoors and play stations will be set up with fun activities for all ages. There will also be karate and clogging exhibitions throughout the day.

For more information about the Longest Day of Play contact Harris at 606-256-7891 or Nancy Keber at 606-256-2242.

Rockcastle Regional Hospital is also sponsoring the Fit Family Run during the event, which is the sixth of the 12 events in the County-Wide Stride Run/Walk series.

The Fit Family Run includes a fastest kid in town race at 6:15 pm, a family fun relay race at 6:45 pm and a 1-3 mile self-timed run/walk at 7:15 pm.

These races will be at the RCMS track and admission is three cans of non-perishable food items. The food items will benefit the Christian Appalachian Project Grateful Bread food pantry. For more information

about the Fit Family Run visit the website at www.rockcastleregional.org/race.

RGHS softball/ baseball players recognized

An RGHS softball and baseball player were recently selected to the 2013 All-State team.

RGHS senior softball player Samantha Payne was selected as honorable mention to the 2013 Class 2A All-State Team.

Payne broke two RGHS softball school records this season becoming the season homerun hitter with 6 homeruns and the career homerun hitter with 12 homeruns.

In May, Payne signed a National Letter of Intent to continue her fast pitch softball career with the University of the Cumberland. She is the daughter of Scott Payne and Sandra Burke.

RGHS senior baseball player Boone Saylor was selected as honorable mention to the 2013 All-State Team.

Saylor is currently undecided on which college he will attend in the fall. He is the son of Boone and Karen Saylor of Brodhead.

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OPEN HOUSE WEDNESDAY

Wednesday, June 26th

11:00 a.m. - 2:00 p.m.

House and Spacious Lot
151 Green Acres Lane
Mt. Vernon, KY
MLS# 46429 - \$269,000
Listing Agent/Host: Jeff Cromer

Doublewide and Lot
1904 Lake Linville Rd.
Mt. Vernon, KY
MLS# 44939 - \$59,900
Listing Agent: Jeff Cromer Host: Doug Bishop

1 1/2 Story House and Lot
1638 Barnett Rd.
Brodhead, KY
MLS# 45494 - \$129,500
Listing Agent: Jeff Cromer Host: Matthew Silcox

MARKET REPORT
The number of homes SOLD in the Madison County Board of Realtors is up 7.5% in 2013 from January to June over the same period in 2012 with 416 homes SOLD! Median home prices have fallen from \$122,900 to \$121,000 over that period as well. What does it all mean? With 899 homes on the market, it is a great time to buy a home!

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