

Our Readers Write

Underground Parking Lot...

Dear Editor,
Rockcastle County now has an underground parking lot! That's right, folks. Thanks to Buzz and the RCIDA we now have \$19,000 of your tax money buried in an unfinished underground parking lot in Industrial Park South. Had it not been for SourceHOV's plant manager speaking up and being honest about not needing additional parking, there would have been more public money spent on an unneeded parking lot. So hats off to SourceHOV's plant manager.

Every member of the fiscal court and RCIDA that voted to build that underground parking lot should have to chip in and pay back to the county that wasted \$19,000 out of their own pockets then maybe they would be better stewards of public monies (your tax dollars).

The waste of \$19,000 could have provided a number of benefits to county residents such as at least one job for a year. Blacktop and gravel for the many pot holes in the county roads or mowing of the county roads sooner. Our right-of-ways were not mowed until the last part of July and August, which is a shame and dangerous.

Thanks to the citizens who used their lawnmowers and tractors to mow parts of the county right-of-way. Thanks again, fellow citizens.

Gary Mason
Mt. Vernon, Ky.

Paint Rockcastle Pink...

Dear Editor,
PAINT ROCKCASTLE PINK! has really taken off since we last wrote you! Thank you so very much for your help in promoting this event. We "grandmas" have confidence in our county and know that it will be successful in raising money to help our local cancer pa-

tients. All the money raised in this campaign stays in Rockcastle County to help our people! That's what makes this fundraiser so special.....it's by the people for the people.

We have so many residents who are battling cancer and who need financial and emotional help. You can help as individuals by purchasing our new t-shirts, which will go on sale around the first of October; you can help as a business person by being either a Pink Partner (\$100 or more donation) or a Pink Sponsor (\$25-\$99). Each of these has benefits for your business, as well as that good feeling that comes from helping others.

We are trusting that everyone will get involved in some way and demonstrate that wonderful Rockcastle spirit. We want to thank the following for being among the first to participate. There's still time; however, we need to hear from you by Thursday, September 19, at 3 p.m. if you want to be a Pink Partner to insure that we get your name on the back of the t-shirts. They will be printed, beginning this Friday.

Pink Partners to date are A&J Nicely Insulation, McDonald's, Livingston Town, Renfro Valley Entertainment Center, Collins Respiratory Care, Brodhead Pharmacy, Community Trust Bank, Main Street Pharmacy, Peoples Bank, Brodhead Farm Equipment and Trailers, PBK Bank, Debra Hembree Lambert Law Office, Citizens Bank, D&S Designs, William D. Gregory Attorney at Law, His Heart Gospel Music Quartet and Richmond Street Eye Care.

Pink Sponsors to date are Carolyn and Charlie Napier, Country Peddler, Medley Boys, Jan Troxell, Sparks Flowers and More, Dowell and Martin Funeral Home, Marvin Owens Home for Funerals, Appliance Service Center, Darren and Danetta Ford Allen, Joseph B. Clontz CPA, Coffey and

Ford PSC, Winstead's Heating and Air.

Some businesses will be offering specials and discounts during the month of October, Breast Cancer Awareness Month. Watch for these specials! For more information, Please contact one of the "Grandmas" or Arielle Estes at Rockcastle Regional Hospital. Thank you and best blessings!

Bonnie Neely
Carol Pybas
Gayla Winstead
Sue Hamm

More businesses smoke free...

Dear Editor,

We are pleased to announce that three more businesses in Rockcastle County are Smoke Free. Thank you to Pizza Hut, Limestone Grille and Headquarters for Hair Design for offering a smoke free establishment to our citizens.

Nancy Keber
Rockcastle Health Department

Class of 1963 honored...

Dear Editor,

The Mount Vernon School Alumni honored the Class of 1963 at the annual Reunion held September 13th at the Rockcastle County Middle School.

President Barbara Lair-Smith says THANKS to everyone for all their hard work and efforts to make this year's reunion a success.

Our photographer Jim Snyder did a wonderful job capturing memories in the making. Order your Class of 1963 8x10 photo for only \$12, order a CD with over 100 pictures for only \$10. Place your order by sending check or money order to Jim Snyder, PO Box 65, Renfro Valley, KY 40473.

