Support group for cancer patients and caregivers

Rockcastle Regional Hospital and Respiratory Care Center will host a cancer support group on the third floor of the Outpatient Services Center next Tuesday from 5:30-6:30 p.m.

The topic of discussion will be "Maintaining Proper Nutrition" with Dietitian Jill Stevens. Cancer patients, family members and anyone interested in cancer support are invited to attend this free program. A healthy meal will be provided.

Cancer patients have additional needs besides the clinical treatment of their cancer. As they go through chemotherapy, radiation

therapy or surgery, they may have special nutrition, rehabilitation or other medical needs. Cancer support groups can help deal with challenges associated with cancer and offers the opportunity to learn more about how to cope.

The cancer support group is one aspect of the supportive cancer care provided at Rockcastle Regional Hospital.

For more information about any programs or to sign up for the cancer support group, contact Gayle DeBorde at 256-7798 or visit the website at www.rockcastleregional.org.

trict is working with el-

ementary schools to unify

and improve reading and

math instruction and a new

math series, aligned to state

standards, has been pur-

chased to unify and improve

math instruction across the

well on the college and ca-

reer readiness rate, exceed-

ing the target of 52.4 by 10

points. The school also met

the target goal of 92.1 for

the graduation rate. Pensol

said it was due to a plan

implemented during the

2012-2013 school year to

improve the graduation rate.

The plan involves working

with students at risk on an

individual basis to address

specific issues impacting

the student's ability or de-

cision to stay in school. The

rate of 92.1 is based on the

number of incoming fresh-

men and has improved over

10 points from the rate for

The elementary schools

improved their achievement

gap by almost 10 points

from 34.1 in 2012 to 43.3

in 2013 and surpassed their

target of 40.7 for 2013 be-

cause of Brodhead and

Roundstone elementary

schools exceeding their tar-

get goals for the gap group.

However, the middle school

and high school both missed

their target goal. The middle

school's target was 38.9 and

they achieved 32.1 and the

high school had a target goal

of 41.1 but achieved only

workshops focused on a bal-

anced budget during which

a line by line analysis of ex-

penditures and revenue has

been completed to ensure a

balanced budget and inform

decision making. Available

funding has been prioritized

to maximize student in-

struction and learning, ac-

board also voted to hold the

November meeting as a

Special Meeting at 4:30

p.m. on November 12th, in

order for the board to attend

the Fall Regional Meeting at

East Bernstadt Independent.

Pensol said the regional

meeting would cover such

issues as superintendent

evaluations and contracts,

Personnel Actiions Report

for Sept. 11 thru Oct. 8th,

showed certified personnel

hirings including Herbie

Brock as Head Academic

Coach at RCMS and

Hannah Weckman as substi-

Janice Davidson and Leon

Davidson's retirement, as

teacher and principal, re-

In the classified hirings,

Cole Abney was hired as an

assistant football coach at

RCHS, Courtney Brock as

an assistant academic coach

at RCMS, Trina Bustle as a

substitute teacher and Mor-

gan Smith as an assistant

Drug Tip Hotline

1-866-424-4382

Toll-free Treatment Help Line

1-866-90-UNITE

OPERATION

UNITE

basketball coach.

Retirements included:

The Superintendent's

ethics, etc.

tute teacher.

spectively.

During the meeting, the

cording to the handout.

The board has held

30.7.

2012 of 81.3.

The high school fared

district.

"Schools"

(Cont. from A2)

trict and districts across the Commonwealth to make significant cuts to their budgets and to personnel, compelling school boards to increase property taxes in order that districts might continue to operate and serve the students.

The Resolution ends by challenging the House of Representatives and Senate to "take action, putting the students of the Commonwealth of Kentucky first, reinvesting in their future and fully funding the mandates of Unbridled Learning to ensure that Kentucky's public education system can offer students the path to college and career readiness."

Dr. Tina Cain Hasty brought the matter before the board saying that the Kentucky School Board Association was considering adopting the Resolution, or a similar one that other school boards have written, and she wanted the local board to consider its adoption. Dr. Hasty is a member of the state school board.