Looking forward to the 2014 reunion mark your calendars and plan to attend.
Mt. Vernon School Alumni

"Strange"

(Cont. from A2)
at CAP's central office in Lancaster. But, if anything, that only served to intensify our family relationship with

the Edward's boys. They became our biological son Christopher's big brothers. They fell naturally into the habit of calling me "Old Man" and Loretta, "Mom".

And so it follows that their kids naturally call us Gramma and Grampa and we feel natural in those roles.

Jack married almost straight out of high school so his first two, Chelsea and Cody are grown and gone. We stay in touch with them on Facebook. Now in a second marriage, Jack and Nancy have 5 year old Ginger who I call Ginger Tea or Ginger Bread or Ginger Snap and she pretends to be terribly upset about it but she grins when she scolds me.

John and Celeste have three girls who call us grandparent names and we sure believe we are just that. Eleven year old Johnna, who I call Johnica June is stoic and studious. 8 year old Alyssa (Sissy Lou to me) has more energy than a foot ball team and she can have an anvil in 3 pieces in less than a minute. The baby, 5 year old, Shyanne does not yet have a grampa nickname because I'm having trouble coming up with something that is quite the opposite of shy.

While we don't see Jack, Nancy and Ginger Tea, nearly as much as we'd like to, we do get to spend a weekend afternoon and evening with John's crew about once a month and the bond is tight. The grand kids simply keep us grounded and grinning, and I truly believe that they keep us younger than we'd be without them.

"On Call"

(Cont. from A2)
of muscle coordination. At 12 percent you begin to experience dizziness, fatigue and headache. At 9 percent unconsciousness occurs and at 6 percent death will occur within minutes from respiratory and heart failure.

The second hazard a SCBA protects us from are elevated temperatures. Introducing heated air into the lungs can cause a decrease in blood pressure and failure of the circulatory system. Heated gases can cause pulmonary edema, which is an accumulation of fluids in the lungs and associated swelling. This can cause death. Thirdly a SCBA protects us from smoke. Everyone knows the danger of smoke, but do you know what smoke consists of. In a typical structure fire you will find that smoke consists of oxygen, nitrogen, carbon dioxide, carbon monoxide and an assortment of products that have been released from the materials involved in the fire. Those can consist of hydrogen chloride which comes from burning plastic and hydrogen cyanide which comes from burning wool, nylon, rubber and paper. And lastly a SCBA protects us from toxic atmospheres that are not associated with a fire such as a chlorine gas leak.

Ever notice that

firefighters don't have beards. That is because facial hair can compromise the seal between the facepiece and the wearers face. This is just one of the limitations the wearer has when wearing a SCBA. Having facial hair is certainly not a great limitation but can cause the wear to lose their air supply quickly if there is not a good seal around your face. Other limitations are the weight of a SCBA. A SCBA will add 25 to 35 pounds of extra weight to carry around fighting a structure fire. Carrying that extra weight around increases your physical exertion those causing a 30-minute cylinder to only last 15 minutes because you're sucking down the air in the cylinder. You know when a firefighter is breathing fast in a SCBA when the cylinder is starting to ice over.

Lastly a very important part of the SCBA is the personal alert safety system or PASS device. This device can come as a detachable option or they have become integrated into our SCBA's. The PASS device is designed to alert firefighters that a firefighter is in distress. If a firefighter becomes lost or disoriented, they can set off the PASS device. The device emits a loud pulsating shriek that can be heard from far off. Also if the firefighter becomes motionless for approximately 30 seconds the PASS device will automatically sound alerting nearby firefighters. This device saves firefighters and is a crucial part of firefighter safety.

Next week I am going to start to talk about fire behavior and the science of fire. The question this week deals with the fire triangle. For years now firefighters have been taught the three components needed for a fire to occur. Can you name the three components that make up the fire triangle? The answer next week.

"Encouraging"

(Cont. from A3)
he entitled The Defense of Fort McHenry. After the poem was published on September 20, 1814 in a Baltimore newspaper, it immediately became popular and the name was changed to The Star Spangled Banner. Then, 117 years later, in 1931, by an Act of Congress that was signed into law by President Herbert Hoover, the Star Spangled Banner became the national anthem of the United States of America and has remained so for 82 years.

The Star Spangled Banner, beloved as it is, should be more than a national anthem to be sung on special occasions. It should be a poignant reminder of a basic truth: There is a glimmer of hope in the worst situations we face. Therefore we do not give up; we keep on



Drug Tip Hotline
1-866-424-4382
(toll-free - your name is not required)

Toll-free Treatment Help Line
1-866-90-UNITE

Rockcastle Community Bulletin Board

Sponsored By

Cox Funeral Home

Family Owned & Operated Since 1907

80 Maple Drive, Mt. Vernon, Ky. Ph. 256-2345
Toll Free 1-888-825-2345 • 24 Hour Obit Line 256-5454
www.coxfuneralhomeky.com

Bookmobile Schedule

Mon., Sept. 23rd: Brodhead and Copper Creek. **Tues., Sept. 24th:** Green Hill, Fairview, Lambert Road and Sweetwater Road. **Wed., Sept. 25th:** Brindle Ridge.

MVFD Portrait Fundraiser

The Mt. Vernon Fire Department is holding a Portrait Fundraiser. anyone participating with a \$20 or more contribution will receive a free 8x10 family portrait. You will be contacted at your residence.

Blood Drive at FBC

First Baptist Church will hold a blood drive on Tuesday, September 24th from 1:30 to 6:30 p.m.

Gibson Picnic Potluck

All Gibson employees and retirees are invited to attend a picnic potluck at the Senior Citizens Building, behind the Folk Center on Jefferson St. in Berea, on Sat., Sept. 28th from 3 to 6 p.m. (clean-up from 6 to 7 p.m.). For questions or more information, call Yvonne Payne at 859-986-8960 or Judy Rose at 859-986-8544.

Parker Seal Picnic

The 12th Annual Parker Seal Picnic will be held Saturday, September 28th from 11 a.m. to 3 p.m. at the Woodmen of the World Lodge on Haiti Road in Berea. Chicken will be furnished. Please bring a covered dish and drinks. All former employees and their families are welcome. There will be an auction, to defray expenses for next year's picnic. if you would like to bring an item, it would be appreciated. For more information, call Ruth Holman at 606-758-8544.

Farm Bureau Annual Meeting

The Rockcastle County Farm Bureau 2013 Annual Meeting will be held Friday, September 20th at Roundstone Elementary School. Dinner will be served at 6 p.m. and the business meeting will convene at 7 p.m. Entertainment will be provided by His Heart Quartet. All KY Farm Bureau members are invited to attend.

Bittersweet Festival

The Bittersweet Festival has been scheduled for October 4th and 5th. Vendor applications can be picked up at City Hall. There will be a car show held on Thursday, October 13rd.

Mt. Vernon Council Meeting

The Mt. Vernon City Council will hold their regular meeting on Monday, September 16th at 7 p.m.

Brodhead Lodge Meeting

The Brodhead Masonic Lodge #556 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at the Renfro Valley Lodge. Everyone is invited.

Historical Society Hours

The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building.

American Legion Post 71

American Legion Post 71 meets the second Thursday at 7 p.m. of each month on the third floor of the courthouse. Commander David Owens invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.

EASTERN KENTUCKY RECYCLING



Visit us at our Crab Orchard facility located east of town across from Redi-Mart and next to Dollar General Store

Buying car bodies, tin, copper, aluminum, aluminum cans, brass, batteries, steel & stainless steel

Top Prices, Fast Friendly Service, Accurate Weights

Monday - Friday 8:00 to 4:00 • Saturday 8:00 to 12:00
345 Main St. • Crab Orchard, KY

606-355-2322




AUTO | HOME | LIFE | BUSINESS | A MEMBER SERVICE | KYFB.COM

Ask your agent about our safe driver discounts.



If you've gone 3, 5 or even 8 years without an accident or claim, talk to your local Kentucky Farm Bureau agent about our Safe Driver Discount*.

* Discounts subject to eligibility.

Marlene Lawson, Agency Mgr.
Shelly Mullins, Agent
US Hwy. 25 S • Mt. Vernon
606-256-2050



KENTUCKY FARM BUREAU **BIG ON COMMITMENT.™**