The resolution was adopted unanimously.

Also during the meeting, the board went into closed session to discuss the sale of some board property. After about a half hour, members returned and voted unanimously to sell land in Houston Point to Jason Wood for \$7,000. The land had been donated to the board by Ed Buis.

The board heard an update from finance officer Melanie Lyons. Ms. Lyons began by telling the board that the fiscal year began with \$234,000 less in the general fund, and expenses had been more in September than in September of last year but finances were "holding their own" even though the general fund has \$627,000 less than at the same time a year ago. "Revenue should pick up in November, "Lyons said when revenue from property taxes begins coming in. She said the board had received less in the food service fund in September and that the federal government needed to pass a budget soon because their inaction was beginning to "trickle down" to local boards. The finance officer said that the local board receives \$60-\$70,000 monthly from the federal government.

Supt. David Pensol gave the board an update on the progress toward district delivery targets, including student proficiency for combined reading and math, college and career readiness, graduation rate and closing the achievement gap.

According to a hand-out to the board, the elementary schools surpassed their target of 45.7 with a 47.5 for student proficiency for combined reading and math primarily because of Brodhead and Roundstone schools exceeding their target goals. However, the middle and high school fell

short of the target goal.

According to information in the handout, the dis-

"RCIDA"

(Cont. from A2)

Hopkins told the board that ways to use the remaining \$116,000 of a Department of Transportation grant were still being discussed. \$100,000 of the grant has already been used on improvements on the CSEPP site and Hopkins suggested that one use of the remaining funds be used to finish the parking lot, begun originally for additional parking for SourceHOV. Anything remaining could be used toward the \$120,000 changeorder involving needed electrical lines for the CSEPP building, she

Hopkins also reported that the government shutdown had not affected operations at SourceHOV and subsidiaries because funding had already been allocated by the federal government. "Unless the shutdown lasts a lot longer, work on the backlog of veterans claims should not be affected," Hopkins said.

As to Anchor Packing, Hopkins said that Anchor was "very happy," with their facility and that she was confident that a new \$5,000,000 piece of machinery would be installed in the Mt. Vernon plant although Anchor has not made an official announcement as to its placement as yet. She said that Jackson Energy was "working hard" with Anchor to get their electrical rates cheeper.

electrical rates cheaper.

As to the food hub, scheduled to be installed at the former IGA building in Brodhead, things are "moving along very well," Hopkins said. A \$150,000 contract has been awarded to the distribution center which will be located in the IGA building. She also said that a \$350,000 grant to the Growing Warriors/ASPI

Food Hub through the Kentucky Department of Agriculture was virtually assured though the grocery part of the project was "three years down the road." The distribution center is expected to open in the spring of 2014.

"Reunion"

(Cont. from A2)

high school until 1972. After the consolidation of Rockcastle County High School in 1972, the building was used as an elementary school until 1990 when Livingston students were assigned to Mt. Vernon Elementary School.

Livingston Mayor Jason

Medley said it means a lot to him that the reunion is being held inside former rooms of the school building.

"This school building is

"This school building is very special to me because I am an LES graduate myself," Medley said. "The graduates are very excited for it to be back in the school building and they are also excited to tour the building as well. Things couldn't be better."

For more information about the reunion call Livingston City Hall at 606-453-2061.

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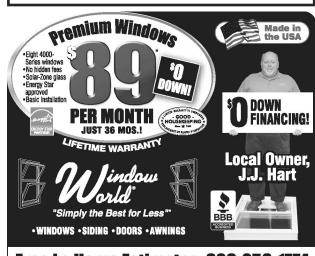
October 1st thru October 31st is Roadside PRIDE Month



To volunteer, call James Renner, Rockcastle County PRIDE Coordinator at 606-256-1902

An Appreciation Dinner for all fall volunteers will be November 9th at the Rockcastle County Recycling Center at 12 Noon.

Lunch Provided • Games and Prizes



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